

Hi

Posted by Strength365 - 25 Feb 2016 10:02

Hi,

I'm new.

Nervous.

Motivated.

Need Help.

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Re: Hi

Posted by Watson - 10 Feb 2017 15:27

Not needing a filter is not a good reason to not have one.

I have lots of things in my house I don't need, even though no Rav ever told me to get it.

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Re: Hi

Posted by Workingguy - 10 Feb 2017 17:50

So I think everyone fundamentally agrees- you should have a filter (not talking about any exceptional cases her) and Cordnoy doesn't disagree. The question remains whether he should hide that fact here; is it bad that people know that vs. this is really supposed to be a place of full honesty.

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Re: Hi

Posted by cordnoy - 10 Feb 2017 20:08

[Watson wrote on 10 Feb 2017 15:27:](#)

Not needing a filter is not a good reason to not have one.

I have lots of things in my house I don't need, even though no Rav ever told me to get it.

I have things in my office I don't need as well.

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Re: Hi

Posted by Workingguy - 10 Feb 2017 20:17

Here's what I don't need- about 25 pounds, and internet struggles.

Doubtful about getting rid of the first, and decided that time to get rid of the second again

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Re: Hi

Posted by Singularity - 13 Feb 2017 08:13

[Workingguy wrote on 10 Feb 2017 20:17:](#)

Here's what I don't need- about 25 pounds, and internet struggles.

Doubtful about getting rid of the first, and decided that time to get rid of the second again

I find getting rid of the first helps tremendously with the second.

Unless you're in the UK and you schlep it in your pocket to the nearest adult store.

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Re: Hi

Posted by Trouble - 26 Mar 2017 22:32

[Workingguy wrote on 10 Feb 2017 20:17:](#)

Here's what I don't need- about 25 pounds, and internet struggles.

Doubtful about getting rid of the first, and decided that time to get rid of the second again

Do they both bother you equally as much?

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Re: Hi

Posted by Workingguy - 27 Mar 2017 12:15

[Trouble wrote on 26 Mar 2017 22:32:](#)

[Workingguy wrote on 10 Feb 2017 20:17:](#)

Here's what I don't need- about 25 pounds, and internet struggles.

Doubtful about getting rid of the first, and decided that time to get rid of the second again

Do they both bother you equally as much?

No. The 25 pounds bother me much more (really 28 but I'm still working on the honesty thing.)

but that's because I don't struggle with the Internet now.

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Re: Hi

Posted by Trouble - 31 Mar 2017 12:08

[Workingguy wrote on 27 Mar 2017 12:15:](#)

[Trouble wrote on 26 Mar 2017 22:32:](#)

[Workingguy wrote on 10 Feb 2017 20:17:](#)

Here's what I don't need- about 25 pounds, and internet struggles.

Doubtful about getting rid of the first, and decided that time to get rid of the second again

Do they both bother you equally as much?

No. The 25 pounds bother me much more (really 28 but I'm still working on the honesty thing.)

but that's because I don't struggle with the Internet now.

The 28 pounds bother me as well.

I, however, cannot do anything about it.

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Re: Hi

Posted by Workingguy - 31 Mar 2017 21:24

Whose 28 pounds bother you? Mine or yours?

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Re: Hi

Posted by Trouble - 31 Mar 2017 22:19

[Workingguy wrote on 31 Mar 2017 21:24:](#)

Whose 28 pounds bother you? Mine or yours?

My wife's!

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Re: Hi

Posted by mike dupont - 01 Apr 2017 21:45

Seems some people here need to go on diet.

My experience is that losing weight gives a good feeling which helps with the addiction. Loving ourselves is the first step.

Due to some circumstances (not related to my addiction) I gained weight recently and Pesach is just around the corner.

Anyone willing to start a joint effort shedding pounds?

My aim is to lose 20

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Re: Hi

Posted by Markz - 02 Apr 2017 01:00

[mike dupont wrote on 01 Apr 2017 21:45:](#)

Seems some people here need to go on diet.

My experience is that losing weight gives a good feeling which helps with the addiction. Loving ourselves is the first step.

Due to some circumstances (not related to my addiction) I gained weight recently and Pesach is just around the corner.

Anyone willing to start a joint effort shedding pounds?

My aim is to lose 20

Yeah, trouble's [wife](#)

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Re: Hi

Posted by mike dupont - 04 Apr 2017 22:26

@Markz: since you added the wife -again- into this thread no one dares to react !!!

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Re: Hi

Posted by Markz - 04 Apr 2017 23:03

On this forum people lead by example

How many pounds did you lose today?

Btw we lost Watson

Hes been missing too long

I hope he's been bz gaining lotsa £ pounds before Pesach

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