GYE - Guard Your Eyes Generated: 22 August, 2025, 15:57

Thread of Josephsbrother Posted by Josephsbrother - 31 Dec 2015 02:31
Day 16, Thank our Maker for an easy day, yet I know my life need challenges to grow, so I wait on the best for me.
=======================================
Re: Thread of Josephsbrother Posted by Josephsbrother - 13 Jan 2016 03:05
Day 29 Two can walk together if they agree, let us work are marriages as a team.
======================================
Re: Thread of Josephsbrother Posted by Josephsbrother - 14 Jan 2016 02:45
Day 30, a month of hope, victory is sweet, starting month Two.
====
Re: Thread of Josephsbrother Posted by iwant2begood - 14 Jan 2016 18:36
Wow that's amazing! I'm following behind keep on trucking!!!!
======================================
Re: Thread of Josephsbrother Posted by doingtshuva - 14 Jan 2016 23:33
Josephsbrother wrote:

Day 30, a month of hope, victory is sweet, starting month Two.

What have you done in order to reach a month clean?

can you share what works for you?

====

Re: Thread of Josephsbrother Posted by Josephsbrother - 15 Jan 2016 02:57

doingtshuva wrote:

Josephsbrother wrote:

Day 30, a month of hope, victory is sweet, starting month Two.

What have you done in order to reach a month clean?

can you share what works for you?

I have been a lifestyle counsellor and ally for others who wish to have better health, and longevity. I have been praying, and going through the manual of GYE. I am using the 12 steps, and use it with friends in New York, Putnam County from 1980-1985 in lifestyle programs of 30 days, where guest learn to breath, drink fresh water, and make it a habit, to eat healthier food, including kosher, learn to eat similar to Daniel, more fresh foods, to be resh, the head or chief in their life, practicing moving for creation's balanced lifestyle, and praising the Almighty, through prayer and dependence, through detailed study of Psalms, and Proverbs, now I am starting to understand the purer books from a Hebrew perpective. The benefit of an outdoor lifestyle using moderate sunshine. The great blessing of exercise, The herb of the field is to be my medicine, as your Scripture says. Hydrotherapy a tool used by prophets, that Blessed Elohim use to heal all diseases. We can avoid and conquer all the diseases of Egypt using Torah to bring us back to Eden. I love to S.T. O.P. stop, to, offer, prayer. Your 3 second plan, is great, that with prayer, and the other things I already do, and the brief companionship from the site, has in HaShem,

made it so I find easy victory over my secret vice tendencies. I sleep early around 9pm when not posting here. I practice temperance in all things, I mainly trust in the sublime strength of the eternal One, for a few years ago I moved from a trinity to the One Elohim of Israel, maker of heaven and earth. Of which I lost a lot of friends. Ps 46:10 to know how to hear with ear, and heart the still small voice of our King, and Creator is a kindness that grows for me, the excellence of the presence of our Maker, is the relativity of my Supreme Relative, it is spiritual matter to become physical matter, it is sublime love ready to return a refreshed healed earth to us, so I thrive in my limitations, expecting my Sovereign to be who He always was, is and will be, little by little as I grow in it, unlearn what my Maker tells me to unlearn, and learning as One purifies my thoughts in Torah. He has spoken, and none can reverse it, He has spoken and He shall make it good, He is not a man, or the son of man, that He should lie. He spoke of the end in the very beginning, that when we see the end, we will know Our One is everlasting, and as we see the beginning return to us, we will know your Elohim is the One who designed heaven and earth for man to have it as his home, and not that it is our only home among the stars, for the children of Abraham shall be as the stars of heaven, and now we know there are many planet earth out there, that shall be our homes, Yet I am but a man, yet I have seen through natural remedies, cancers healed, that through leaf clay wraps the human bodies cleans of toxens, and when included with raw honey, cold press virgin oil, can be nightly apply, and in a few months not even a surgery scar can be found. My medical training began among Seventh day Adventist, Loma Lina is consider a blue zone of health, where the possility to often live above 100 is more possible, though I am not of that religion now, I love the Jewish people, and consider myself of Noah's clan, studying what is a Ger. Blessing as each of you thrive in the One and only, may you live long and prosper, and finish Abrahams destiny, a father of many blessed nations.

====

Re: Thread of Josephsbrother Posted by Josephsbrother - 15 Jan 2016 03:25

Day 31, I work for a English, Irish Jew, who does not follow his Jewish roots today. He got taken advantage of by some landscapers who left his yard a mess, and the job was undone. I ask our Maker to help me press to finish his job so he would feel that some justice came back his way, it took a 90 year old man, and a 61 year old man 3 hours to pick up the left over mess of 4 Large trees. It was my blessing to save him so extra money, and I commit the deed to One's loving kindness for us, as I usually receive more pay for some other such jobs. Mercy and justice need to alway kiss each other, and in a good deed of kindness we might not alway receive money but the joy of relationship for righteousness is for us who love the kiss of the good deed. The world is looking for the ample example of each prince of peace, who wishes to honor the kingdom of Israel, and the first king of everlasting covenant, King David, and his seed to come.

====

Generated: 22 August, 2025, 15:57

Re: Thread of Josephsbrother

Posted by Josephsbrother - 16 Jan 2016 04:39

Day 32, a great Shabbat, and extra wake time with wife, and with our mental aharing, a deeper relationship is my blessing, praise our One.

====

Re: Thread of Josephsbrother

Posted by Josephsbrother - 17 Jan 2016 03:08

Day 33, is the Shabbat day, and so yesterday's comment is today's, and yesterday's was we had a storm which prevents work, the boys stay home from their moms shopping trip. I did some home chores, work some in the garden bed, counseled my boys as one of the neighbors were moving, and they lost a neighbor friend. I did wish I had Netflixs, but was that it was disabled, and I chose to spend quality time with my wife after the boys were in bed, and I charged my choice with some guard your eyes.

====

Re: Thread of Josephsbrother

Posted by Josephsbrother - 18 Jan 2016 04:25

Day 34: To night before bed, I watch on DVDS a general audience film about, A Bond of Loyalty. A dogs tale, from a true story of Japan, in the 1920s. Animals animate lessons for us, it might be one of the reasons Adam named all the animals, because he could learn from animals like this, and such as the wolf whiich is very likely to have one mate for life. The films name is Hachi, a dogs tale, for about 10 years a dog awaited at a train station for his master who had past away. Their lives were not extra ordinary, yet the bond of loyalty is for the mind to meditate on, if an animal can reach such level of commitment what about man, and even more powerfully what about Blesses Elohim, what of His commitment to man. From age 7, and from 17 the Father of lights who know know shadow of turning, chose this fatherless son as His, and we have One waiting for us, to let our tale be fillled with Infinite presence. My wife commented today she likes what has happen to me, with my attention to her, I give the credit to some wonderful things here. Especially that the One has surrounded me with His loyalty, for today as I head to work a couple I don't know stops me, and comments on my wife's and my children, what a blessing to see us around. To me if our family helps even one to better understand loving kindness it will be to us as we have returned thanks for all our blessings, and as if we have served our Creator directly. It is days like this which helps me to cling to the hand of HaShem, that I live for HIM, moment by moment, one day at a time, never to yield to self gratification today, again. I commit myself to only one day at a time, for tomorrow is still my

4/7

Generated: 22 August, 2025, 15:57

future, and has not arrived. Note, all movies may have a drawing power to cause us to fall, maybe this short story may be enough to know how much our Creator waits to have living interaction with us.

====

Re: Thread of Josephsbrother Posted by Josephsbrother - 18 Jan 2016 13:13

Day 34 morning note: Please don't take me wrong, I Am young, I am just a son of Adam, my pure Hebrew understanding is so limited, but my battle, is it with secret sex vice, it is my choice many times a day many 3 second battles. Yet My battle is with my own 24carat character, I am building a new me, and praise my One, the One who knew me before I was born, the One who is with me every nano second, together we are going to build the spiritual and mental walls of my little Jerusalem, I will have a city garden of peace of Ace. As there are 24 facets in diamond, so we have a basic day of 24 hours, each one having basic hour slots. As a man thinks in his heart so is he. What I will do, is based on what I think the most about, my focus will not be on maybe not falling, but on character development, in the Infinite One, who is rock solid, 24 Hour presence, will be with me, my sublime Spirit breathed, not just oxygen, but actually words of ought by thought, by commandment, statues, and judgements to help me, myself a living temple, after the pattern of our Awesome Elohim. Simple this son chooses, to be like his Creator, being fruitful, not wasting seed.

Primary lesson, to hear with my spiritual ear of my Creator, I may hear it from man, but if it is to be born as a constant voice of breathe to me, I will hear it from only One who moment y moment can give it to me, our only Elohim. He has given me ears, yes He will tempt us with doubt, there is no greater tempter than the Almighty, and He is jealous to leave the tempting to any other but His Oneness of universe, plus the tempting would not be has great as the One could give, are we ready to wrestle with are Almighty friend and did Abraham, and did Jacob, He may appear to come as our enemy to appear to destroy us, or even put beauty in some of the greatest beauties of earth, yet will we settle for constant, our special gifts to lift are humanity, and His special sounding board of us, for me it is a yes, I am not interested in just a defensive battle with evil, but a victorious relationship of peace with all men and women, we have to have, such character we can protect the weak, point to the One Saviour of the world, give constant example of the new wisdom we receive of the Almighty hand, the journey is a lifetime. How could it be any different, what better could we seek, a great union of fruitfulness with the Awesome One. Then our families will with us be in the conscious presence of the Pre~sent gifts of Loving Kindness so that relationship will be the highest desire of our souls, and most of all, with only One, yet in this One the universe will have its seasons connection with us.

====

Re: Thread of Josephsbrother

Generated: 22 August, 2025, 15:57

Posted by Josephsbrother - 19 Jan 2016 04:54

Day 35 evening note: hormones are higher today, I know temptation will be higher today, I choice a few extra minutes in studying morning. I choose to help a moving her plants in for a low temperture night, a blessing returned with a donation, a portion to go for this ministry according to my vow. In evening I spent extra quality time with wife, after reading a few extra stories to boys, yet my youngest said he wished for more. Anther possible cold day for this landscaper, oh my Makerd how often the day began with little work, and again I turn to You for guidance and direction. Thank you my King that all the last years in Florida You have given me the work I need. Today some of my contacts gave me some of their friend for potential future word.

====

Re: Thread of Josephsbrother Posted by Josephsbrother - 20 Jan 2016 12:31

Day 36: morning victory, last night I needed time with wife, and enjoyed sons stories of the day. I needed rest sometimes a 26 mile bicycle ride plus work. It is not as if for Non-Jews this site is very supporting.

As I travel to and from work. Yet when the birds fly the cable lines with me, and sing their songs with me, it feels as the Almighty has join my personal journey, and this happen a couple times in a month. I notice extra support from above when I have extra time and I find a way to Pay it Forward. The artificial life of cities is not what I need. I need the simple natural life of nature, to watch the sunrise, to enjoy the sunset, to tend the simple garden. I will never lack the direct reminders of the presence and working of My Hebrew Abba of Israel, the only One who made a natural real garden of Eden, and the work He gave to the family of Adam was to care for His garden. Yet laws are taking our ability to garden away. We should be as a tree planted by moving waters, giving our fruit in season, we should be friuitful with abundance. We came from the earth, and we return to earth, yet we are not maintaining the earth ourselves. We leave farming to chemical alteration, the microorganism to die. We have only one harvest instead of many, what A waste. The beauties of earth continually on the mind are secret vice destroying. We we'd to return to Eden, and our future life was given In the beginning,, when it returns we will have the best proof that we have a Creator. That One spoke from the beginning and made not only heavens but earth. When we return to the beginning the. We will know One never changes, that One can have an everlasting covenant.

====

Re: Thread of Josephsbrother Posted by Josephsbrother - 21 Jan 2016 02:13

Day 37: My Maker brought me throu a day of disappointment., nothing of value comes without patience, I will wait on the Sovereign of the universe. Enjoy a few minutes at library in chat with another member.

====

Re: Thread of Josephsbrother Posted by Josephsbrother - 21 Jan 2016 14:29

Day 37: I take one of the master secrets success over porn and secret vice, and I rejoice to share in the victory available to anyone who seek the blessing of obedience, a growing experience in its fulfilling of every desire of soul, heart, mind, any of us can have it, but it is not a thing, but it is a relationship. I hunger and thrist for much time with my Maker, my best friend, my closest Counsellor, my King and the Father of all fathers, and the Lover who gave me my wife, the day's precious because I live with my Father of Lights with no shadow of change, as sure as Mount Zion, and He having a covenant of Eden, that is like the Sure Majestic Rock always there where we Knew He would be, His appointed seasons are always showing One to be totally reliable and dependable, in eternity. Because He made me, I will always have my turn, and even if I have need to wait, my season will come too, there for rejoice with others, for if they have blessings it is their turn, let us not remove one hair of their esteemed blessing. Secret vice steals impatiently, secretly the beauty of another's blessing without their permission, such a continue choice, shows our selfishness, and that we are unwilling to develop relationships to give as well as receive in relationship or relationships. Such a choice our Maker would be never make, He made man to choose freely worship, and relationship, and our Creator could only be satisfied with a totally free choice. Morning note.

====