

We're gonna do this!

Posted by iwant2begood - 27 Dec 2015 21:32

I'm a yeshiva bochur struggling with lust for the past 7 years first it started off with small stuff then like all addictions it progressed I can't explain what an effect it had on my life I was shattered and depressed inside I wished someday that I didn't exist and the hardest part was that I had no one to share it with I had many times a clean streak but then relapsed often getting even deeper in the addiction I saw no way out i joined the 90 journey 11 days ago and bh since then still clean I need chizzuk and support but I'm sure I'm gonna succeed with hashems help habu ltaher mesiemen osoi

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Re: We're gonna do this!

Posted by iwant2begood - 29 Dec 2015 19:38

Especially such a special gye family!

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Re: We're gonna do this!

Posted by iwant2begood - 29 Dec 2015 20:17

I had sort of an lust attack early today but bh it passed and I'm still clean I feel holier than ever! just for this it was worth it! Of course the chizzuk and support helped me out thanks friends! We're gonna do this!!!

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Re: We're gonna do this!

Posted by iwant2begood - 30 Dec 2015 11:35

It's day 14 bh I'm still clean wow can't believe its a full 2 weeks!! In so happy I joined gye! I bh just got a sponsor so hopefully it will make stuff easier were gonna do this! Good luck

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Re: We're gonna do this!

Posted by markz - 30 Dec 2015 11:48

[iwant2begood wrote:](#)

It's day 14 bh I'm still clean wow can't believe its a full 2 weeks!! In so happy I joined gye! I bh just got a sponsor so hopefully it will make stuff easier were gonna do this! Good luck Great Trucking!!!

KOT

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Re: We're gonna do this!

Posted by BenTorah.BaalHabayis - 30 Dec 2015 15:27

Awesome! Keep up the good work!

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Re: We're gonna do this!

Posted by iwant2begood - 30 Dec 2015 18:15

Thnx for the support!! Btw did you start your own thread yet?

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Re: We're gonna do this!

Posted by BenTorah.BaalHabayis - 31 Dec 2015 05:37

[iwant2begood wrote:](#)

Thnx for the support!! Btw did you start your own thread yet?

guardyoureyes.com/forum/4-On-the-Way-to-90-Days/271846-Ben-Torahs-90-day-journey-and-beyond

I'm not so great about posting daily on my own thread but I will make a point of at least updating periodically.

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Re: We're gonna do this!

Posted by iwant2begood - 31 Dec 2015 10:21

Tnx it's gonna make it easier for you and us good luck!

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Re: We're gonna do this!

Posted by iwant2begood - 31 Dec 2015 20:42

Today is day 15 bh I'm still clean . Most of the day went by easy . For a few min. I had a strong urge but bh it passed . I try not to think how many days I have left but just to stay clean for today . This recovery is a process and if you try rushing it up your just gonna do damage. ly"n I'm gonna continue to go strong !

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Re: We're gonna do this!

Posted by abe2710 - 31 Dec 2015 21:02

I really really really really wish you a tremendous amount of hatzlocha hashem should help get to 90 days and beyond to 120 yrs.

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Re: We're gonna do this!

Posted by iwant2begood - 31 Dec 2015 21:12

Amen!! You 2!

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Re: We're gonna do this!

Posted by iwant2begood - 01 Jan 2016 13:01

Hi guys today is day 16 I had sort of an lust attack this morning I thought I was gonna fall but I asked hashem to remove the urge and bh I overcame it . Bh shabbis is coming which makes the struggle easier . Notice it's a 90 day "journey" not a 90 day " destination" it's all about the journey!!! Have a beautiful relaxing shabbos!!!!

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Re: We're gonna do this!

Posted by iwant2begood - 03 Jan 2016 17:28

Hi guys today is day 18, "18" is "chai" which means I finally started living life!! my mind is cleaner , I'm in a better mood ,my connection to hashem is better! It's till hard at times but like they say " no pain no gain" good luck were gonna do this!

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Re: We're gonna do this!

Posted by BenTorah.BaalHabayis - 03 Jan 2016 17:34

Way to go!

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