

We're gonna do this!

Posted by iwant2begood - 27 Dec 2015 21:32

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I'm a yeshiva bochur struggling with lust for the past 7 years first it started off with small stuff then like all addictions it progressed I can't explain what an effect it had on my life I was shattered and depressed inside I wished someday that I didn't exist and the hardest part was that I had no one to share it with I had many times a clean streak but then relapsed often getting even deeper in the addiction I saw no way out i joined the 90 journey 11 days ago and bh since then still clean I need chizzuk and support but I'm sure I'm gonna succeed with hashems help habu ltaher mesiemen osoi

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Re: We're gonna do this!

Posted by Josephsbrother - 20 Feb 2016 10:55

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[iwant2begood wrote on 19 Feb 2016 13:57:](#)

Day 65. The hot weather here in Israel is killing me! Too much street lust! Have a wonderful shabbos !

My prayer are for you, may the Shabbat be restful, and inspiring.

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Re: We're gonna do this!

Posted by BenTorah.BaalHabayis - 24 Feb 2016 02:53

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We haven't heard from you in a few days. Please let us know how you're doing.

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Re: We're gonna do this!

Posted by iwant2begood - 25 Feb 2016 11:53

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Thnx for asking! Day 71. bh I'm doing fine. I attended a couple a meetings in the past week.

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Re: We're gonna do this!

Posted by Josephsbrother - 25 Feb 2016 12:34

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[iwant2begood wrote:](#)

Thnx for asking! Day 71. bh I'm doing fine. I attended a couple a meetings in the past week.

A big 70 days, the journey is in HaShem's hand, let us always grow in this relationship. When He is our shepherd, He will always righteously take care of all wants. Etc.

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Re: We're gonna do this!

Posted by iwant2begood - 26 Feb 2016 15:07

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Day 72. Bh today was a good day. Gut shabbos enjoy!

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Re: We're gonna do this!

Posted by iwant2begood - 27 Feb 2016 21:49

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Day 73. Gut voch! Shabbos was nice. I was very edgy the whole shabbos I really missed acting out. Bh I'm still clean. I'm gonna get a sponsor tmrw to work the program . Have a gr8 week!!

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Re: We're gonna do this!

Posted by iwant2begood - 29 Feb 2016 11:41

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Day 75. Yesterday was extremely hard for me I had a very strong craving to act out I made a few phone calls and it helped a bit. Today I had a couple of thoughts to act out but I'm trying to occupy my mind with other stuff and bit think about them.

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Re: We're gonna do this!

Posted by iwant2begood - 29 Feb 2016 11:42

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Day 75. Yesterday was extremely hard for me I had a very strong craving to act out I made a few phone calls and it helped a bit. Today I had a couple of thoughts to act out but I'm trying to occupy my mind with other stuff and not think about them. I'm still working on getting a sponsor .

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Re: We're gonna do this!

Posted by iwant2begood - 01 Mar 2016 22:53

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Day 76. I got a sponsor and I'm working the 12 steps.

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Re: We're gonna do this!

Posted by Workingguy - 01 Mar 2016 23:34

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[iwant2begood wrote on 01 Mar 2016 22:53:](#)

Day 76. I got a sponsor and I'm working the 12 steps.

Amazing!

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Re: We're gonna do this!

Posted by cordnoy - 01 Mar 2016 23:51

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[Workingguy wrote on 01 Mar 2016 23:34:](#)

[iwant2begood wrote on 01 Mar 2016 22:53:](#)

Day 76. I got a sponsor and I'm working the 12 steps.

Amazing!

Ditto.

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Re: We're gonna do this!

Posted by stillgoing - 02 Mar 2016 00:38

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[cordnoy wrote on 01 Mar 2016 23:51:](#)

[Workingguy wrote on 01 Mar 2016 23:34:](#)

[iwant2begood wrote on 01 Mar 2016 22:53:](#)

Day 76. I got a sponsor and I'm working the 12 steps.

Amazing!

Ditto.

How do you triple it, tritto? B"H thats an exciting development. Hatzlacha rabbbbbbbbbbbba!

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Re: We're gonna do this!

Posted by Josephsbrother - 02 Mar 2016 10:58

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[iwant2begood wrote:](#)

Day 76. I got a sponsor and I'm working the 12 steps.

It good to get the help you need, and for me the 12 steps have been my King David stone to keep giant out of the way. Keep it up.

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Re: We're gonna do this!

Posted by iwant2begood - 03 Mar 2016 21:33

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Tnx! Day 78 I met up with my sponsor today. He's a great guy! We went through some steps I read him my story. Thank god things are going well. I can't say that I'm not feeling rid but life is deffinetly better than it was 78 days ago!!

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