

We're gonna do this!

Posted by iwant2begood - 27 Dec 2015 21:32

I'm a yeshiva bochur struggling with lust for the past 7 years first it started off with small stuff then like all addictions it progressed I can't explain what an effect it had on my life I was shattered and depressed inside I wished someday that I didn't exist and the hardest part was that I had no one to share it with I had many times a clean streak but then relapsed often getting even deeper in the addiction I saw no way out i joined the 90 journey 11 days ago and bh since then still clean I need chizzuk and support but I'm sure I'm gonna succeed with hashems help habu ltaher mesiemen osoi

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Re: We're gonna do this!

Posted by iwant2begood - 14 Feb 2016 21:22

Day 60. I went to my first sa meeting today it went gr8 bh . I feel as if I got of a huge burden of my shoulders. I'm no longer alone in this horrible struggle. I met a lot of people who I would never imagine would be struggling with lust (chasidish, litvish. Yeshiva bochurim....) I'm thankful to hashem for directing me to such a wonderful group and giving me such an awesome family like gye!!!!

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Re: We're gonna do this!

Posted by markz - 14 Feb 2016 21:24

GREAT TRUCKING!!!!!!

Now go back and chat with the YH

Actually...

Not necessary

He was with you at the meeting

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Re: We're gonna do this!

Posted by markz - 14 Feb 2016 21:50

GREAT TRUCKING!!!!!!

Now go back and chat with the YH

Actually...

Not necessary

He was with you at the meeting - being bridled and brought under control - Bravo!!

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Re: We're gonna do this!

Posted by cordnoy - 15 Feb 2016 01:40

[iwant2begood wrote on Unknown:](#)

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And we are thankful to you for taking such a bold move.

Continued hatzlachah

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Re: We're gonna do this!

Posted by iwant2begood - 16 Feb 2016 20:24

Day 62. Today was bh an awesome day! I woke up in time, learnt well, socialized a lot. I also called all the guys in the meeting .they were very warm and caring and gave me tips what worked for them in the program. I'm very thankful to hashem for all this!! Enjoy!!

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Re: We're gonna do this!

Posted by BenTorah.BaalHabayis - 17 Feb 2016 00:20

That's fantastic!

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Re: We're gonna do this!

Posted by iwant2begood - 17 Feb 2016 22:20

Day 63. Today was overall a good day. I went to a meeting today but I felt different then I felt last time. The thrill seemed to burn out and I started facing reality that I'm a real addict like all those sick people in the room. It's very hard for me to accept that fact and I'm feeling very down and depressed.

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Re: We're gonna do this!

Posted by cordnoy - 17 Feb 2016 23:11

[iwant2begood wrote on Unknown:](#)

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gee thanks.

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Re: We're gonna do this!

Posted by markz - 17 Feb 2016 23:18

Warning: Spoiler!

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Re: We're gonna do this!

Posted by cordnoy - 17 Feb 2016 23:48

[markz wrote on Unknown:](#)

Ok cord' relax, not "Everyone" is sick

Rabbi Twersky has been going to meetings for 50 years, and he's not

firstly, I'm relaxed.

Secondly, it's not for you to answer for his words.

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Re: We're gonna do this!
Posted by markz - 18 Feb 2016 00:14

Ok go ahead delete the last 2 posts

una problemö

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Re: We're gonna do this!
Posted by Josephsbrother - 18 Feb 2016 18:22

[iwant2begood wrote on 17 Feb 2016 22:20:](#)

Day 63. Today was overall a good day. I went to a meeting today but I felt different then I felt last time. The thrill seemed to burn out and I started facing reality that I'm a real addict like all those sick people in the room. It's very hard for me to accept that fact and I'm feeling very down and depressed.

For years we have made decision to be an addict, now we may need equal or greater time to reverse the decision. We are making a new path, the other one is cleared and we need to make this new one more desirable than that old path.

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Re: We're gonna do this!
Posted by iwant2begood - 19 Feb 2016 13:57

Day 65. The hot weather here in Israel is killing me! Too much street lust! Have a wonderful shabbos !

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Re: We're gonna do this!

Posted by BenTorah.BaalHabayis - 19 Feb 2016 15:20

I can totally relate to this. I am thankful to Hashem for every day of cold weather, as it has been here recently (though it's supposed to be 60 degrees Fahrenheit this shabbos). Keep up the Shmiras Einayim and you should be okay!

Have a great Shabbos.

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