

My journey to become a HeiligerYid!
Posted by heiligeryid - 23 Dec 2015 23:44

Hi!

I started my 90 days chart more than a month ago, then after being 30 days clean i fell again. As of now i undertook a new journey, reaching my 8th day b"h. Hope to keep going with the support of my new friends at GYE!

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Re: My journey to become a HeiligerYid!
Posted by iwant2begood - 27 Jan 2016 13:28

Your right ! I'm gonna start doing exercise everyday

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Re: My journey to become a HeiligerYid!
Posted by heiligeryid - 13 Sep 2016 02:08

Hi everyone!

A few days ago i decided that enough is enough, i must get in touch with a real person to share my story, and to have accountability on whatever i do. as chazal taught us ??? ????? ????? ????? ????? ??????!

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Re: My journey to become a HeiligerYid!
Posted by heiligeryid - 06 Oct 2016 17:06

Just listened recently to a shiur by Rabbi Yaron Reuven, it takes 2 hours but in the beginning he discusses the torah approach towards SA meetings and that addiction is a desire not a disease.

i tried uploading but didn`t work, however you can find it on TorahAnytime.com under the title "An adult conversation with teenagers".

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Re: My journey to become a HeiligerYid!
Posted by Shlomo24 - 06 Oct 2016 20:23

[heiligeryid wrote on 06 Oct 2016 17:06:](#)

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Rabbi Twerski wouldn't agree with that.

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