

My journey to become a HeiligerYid!
Posted by heiligeryid - 23 Dec 2015 23:44

Hi!

I started my 90 days chart more than a month ago, then after being 30 days clean i fell again.
As of now i undertook a new journey, reaching my 8th day b"h. Hope to keep going with the
support of my new friends at GYE!

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Re: My journey to become a HeiligerYid!
Posted by markz - 23 Dec 2015 23:48

8th Day?

Wow

To the dance floor Mazel Tov

???? ???? ???? ??

Keep posting and keep Charting

Hatzlacha

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Re: My journey to become a HeiligerYid!
Posted by Gevura Shebyesod - 24 Dec 2015 00:27

Just give it all you got!!

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Re: My journey to become a HeiligerYid!

Posted by markz - 24 Dec 2015 00:32

[Gevura Shebyesod wrote:](#)

Just give it all you got!!

Thats another great song by 8th day

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Re: My journey to become a HeiligerYid!

Posted by BenTorah.BaalHabayis - 24 Dec 2015 05:17

Chazak Ve'ematz! We need all the Kedusha we can get in this world...

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Re: My journey to become a HeiligerYid!

Posted by heiligeryid - 24 Dec 2015 15:41

Good morning!

Thanks Markz Gevura and Ben torah, your chizuk is really helpful.

So far i don't feel the kedusha yet, but i guess it's not about feeling, you gotta do what's right.

Will keep you posted.

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Re: My journey to become a HeiligerYid!

Posted by Bigmoish - 24 Dec 2015 15:51

Welcome.

I have a hard time feeling kedusha as well, though it doesn't bother me that much.

Perhaps because I'm a kalte litvack...

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Re: My journey to become a HeiligerYid!

Posted by markz - 24 Dec 2015 15:52

[heiligeryid wrote:](#)

Good morning!

Thanks Markz Gevura and Ben torah, your chizuk is really helpful.

So far i don't feel the kedusha yet, but i guess it's not about feeling, you gotta do what's right.

Will keep you posted.

Were all in this together

The feeling I experienced wasn't in the "wow so heilig", rather ask yourself - how dirty do you feel today compared to last

Your mindset may change also, but that's a different discussion

KOT!!!

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Re: My journey to become a HeiligerYid!

Posted by BenTorah.BaalHabayis - 25 Dec 2015 04:45

[heiligeryid wrote:](#)

So far i don't feel the kedusha yet, but i guess it's not about feeling, you gotta do what's right.

Will keep you posted.

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Re: My journey to become a HeiligerYid!

Posted by heiligeryid - 27 Dec 2015 22:51

Hello everyone!

I'm up to day #12, with special siyata dishmaya and support i'm getting from all of you!

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Re: My journey to become a HeiligerYid!

Posted by heiligeryid - 28 Dec 2015 15:12

I just reached the 13th day b"h.

Whenever i feel a weak moment, i remind myself of my 90 day journey, that i can't afford to lose the battle, i must continue with all my strength. You may not feel Kedusha but in your essence you are Heilig, hence your user name!

It became a little difficult bc since i started my new count my wife was tahor, and yesterday she became a niddah. But i will try my best, as i've learned through the forums that in those days i can work on really loving her without interference of lust.

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Re: My journey to become a HeiligerYid!

Posted by BenTorah.BaalHabayis - 28 Dec 2015 16:38

Same boat as you, Heilig. I'm up to day 25 B"H and for the bulk of it my wife was tehora but she became a Niddah last night as well. But I'm looking forward to the challenge since this is where it really counts. I'm not saying it's easy when one's wife is tehora (it's not), but I agree that it can act as a crutch to some degree.

Hatzlacha in your journey!

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Re: My journey to become a HeiligerYid!

Posted by iwant2begood - 29 Dec 2015 12:51

The yetzer keeps on telling us what wrong with thoughts your not acting out anyways ??but we have to realize this is his trap because if we can't have it than why think about it it's torture!? good luck and keep us posted

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Re: My journey to become a HeiligerYid!

Posted by Shlomo24 - 29 Dec 2015 14:55

[iwant2begood wrote:](#)

The yetzer keeps on telling us what wrong with thoughts your not acting out anyways ??but we have to realize this is his trap because if we can't have it than why think about it it's torture!? good luck and keep us posted

I think also that thinking about lust can be the "first drink" which can spiral and lead to other

things.

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Re: My journey to become a HeiligerYid!
Posted by iwant2begood - 29 Dec 2015 16:30

Your totally right but what's the way to get rid of it sometimes it's just to strong

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