

Skeptical

Posted by doingmybest - 30 Nov 2015 04:19

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Hello,

I have been dealing with this addiction since I was 17. Like all of you, I have tried and failed many times to rid myself of it.

Although I am skeptical that this will work, I will give it a try nevertheless.

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Re: Skeptical

Posted by Bigmoish - 30 Nov 2015 04:25

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Welcome.

What is the "this" that you are skeptical of, if I may ask?

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Re: Skeptical

Posted by m58yiw84niym - 30 Nov 2015 06:08

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While I hate to be a Negative Nancy, you're probably right. If you go in with the mindset that it probably won't work, then it probably won't (and frankly, I agree with Bigmoish that you need to define what you mean by "this". I just feel that the negative attitude will more likely lead to failure, regardless of what the goal is).

However, if you're skeptical about the possibility of breaking free from a pornography addiction, then I have to vehemently disagree with. It's definitely possible. Not easy (I can tell you that from experience, as the fact that my longest 'streak' ever is 47 days will show), but definitely possible.

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Re: Skeptical

Posted by markz - 30 Nov 2015 10:58

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[doingmybest wrote:](#)

Hello,

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Although I am skeptical that this will work, I will give it a try nevertheless.

Welcome to the club

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Re: Skeptical

Posted by Shlomo24 - 30 Nov 2015 19:45

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welcome! sounds like you are going through a tough time. What's up?

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Re: Skeptical

Posted by serenity - 30 Nov 2015 23:55

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Skepticism, just may be the first positive step in recovery you have taken.

Hatzlacha!

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