Starting the journey Posted by StopStruggleNow - 30 Oct 2015 00:37

Well, I'm not sure what to say except this: I have struggled since a was a teenager, and I am now 27 years old. This will be an extremely hard habit to break, but I know that I can and will do it. I have been successful in other areas of life and I plan no different here.

I am (this sounds bad to say) glad that there are other people here going through the same journey I am. Baruch Hashem he will get me through this.

Re: Starting the journey Posted by StopStruggleNow - 30 Oct 2015 13:08

Thank you goodchange!

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