

learning from this fall

Posted by eny - 11 Oct 2015 15:35

totally predictable:

frustration with project that didn't work out

unstructured time

one trigger whose affects I felt but didn't totally walk away from

plan:

- * don't get depressed - bounce back

- * daily planning - why is my home any less important than the war room of the pentagon?

- * be more aggressive about getting partner or sponsor - I signed up and then didn't get a response then I let it slide

- * dealing with frustration

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