

Doing the 90-Days (again), but this time...

Posted by m58yiw84niym - 01 Oct 2015 05:06

I'M GOING TO MAKE IT!!!! YARRRGH!!!!!!

. It was a tough week,
I fell 3 times recently (the last one was particularly discouraging given the circumstances), and
this coming after a particularly good streak through Yom Kippur.

But as they say, that's in the past. I wish it wasn't (boy, how I wish it wasn't), but it's there, and
nothing I can do can change that. However, I'm pushing forward and starting anew, going strong
with the program with a renewed and enthusiastic determination. In the decade or so that I've
been fighting this, this is the most determined I've ever been, so it's now or... (don't want to say
never, so I'll just leave it at "it's now").

Sorry about that, really needed to vent my frustration about this struggle

So here's the plan: (Side note: Just wrote that line, and stared blankly at the screen for several
minutes trying to figure out if I actually had a plan. Still not sure if I do, but here goes) Starting
today, I'm reading through the GYE Handbook. Hope to be done with it by the end of Isru Chag,
and implementing the necessary tools from it. I'll also be posting in this thread almost daily
, and keeping
everyone updated. Also looking into getting a partner/sponsor.

So here goes: Starting off on Day 1.

P.S. Does anyone else agree with me that we need more varieties of "Topic Icon" smilies? I'm
or . Ok,
now that that's out of the way, time to hit submit!

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Re: Doing the 90-Days (again), but this time...

Posted by m58yiw84niym - 29 Feb 2016 03:20

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Re: Doing the 90-Days (again), but this time...

Posted by markz - 29 Feb 2016 03:27

Ditto

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Re: Doing the 90-Days (again), but this time...

Posted by m58yiw84niym - 29 Feb 2016 22:28

Stealing away a minute today (earlier than usual, as I might not have time later) to say hi!

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Re: Doing the 90-Days (again), but this time...

Posted by Yesod - 01 Mar 2016 02:51

This feels like a bad date

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Re: Doing the 90-Days (again), but this time...

Posted by m58yiw84niym - 02 Mar 2016 03:37

Re: Doing the 90-Days (again), but this time...

Posted by markz - 03 Mar 2016 02:18

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Re: Doing the 90-Days (again), but this time...
Posted by m58yiw84niym - 03 Mar 2016 02:20

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Re: Doing the 90-Days (again), but this time...
Posted by markz - 03 Mar 2016 02:24

Oh phew...

Now I need to look for my smiley face
Why the frown? There's plenty to smile about!
where did I put it...

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Re: Doing the 90-Days (again), but this time...
Posted by m58yiw84niym - 04 Mar 2016 03:07

One of these days, I'm going to write a real post again...

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Re: Doing the 90-Days (again), but this time...

Posted by Josephsbrother - 04 Mar 2016 05:53

You check in, you connected with us, Shema, may our Maker be between us, when we are apart, live long and prosper, may His peace which passes all understanding be yours.

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Re: Doing the 90-Days (again), but this time...

Posted by Yesod - 04 Mar 2016 14:43

Is this how much time you spent on the other sites? Come on feller, fill us in. Peace

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Re: Doing the 90-Days (again), but this time...

Posted by m58yiw84niym - 06 Mar 2016 03:47

[Yesod wrote on 04 Mar 2016 14:43:](#)

Is this how much time you spent on the other sites? Come on feller, fill us in. Peace

Ouch. Good point...

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Re: Doing the 90-Days (again), but this time...

Posted by Yesod - 06 Mar 2016 05:21

No insult intended, just a friendly pointer

Gut voch, but seriously, get specific, fill us in, let us team up on this

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Re: Doing the 90-Days (again), but this time...
Posted by m58yiw84niym - 06 Mar 2016 14:31

No worries, Yesod. As a rule, I try to avoid getting insulted, and if a well written, true, and poignantly clever line offends me, I think I have bigger issues to deal with than simply an

Recently, a lot of changes have occurred in my life (all ranging from good to amazing, thank God), but as a result of that, I've been busy beyond anything I've ever been before in my life. While in the past I might have still "found some time" to act out (although even in the depths of my addiction, I was always able to mostly "function" in the real world, and if I really had work to do, I'd be able to hold off on acting out), my free time is severely limited now, so taking time for anything more than an emoji is nigh impossible.

But to answer your question directly, while I'm spending less time on GYE now than I did "other sites" in the past, the amount of time I spend on GYE is infinitely more than I spend on those

addiction to porn...

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