

55 days in and still going!!

Posted by poshut yid - 29 Oct 2009 15:40

Well Rabbosai,

B'H yom yom!! It has been a roller coaster couple of months. I had the K9 Filter installed on my computer in July and it has helped me tremendously. The downside was that I could not get onto GUE Network until I added it to the white pages.

I am pleased to report that I have ba"h 55days clean. I can only attribute it to help from above! I feel the Ribbono Shel Olam knows that I have been trying to break this for many years and sees I have been really serious this past year.

B'H I am more than half way to the 90 days. Now the hard part begins, where I am sure the yetzer horah will be pushing really hard.

I would appreciate feedback and help from people that have been here to give me some advice to get to 90 days. My other concern is once I get there, I will lose the motivation to keep going. Any advice would be appreciated.

P.Y.

=====
=====

Re: 55 days in and still going!!

Posted by 7yipol - 29 Oct 2009 17:06

One day at a time.

No more, no less

We can discuss post-90 motivation around day 89

=====
=====

Re: 55 days in and still going!!

Posted by poshut yid - 29 Oct 2009 18:49

It is true that we need to take one day at a time. I am sure it is the Y"H saying, you'll never break

it 100% so may as well give up. I am determined to keep fighting this fight. Thank you for your chizuk!

P.Y.

=====

Re: 55 days in and still going!!
Posted by 7yipol - 29 Oct 2009 20:17

And when you do make 90 days, Bardichev will happily share his Woodford in your honor.

=====

Re: 55 days in and still going!!
Posted by Kedusha - 29 Oct 2009 21:07

Yes, one day at a time, and . . .

Each day, just for that day, pretend that you're up to day #89!

=====

Re: 55 days in and still going!!
The ears nashim will stick to 7 on the
Posted by 7yipol - 29 Oct 2009 21:37

[Kedusha wrote on 29 Oct 2009 21:07:](#)

Yes, one day at a time, and . . .

Each day, just for that day, pretend that you're up to day #89!

Never thought of that.

GREAT idea!

Shkoach Kedusha!

=====
=====

Re: 55 days in and still going!!
Posted by the.guard - 29 Oct 2009 22:30

yes, great idea!

=====
=====

Re: 55 days in and still going!!
Posted by levite - 20 Nov 2009 12:31

reb yid how are you doing?

=====
=====