

enough is enough!

Posted by i-man - 04 Jul 2015 21:54

I am a new member of the gye family and i feel that with chizuk from my brothers in arms will give me additional ammo in this battle of good vs evil

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Re: enough is enough!

Posted by i-man - 04 Jun 2020 04:43

TYH ! 90 days ! Haven't been there in 2 years !

this time around the quality was much better too , meaning less close calls and being involved with tayva , more distancing if you will...

more thoughts later about how I made it work .

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Re: enough is enough!

Posted by Ihavestrength - 05 Jun 2020 01:56

[i-man wrote on 04 Jun 2020 04:43:](#)

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Mazel tov brother! Looking forward to hearing your insights on what worked for you. KUTGW!

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Re: enough is enough!

Posted by battle-of-the-gen - 05 Jun 2020 05:50

woohooooo mazel tov! to many many more days!!

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Re: enough is enough!

Posted by i-man - 05 Jun 2020 06:25

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Re: enough is enough!

Posted by lionking - 05 Jun 2020 10:29

[i-man wrote on 05 Jun 2020 06:25:](#)

Wow, pretty profound tip on how to get to 90 days.

Keeping a blank mind, definitely helps!

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Re: enough is enough!

Posted by i-man - 05 Jun 2020 12:49

[i-man wrote on 05 Jun 2020 06:25:](#)

That was supposed to say : I just typed a long post that got eaten by the post monster

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Re: enough is enough!

Posted by i-man - 05 Jun 2020 12:51

[i-man wrote on 05 Jun 2020 12:49:](#)

[i-man wrote on 05 Jun 2020 06:25:](#)

That was supposed to say : I just typed a long post that got eaten by the post monster

And again , on this one it left out half of what I wrote including the head exploding emoji

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Re: enough is enough!

Posted by Hashem Help Me - 09 Jun 2020 23:08

Mazel tov buddy. Keep it up and keep inspiring.

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Re: enough is enough!

Posted by Realestatemogul - 10 Jun 2020 03:25

Congrats!! I"YH many more GOOD days

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Re: enough is enough!

Posted by trying613 - 10 Jun 2020 03:43

Hey, you're story and situation sounds very similar to mine. Feel like I can relate exactly
I could totally relate btw. The post monster has eaten my posts in the past as well...

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Re: enough is enough!

Posted by i-man - 11 Jun 2020 17:17

I feel that the biggest factor in staying clean is prevention, I now have accountability software on
my PC ,and switched my Mobile to one that has much better filtering options, I know it's an old
debate here ,but for me without a doubt, ease of access is my worst enemy.

I see it like Toivel vsheretz b'yado, I can try to stay clean all I want ,but if with one click I could
fall and with so many different types of triggers out there , it won't work.

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Re: enough is enough!

Posted by Hashem Help Me - 12 Jun 2020 03:49

[i-man wrote on 11 Jun 2020 17:17:](#)

I know it's an old debate here ,but for me without a doubt, ease of access is my worst enemy.

For the vast majority of guys who frequent GYE, removing ease of access is a major game changer. It takes courage to filter and avoid. One also must quiet that whispering - but most mistaken - voice that keeps saying "Be a man - have access and stay clean - that shows yiras shomayim". Nothing could be farther from the truth.

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Re: enough is enough!

Posted by lhavestrength - 14 Jun 2020 06:35

@i-man Happy to hear filters help you. I feel like I should share my experience: filters have always made things harder for me and every long clean streak was when I did not have filters. I see a tendency in the pro filter community to try and make it seem like people who don't have filters are irresponsible and bound to mess up. This is simply not true. As always, everyone should do what works for them, and if there are halachic aspects that you care about, ask your rov or LOR.

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Re: enough is enough!

Posted by i-man - 14 Jun 2020 14:29

[lhavestrength wrote on 14 Jun 2020 06:35:](#)

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Obviously not everyone operates the same way , and if someone honestly does better without than that's great, I personally would do great most of the time , but when stress, anxiety, exhaustion , depression , boredom, etc show up I need more than a few clicks between me and the drug, the more I make it not an option the less it's going to occur.

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