

enough is enough!

Posted by i-man - 04 Jul 2015 21:54

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I am a new member of the gye family and i feel that with chizuk from my brothers in arms will give me additional ammo in this battle of good vs evil

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Re: enough is enough!

Posted by Tzvi5 - 22 Aug 2019 19:27

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"I think it underscores that which I have realized already - that i need to do something bigger than what im already doing - either 12 steps or therapy,"

Why now and not earlier if.....?

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Re: enough is enough!

Posted by i-man - 22 Aug 2019 22:12

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[Tzvi5 wrote on 22 Aug 2019 19:27:](#)

"I think it underscores that which I have realized already - that i need to do something bigger than what im already doing - either 12 steps or therapy,"

Why now and not earlier if.....?

If I understand what your asking it is - If I realized already that I need to do something than why haven't I yet , and I would say to that Human nature is to push off decisions , particularly on things we are scared of like change, remember human beings are not machines ....

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Re: enough is enough!

Posted by sleepy - 23 Aug 2019 01:53

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[i-man wrote on 22 Aug 2019 18:56:](#)

[i-man wrote on 22 Aug 2019 04:13:](#)

Today was a pretty good day considering...

Thank you Hashem for allowing that to happen.

I was thinking - maybe this is just because I'm desensitized...

to what?

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Re: enough is enough!  
Posted by sleepy - 23 Aug 2019 01:55

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i guess i deserve not to understand since i always used to make fun of dopey,i miss the poor guy.

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Re: enough is enough!  
Posted by i-man - 23 Aug 2019 07:03

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[quote="sleepy" post=343054 date=1566525211 catid=4]

[i-man wrote on 22 Aug 2019 18:56:](#)

[i-man wrote on 22 Aug 2019 04:13:](#)

Today was a pretty good day considering...

Thank you Hashem for allowing that to happen.

I was thinking - maybe this is just because I'm desensitized...

to what

my post got deleted !!

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Re: enough is enough!

Posted by i-man - 23 Aug 2019 07:06

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[sleepy wrote on 23 Aug 2019 01:53:](#)

[i-man wrote on 22 Aug 2019 18:56:](#)

[i-man wrote on 22 Aug 2019 04:13:](#)

Today was a pretty good day considering...

Thank you Hashem for allowing that to happen.

I was thinking - maybe this is just because I'm desensitized...

to what?

Ohno my post just got deleted...

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Re: enough is enough!

Posted by i-man - 30 Aug 2019 03:58

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Conversation I just had with Mr YetzerHorah

Myh-Hey your feeling stress, tired , useless , everyone sleeping ? Grab the computer Im sure you can figure a way to access porn ..

iman-get out of here im back on a cleanstreak and working hard, plus its rosh chodesh elul tomorrow let me at least have that.

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myh- exactly tomorrow night is rosh chodesh elul so its perfect - do your evil deeds now and you will have a perfect oppurtunity to restart with the elul hischadshus.

iman- get outta here thats dumb i will still have to deal with the horrible side effects

myh-i think you should do it last chance until after yom kippur !(what a sick application of ??? ?? ?????, ????? )

iman- thats it Im going to Gye to write this conversation on the forum , that should stop this nonsense.

myh- ouch hey did you read that article about how global warming is making men go bald quicker ?

iman- hmm thats takeh a facinating read ...

myh- pssst dont forget why your on the computer, nu lets go you desreve that delightful pleasure thats awaiting.

iman - alright this is rediculous im logging into gye right now.

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Re: enough is enough!  
Posted by Dave M - 30 Aug 2019 12:40

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Wow. Thanks for sharing that with us. I assume, the next morning you felt great about yourself?

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Re: enough is enough!  
Posted by i-man - 02 Sep 2019 13:04

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[Dave M wrote on 30 Aug 2019 12:40:](#)

Wow. Thanks for sharing that with us. I assume, the next morning you felt great about yourself?

No not particularly, more look I dodged a bullet, the yh is very clever and will casually try to get me.

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Re: enough is enough!  
Posted by i-man - 02 Sep 2019 17:32

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Nothing casual about today though , I've been dealing with sustained category 5 urges since the AM , I hope not to be overwhelmed tonight..

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Re: enough is enough!  
Posted by Gevura Shebyesod - 02 Sep 2019 18:19

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Evacuate the area, and board up your Windows.

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Re: enough is enough!  
Posted by Markz - 02 Sep 2019 18:31

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Too dangerous!!!

Follow the evacuation route to Bardsville, Anchorage or Czechoslovakia

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Re: enough is enough!  
Posted by i-man - 02 Sep 2019 19:11

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[Markz wrote on 02 Sep 2019 18:31:](#)

Too dangerous!!!

Follow the evacuation route to Bardsville, Anchorage or Czechoslovakia

Last I checked Bardsville is an abandoned ghost town

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Re: enough is enough!  
Posted by sleepy - 02 Sep 2019 19:15

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[i-man wrote on 02 Sep 2019 19:11:](#)

[Markz wrote on 02 Sep 2019 18:31:](#)

Too dangerous!!!

Follow the evacuation route to Bardsville, Anchorage or Czechoslovakia

Last I checked Bardsville is an abandoned ghost town

and from what i hear Czechoslovakia might be a danger zone,beware of the likes of trouble,also make sure to label all your belongings

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Re: enough is enough!  
Posted by Captain - 06 Sep 2019 17:58

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I think your reaction is a common attitude. I definitely was like that. If you mess up it's terrible, and if you do good you just dodged a bullet. No surprise that I was always depressed - and always fell!

Your best way to have sustained success is to change your attitude about your successes. And it will change your entire life! You'll be so much happier!

Please check out this post I just posted on this  
topic: [guardyoureyes.com/forum/19-Introduce-Yourself/343341-Need-Urgent-Help#343405](http://guardyoureyes.com/forum/19-Introduce-Yourself/343341-Need-Urgent-Help#343405). And  
please see this helpful book that is perfect for  
this: [guardyoureyes.com/ebooks/item/the-battle-of-the-generation](http://guardyoureyes.com/ebooks/item/the-battle-of-the-generation).

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