

New to this and need support

Posted by myk5775 - 30 Jun 2015 17:02

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I'm a baal teshuvah and while I was able to kick my inappropriate internet habit that I had from my "old days", it has come back. I'm ashamed because my wife thinks I'm this tremendous chossid who guards my eyes completely, but she doesn't know the truth that I actually have a very active nefesh habehamis constantly looking where I shouldn't. I'm also ashamed because I have a 14 month old son and I want to be the type of chossid that he would look up to and try to emulate. I know that it's normal to have taavas, but I can't tolerate them. I need to reclaim my mind back from shmutz and start living the holy life that I'd like to. Any words of chizuk would be greatly encouraged.

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Re: New to this and need support

Posted by abd297 - 01 Jul 2015 13:01

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Welcome. You have come to the right place. You are among people who are understanding. We are all here to work towards our goals together. You will find many helpful resources from the site and great advice and support from the forums. Keep it up. Keep on reading and posting.

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