

I'm not sure

Posted by Wilster - 28 Jun 2015 19:40

My previous record is probably between 50-75 days. Usually when I've tried to keep track in the past, it's been in my head.

=====

=====

Re: I'm not sure

Posted by yiraishamaim - 28 Jun 2015 19:55

Welcome Wilster!

Hatzlachah

=====

=====

Re: I'm not sure

Posted by lomed - 28 Jun 2015 21:09

Welcome and hatzlacha on your 90 day. Just take day by day.

=====

=====

Re: I'm not sure

Posted by abd297 - 28 Jun 2015 21:18

You've come to the right place. You are not alone and will find great support here. Keep us posted and best of luck.

=====

=====

Re: I'm not sure

Posted by serenity - 28 Jun 2015 23:04

Welcome and Hatzlacha!

=====

=====

Re: I'm not sure

Posted by cordnoy - 28 Jun 2015 23:38

Welcome

What have you done?

What haven't you done?

Great start!

=====

=====

Re: I'm not sure

Posted by dd - 28 Jun 2015 23:57

Welcome!!!

=====

=====

Re: I'm not sure

Posted by Pidaini - 29 Jun 2015 03:59

Welcome to GYE!!

Please make yourself comfortable, get verified for the private chat!

Tell us some more about yourself, how long you've been struggling, what you do to get those streaks, what triggers your falls, etc.

Don't be a stranger, we're all in the same boat, going through (more or less) the same things, there's no need to be afraid of being judged and not understood!

KOP (Keep On Posting)!!! KOMT!!

=====

=====

Re: I'm not sure

Posted by pischohelmach - 29 Jun 2015 15:19

Welcome Tzaddik. What an honor to be part of your entourage of success!!

=====

=====

Re: I'm not sure

Posted by Wilster - 22 Jul 2015 23:56

Ok, so I'm clean since last Friday, but I don't know how to edit that. I wasn't clean the previous day, but now it says 15 days because that was the last time I updated with a fall. So, that's 5 days, not 15. I'm not proud of this, in fact at the end of that Thursday I threw my phone at the wall in frustration, but I'm often a stickler for accuracy.

=====

=====

Re: I'm not sure

Posted by Pidaini - 23 Jul 2015 04:01

Sorry to hear about your fall.

You still haven't told us much about your struggles, but it seems it may have something to do

with your phone....

Do you have a filter on your phone? What have you been doing that you were expecting to stay clean this time around?

=====
=====

Re: I'm not sure

Posted by abd297 - 23 Jul 2015 15:27

I can totally relate to the perfectionist thing. Keep strong and don't let it get between you and your goals. KOP

=====
=====