

my struggle for success

Posted by Net - 28 Jan 2009 16:49

Hi everyone

Long time no write

I've been going really bad lately, I've been acting out pretty much every day I had a couple of weeks with dispersed incidents, but right now I'm binjing.

I really need some Chizuk, I feel really bad., and tired.

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Re: my struggle for success

Posted by mdmjerusalem - 28 Jan 2009 17:01

Hi net happy to have you back

I relate with your situation

the only thing that **jams the breaks** is a good filter

won't you consider installing one

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Re: my struggle for success

Posted by battleworn - 28 Jan 2009 17:20

Net, I have a lot to say to you, but I can't organize my thoughts right now. In the mean time, I want to beg you not to disappear on us. If Chas Vesholom things aren't going well, then that's when you really need your friends. Don't listen to that mean old liar menuval, when he says "You can't post now, you just let them down". The exact opposite is true; the harder it's going, the more you need us -your loving friends. Please look out for a post from me in the next few days. **BE STRONG!!!! CHAZAK VEEMATZ!!!!**

{I have to change my mind about what I was going to post here. I'm going to, ly'h, post it elsewhere instead.}

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Re: my struggle for success

Posted by the.guard - 28 Jan 2009 17:42

The difference between a successful person and a failure is not that the successful person doesn't fall and the failure does. They BOTH fall again and again. But the successful person is the one who gets up again each time and resolves to do better next time and learn from his mistakes! Net, the fact you are posting here now means you are the **SUCCESSFUL TYPE**.

The first step to joining the holy GuardUrEyes community is to get the concept of "giving up" out of your lexicon. There is no such thing. These three sayings of Rebbe Nachman are our motto:

- 1) If you believe you can destroy, believe you can fix.
- 2) There is no such thing as Yiush in the world.
- 3) As long as the candle is lit, one can still fix.

So after the fall, where do we go from here? A fall doesn't just happen. There were various things that led to it. We need to make a careful accounting of where we went wrong and how we can prevent this from reoccurring. In this way, we take the falls and uplift it to Hashem. We use the falls themselves to get **STRONGER!**

Small Example: I know someone who was doing very well for a long time, but one day he came across a movie that he happened to open, unaware that it was not Kosher. But since he had already started watching it, he couldn't control himself and pull himself away, and before he knew it he had fallen. So what did he do? He make a vow for a year never to open any movie video file on any computer unless his wife checked it first and told him that it was Ok for him to see. In this way, he made a strong barrier for the future to assure that this wouldn't happen again. He had learned from his fall that once he had already opened the video file, he was too weak to pull away. But with the new fence in place, he wouldn't have to face the Yetzer Hara head on in the same way again.

Every fall has a reason, and for every reason there are barriers that one can make to be sure he doesn't have to fight the Yetzer Hara head-on again next time. If you know that certain things keep bringing you to fall, sit down and think what you can do to assure yourself that you don't have to face these same desires head-on again in the future. And if you can't think of a sure enough way on your own, post the details of your dilemma on the forum, and together we'll all help you think of ways. That's the power of this community!

We love you Net. Stick with us through thick and thin and you'll come out on top!

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