

my arrival story!

Posted by levite - 25 Oct 2009 13:59

i was thinking of calling it my jourbey but hey thr journey is all about arriving each day each minute ia another arrival!

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Re: my arrival story!

Posted by levite - 24 Dec 2009 12:23

thanx, trying, whats with mad doctor pic?

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Re: my arrival story!

Posted by imtrying25 - 24 Dec 2009 12:24

Read the siggy , mate.

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Re: my arrival story!

Posted by levite - 24 Dec 2009 12:27

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Re: my arrival story!

Posted by imtrying25 - 24 Dec 2009 12:29

[levite wrote on 24 Dec 2009 12:27:](#)

:D :D

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sorry, dont read **** language! :D

Re: my arrival story!

Posted by levite - 26 Dec 2009 21:47

hey a gitte voch pps

hows things? im great bh, day 30 for me.

my insp for the day. this piece was actually the first shtickeli learnt in luketei moharan it kept me going for a long time, i heard saying that dov says that shama is a big thing in the 12 steps, well now he has a mekor!

Lustful desires are man's main test in life: they are sent as a challenge to refine us. When you are subjected to this test it puts you in a kind of "exile". You should cry out to God: scream and cry out to Him over and over again, like a woman in labor who cries out from the pain of her contractions. Seventy times she cries out (Zohar III, 249b) . You must do likewise and cry out to God again and again until He takes pity and helps you to strengthen yourself and break your desire. New ideas and new perceptions will be born within you. Previously guarded secrets of Torah will now be unveiled for you. The greater your determination to with stand the trial, the greater the revelation you will receive in Torah and devotion to God. You will be able to see the seventy faces of the Torah.

The remedy for lustful desires is to say the words of the Shema, "Hear O Israel, HaShem our God, HaShem is One", together with the verse, "Blessed be the name of His glorious kingdom for ever and ever". The six Hebrew words of each of these two verses add up to twelve, corresponding to the twelve tribes of God. By saying these words you attach your soul to the twelve tribes and separate it from the "mixed multitude" that went up with the Children of Israel from Egypt (Tikkuney Zohar , Introduction) . The mixed multitude derives from the "harlot woman", the "evil maid". This is the source of lustful desire, which is the root of all bad character traits.

When a person merely has one stray thought of lust or desire, it is sufficient to recite these two verses. However, some people are constantly plagued with lustful desires and find they cannot

get rid of them. They must then bring themselves to tears when they take on the yoke of heaven: they should literally weep as they say the words "Hear O Israel" and "Blessed be the name of His glorious kingdom".

As soon as a person conquers his lustful desires he can easily control all his desires. This is why the remedy for sexual impurity is called the general remedy. The more a person distances himself from lust, the closer he comes to the radiance of Torah. The converse is also true. This explains why, before a person can receive a new revelation of Torah, he is first tested in the crucible of this craving. If he with stands the test and breaks his desire, it is like breaking the shell before partaking of the fruit, and he will be worthy to receive the revelation.

Likutey Moharan I, 36

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Re: my arrival story!

Posted by sci1977 - 26 Dec 2009 21:54

Keep up the good work!!!

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Re: my arrival story!

Posted by silentbattle - 27 Dec 2009 07:03

Wow...thank you!

And it's great to hear that you're doing well!

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Re: my arrival story!

Posted by Momo - 27 Dec 2009 08:18

YOU ARE SOMEBODY SPECIAL!!!

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Re: my arrival story!

Posted by Ano Nymous - 27 Dec 2009 09:09

Please READ and VOTE on this new poll I just created over here: rehab-my-site.com/guardureyes/forum/index.php?topic=1427.0

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Re: my arrival story!

Posted by levite - 27 Dec 2009 23:14

nderful and I think so much can be understood by internalizing this foundation.

Reb Nosson who was a learned fellow asked reb nachman, his rebbe a question "rebbe iv been offered a position as rav in a town, should I take it on?" to this reb nachman replied, "of course, my dear talmid", reb Nosson who knew what this position would mean to him, and how much time he would have to sacrifice for trivial work if he got the position, asked reb nachman again "bemes, rebbe, don't you think I should just focus on my own learning?", reb nachman again replied "my dear talmid, your time has come, you need to bring in parnosah for your family", reb Nosson did not give up and asked again "be'emes be'emes?" to this reb nachman replied "ah you want to know the real truth! No don't become a rav, instead focus on your learning even more"

Reb Nosson in his characteristic way builds from this shmuess that he had with his rebbe a whole derech in yiddishkeit, he explains there is emes, truth, and there is emeser emes, real truth, real truth is when all is taken into account, for truth without the whole picture can be false, as we will see soon. For there is a medrash that says so, the ribonoi shel oilam wanted to build a human, the Midas ha'ames rushed to him and said "ribonoi shel oilam don't you know that this human will sin?" but hashem threw him out and created the world, asks reb Nosson. The signature oh hkbh is emes, how could he throw it out? so he explains that this "emes" that showed itself up on that day was no emes it was sheker, for it had not taken teshuvah into account, it had not taken retzoinois "desires" into account, it was non other then sheker hiding behind a facade of emes!

With this he explains another episode in our history, Moshe rabbeinu was in heaven 40 days and 40 nights, Hashem said lech raid, "go down for your people have sinned" Moshe rabbeinu leaves with the luchos in his hand, he reaches the bottom of the mount, He breaks it! Why? If he

needed to break it why didn't he break it as soon as he descended? The answer is powerful, Moshe rabbeinu wanted to camp into the camp of Israel with the luchos in his hand and scream "gevald! Yidden! Look at yourselves! Can't you see on these luchos, onoichi! Loi yiyeh lecho!", but he didnt do that, do you know why? He knew that if he did that the yidden will be so broken they will give up on all thought of teshuvah. So he broke the emes, in order to connect to the real emes, the emes that there is always hope. So reb noon says one must remember, there is so many time when the ba'al hasheker, the yh hides behind emes and gives you his emes rhetoric, throw it away go for the emeser emes, the real truth! The truth that no matter what

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Re: my arrival story!

Posted by levite - 27 Dec 2009 23:15

hshem is with you and by you and next to you!

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Re: my arrival story!

Posted by imtrying25 - 28 Dec 2009 22:53

[levite wrote on 27 Dec 2009 23:15:](#)

hshem is with you and by you and next to you!

thanks levite for the words. Btw we missed you. :-\

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Re: my arrival story!

Posted by Dov - 28 Dec 2009 23:33

[levite wrote on 27 Dec 2009 23:15:](#)

hshem is with you and by you and next to you!

Levite - I love what you wrote from reb Nossan, zt"l and only hope that Hashem helps us and leads us in the way of the real emess today.

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Re: my arrival story!

Posted by levite - 29 Dec 2009 07:36

hey all! mah nishma? thanx dov, a compliment from you is something! trying i didnt know that it was happening! really, its a shame :-\, mind you was baby-sitting yesterday so it wouldnt have been easy, ne'er mind

ok, yesterday iwas this close to falling, mamesh this close i felt like i was going to pieces, bh i managed to keep clean and went the kosher version, (which im not sure is a soloution) but im still here by the skin of my neck day 33

il write more about it later, gotta go

ta la

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