

my arrival story!

Posted by levite - 25 Oct 2009 13:59

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i was thinking of calling it my jourbey but hey thr journey is all about arriving each day each minute ia another arrival!

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Re: my arrival story!

Posted by Noorah BAMram - 25 Oct 2009 14:39

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Welcome Welcome!

Best of wishes on "your arrival".

To your continues success a L'Chaim I raise

Noorah

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Re: my arrival story!

Posted by levite - 25 Oct 2009 17:07

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so... the first day today! its quite a novel idea to me, i dunno just the walking around thinking im an addict in a way its degrading but on the other hand i know it to be true, so its quite a great feeling knowing that its very possible that this nightmare is over and finally i might do what iv allways wanted! i iv done a lot of reading in the past 24 hours and did all the steps in the right way, so iyh i hope to keep post here and thanx noorah 4 posting!

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Re: my arrival story!

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Posted by bardichev - 25 Oct 2009 17:38

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bruuchim habaa\_im

read bardichevs battle

its a chizzuk

it takkes work

time

patience

and

most of all

resolve!!

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Re: my arrival story!

Posted by levite - 26 Oct 2009 13:46

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well i guess the time has come for me to tell my story and maybe someone will learn something from it. I will change some facts so as to feel that im protcting my anonimity, i am 25 married and living in bnei berak at the moment, very happily married and with kids boruch hashem. i was

born in manchester and was raised in a chassidish liberal style, i learnt english in school and was an avid reader i was spending alot of time in the public library that where i got my first sex ed, at thirteen i went babysitting for my fam and found the internet the first sit that i tried on the net was s## and i was immedialey hooked. i had found out about m relativley late and i knew well almost immediatlety that this what the seforim where talking about as being a great sin. i went into yeshiva at thirteen and had ups and downs with s issues allways bringing me down i felt inconsolable i knew on the one hand that there is no greater sin but on the other i could not stop myself i managed to bring it down but thats about it.

After the first year in yeshiva my progress went down and slowly i found myself on the outside boundries of the yeshiva being a loner by nature i spent hours in the parks hoping to see some shmutz. to be con

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Re: my arrival story!

Posted by bardichev - 26 Oct 2009 14:03

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LEVITE YOU SOUND LIKE THE REST OF US

I GUES THE YH USES THE SAME FORMAT IN MANCHESTER AS HE DOES IN USA

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Re: my arrival story!

Posted by G38 - 26 Oct 2009 16:48

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Some people always read the books last page first, they want to make sure the hero survives, and then they read the story.

By you coming here we know you won, now let's hear the story!

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Re: my arrival story!

Posted by levite - 26 Oct 2009 19:10

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all too true thanx you guys for posting anyway for day it was real great still that crazy feeling of  
am i really nuts! i can do this without the gye, but i know its just the old yeller come in this guise.  
i should have called a group today but didnt make it. Bh for so far

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Re: my arrival story!

Posted by Noorah BAmram - 27 Oct 2009 00:46

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[G38 wrote on 26 Oct 2009 16:48:](#)

Some people always read the books last page first, they want to make sure the hero survives,  
and then they read the story.

By you coming here we know you won, now let's hear the story!

This line " by you coming here we know you won" should be the opening part of the official  
GYE welcome!

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Re: my arrival story!

Posted by Noorah BAmram - 27 Oct 2009 00:51

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U'llevi umar ..... Ki shumru imrusechah ubrischah yintzoru.

Chazak Chazak V'nischaziek!

Your preserverance is a source of inspiration to all.

Love and respect to a hero warrior

Noorah

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Re: my arrival story!

Posted by levite - 27 Oct 2009 13:41

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day 2. so far boruch hashem it has been great! im feeling elated and fearfull at the sametime. you know iv been thinking i quit smoking on the allen carr method i wish someone would modify it for sa! it worked wonders for me and made it easy right from the beginning i havent smoked in almost two years! the main attitude there is to be happy from the first second that you are free! rabbi nachman said yesh inyan sjenishapech hakoil letoiveh which literally means that there is a way or mayb even a place in the heavenly spheres that everything we ever did is for the best! itys a very deep thought which keeps me going that maybe there is rhyme and reason above our squre minds?!

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Re: my arrival story!

Posted by the.guard - 27 Oct 2009 21:50

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Why don't you modify the allen car method for SA?

We're always looking for new tips and tricks!

Keep up the good work!

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Re: my arrival story!

Posted by levite - 27 Oct 2009 21:52

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lol maybe one day! truth is iim thinking about it!

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Re: my arrival story!

Posted by levite - 28 Oct 2009 21:59

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day four! bh had a good day! my attitude is becoming a bit lax so i need to srengthen myself in shmiras einaim, this id somthing i remember from reb nachmans works, he relates that when he wanted to break the tavoh of niof (lust) the yh told him il give in to any other fight in your life just let me win this battle and he answered " IL GIVE IN ANYTHING THAT YOU WANT BUT THERE IS NO WAY IM GIVING IN THIS BATTLE!"

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Re: my arrival story!

Posted by Giant Leap - 28 Oct 2009 22:29

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Hey Levite,

Good work on your progress so far. I haven't noticed anyone that replied to you ever mentioning the two GUE Handbooks and the 2 Chizuk email lists (Shmirat Eynaim and Chizuk). If you are

aware - great, time to implement them; if not, download them and keep 'em review them thoroughly.

Much blessings for your success.

Giant Leap.

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