

Giving it a go one day at a time

Posted by ysftw - 08 Apr 2015 15:20

Onto day 1, very excited. Looking forward!

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Re: Giving it a go one day at a time

Posted by serenity - 21 Apr 2015 02:43

I wouldn't be so sure that it's worse that the fall happened exactly as you predicted. Being aware of how we operate is probably important. What's more important is what you do now though, and it looks like you are doing the right thing! For me personally, with my fall or without my fall, I have never in my life (with one exception-year in Israel) had this many clean days. I actually make have more clean days in the past six months than I have in several years. So, I'm extremely grateful for those days!

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Re: Giving it a go one day at a time

Posted by yiraishamaim - 21 Apr 2015 04:12

And how about all the days that you have inspired others to achieve?

You have a lot more positive days in your cheshbon then you can even dream of.

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Re: Giving it a go one day at a time

Posted by ysftw - 21 Apr 2015 22:46

thank you so much both for your kind words!

It's funny how long it takes to get back to feeling how you were before the fall...actually living the life you believe in.

But a couple of days into my streak now. Happy.

Today was a good day, productivity seems to be the solution to Tayvah for me.

It's said that Rav Lichtenstein used literally every second of time to the best of his ability.

Devastatingly, with his passing some of this middah is now lost form the world. It seems appropriate to work to replace it!

Hope everyone else is staying strong, and thanks to those who reached out!

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Re: Giving it a go one day at a time
Posted by ysftw - 22 Apr 2015 08:38

Already onto the third clean day.

Time goes fast!

Very exciting.

I need to constantly be using this site to stay strong.

Looking forward to the Yom Hazikaron/Atzmaut services later

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Re: Giving it a go one day at a time
Posted by Palti-Yossef - 22 Apr 2015 11:49

You seem to drive your journey(s) very well, it's lightfull !

Thank you for such an energetic and positive attitude, it's very communicative to me !

Waiting good news from you !

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Re: Giving it a go one day at a time
Posted by ysftw - 22 Apr 2015 13:10

Good!

And you're streak really is an inspiration...keep it up!

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Re: Giving it a go one day at a time
Posted by ysftw - 23 Apr 2015 08:59

Onto the fourth day.

Yom Haatzmaut!!!

What inspirational services.

Very jealous of everyone in Eretz Yisrael right.

Hatzlacha to everyone for their struggles today

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Re: Giving it a go one day at a time
Posted by ysftw - 24 Apr 2015 12:09

Fifth day...the grind continues

still havent fallen which is great but I do need to work harder on putting myself in positions where I will fall.

That's the next challenge.

Anyway shabbat shalom to all!

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Re: Giving it a go one day at a time
Posted by Palti-Yossef - 24 Apr 2015 12:32

Amazing !

Each day is a brakha min hashamayim !

You're doing great !

Go on your way we are all with you !

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Re: Giving it a go one day at a time
Posted by ysftw - 26 Apr 2015 01:27

everything's the same as in my last post

I hope this counts as growth!

Grrrhhh

Anyway still going strong

Lo Taturu Acharei Levavechem Ve acharei eynechem!

Gut voch

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Gut Shabbes

Re: Giving it a go one day at a time

Posted by serenity - 26 Apr 2015 01:58

I found that things count for what I want them to count for.

Hatzlacha!

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Re: Giving it a go one day at a time

Posted by dd - 27 Apr 2015 09:23

Hi Ysftw!!!

Keep up the good work and keep on posting.

Your a true inspiration for all of us here.

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Re: Giving it a go one day at a time

Posted by ysftw - 30 Apr 2015 00:10

NO DD, You are an inspiration! seriously 80 days is like a dream to me.

So...firstly I'm going to admit I'm more of an addict than I thought I was.

Secondly I finally understand the importance of shmirat einyayim, even from days before images in your mind can get you when your guard is down.

Thirdly it's weird how completely I fall when I fall.

Anyway, so for now I'm going to be much more dedicated to this website and it's facilities. I'm going to work on making sure I'm persaonlly growing on a regular basis. Have weekly checks on this.

And now I'm back up and running and ready for EACH DAY AT A TIME!

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Re: Giving it a go one day at a time
Posted by Palti-Yossef - 30 Apr 2015 07:55

You seem to have learnt a lot about you during these few days !

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Happy to see the lion is back !