

MY STORY...

Posted by Sasha 2 - 07 Apr 2015 21:28

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I feel that it would help to share my basic story & hear what everyone has to say.

My story: when i was abt sixteen i once masturbated (More or less by mistake) im not sure but i think it was just that good feeling that pushed me to do it more and more and more! At one point in yeshiva there was someone who always spoke unclean and caused me to check out some sites (Porn etc...) when i got internet, and that got me hooked, there was nothing to do to stop it! (Even 6 years l8r!!!!) i just felt this need to masturbate with the porn, at one point in yeshiva without internet access i tried phone sex in place of the porn! All this warped my mind and i used to see people and think, wow they have a nice \_\_\_\_ etc. It drove me insane that i cant see normal things even like people around me, and cant think straight anymore!!

What does everyone think, is this just the enjoyment that caused this (like i think) or some underlying factor that i dont realize?

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Re: MY STORY...

Posted by inastruggle - 06 May 2016 00:25

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Don't get over confident. Look at the 90 day chart and see how many people there are who's longest streak is way longer than yours and are now clean for less time than you. I fell after being clean for over 400 days.

Think about the amount of time you've been falling (over 6 years) and think about how many 90 days that was (over 24 times). a three digit number sounds like a lot of days but its a little over a measly three months. You don't get immune in three months (or ever but that's beside the point).

If you think it wise then try focusing a bit more on other pursuits and keep being clean as more of a background thing. I don't think you should until at least six month or so but you know yourself better.

Keep up the great work!

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Re: MY STORY...

Posted by realsimcha - 06 May 2016 05:30

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[Sasha 2 wrote on 05 May 2016 17:51:](#)

Now that im past 90 day, I'm finding that its getting harder for me (somewhat).

I find that I'm forgetting how it killed my life and destroyed me!

In a way i feel i can view something and it wont hurt me because I am already immune!!!!

any advice?

Read your thread. Hatzlacha!

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Re: MY STORY...

Posted by OTR - 18 May 2016 18:32

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Re: MY STORY...

Posted by Sasha 2 - 30 May 2016 00:47

Hey Sasha just checking in.. Hope you are doing well!

Hi everyone!!

I am doing great and i would like to post about myself but i dont have access here in yeshiva!

I will B'ezras Hashem post one of these days

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Re: MY STORY...

Posted by markz - 30 May 2016 01:14

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Phew I was worried the Russian military613 secret agent 9494 got you

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Re: MY STORY...

Posted by Gevura Shebyesod - 30 May 2016 04:04

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9494 seems to be leading a training mission these days...

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Re: MY STORY...

Posted by OTR - 03 Jul 2016 20:05

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THat is awesome Sasha keep it up!

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Re: MY STORY...

Posted by Sasha 2 - 12 Jul 2016 17:31

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I FELL!!!!!!!!!!!!!!!!!!!!!!

I cant believe it, after being so far!!!

I think the reason is because i dont have access online...

Staying in isolation!

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Re: MY STORY...

Posted by Sasha 2 - 12 Jul 2016 17:34

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I am soooooo Down!!!!

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Re: MY STORY...

Posted by doingtshuva - 12 Jul 2016 18:33

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[Sasha 2 wrote on 12 Jul 2016 17:31:](#)

I FELL!!!!!!!!!!!!!!!!!!!!!!

I cant believe it, after being so far!!!

I think the reason is because i dont have access online...

Staying in isolation!

Sad to hear,

would you mind to share a bit more?

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Re: MY STORY...

Posted by Markz - 12 Jul 2016 18:36

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Sasha Sad to hear :-(

FellShmellKeepOnTRUCKING with all your local Fell'ers, cos we all fell once in a while

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Re: MY STORY...

Posted by Gevura Shebyesod - 12 Jul 2016 18:56

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How long was it since the last time? And how does that compare to the way it used to be?

Don't be so down, you're on the right road. Now get back on the truck!

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Re: MY STORY...

Posted by gibbor120 - 12 Jul 2016 21:09

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. Keep on Truckin'. You can learn from the past, but you can't afford to worry about it.

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Re: MY STORY...

Posted by Mesayin - 12 Jul 2016 21:59

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[Sasha 2 wrote on 12 Jul 2016 17:31:](#)

Sorry to hear

I cant believe it, after being so far!!!

That's what we all say, but it is reality, we all fall, it's all about dusting ourselves off and moving on.

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