

Lomed's Thread

Posted by lomed - 25 Feb 2015 16:44

I am starting the 90 days. I hope to be bezras hashem this year in miron for lag beomer. although I don't feel much will power now to overcome this struggle, I decided to start a 90 day journey to try to get clean. I will need much chizuk. but even one day is worth. I hope in zchus of the rashb"ee I will get closer to become clean.

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Re: Lomed's Thread

Posted by Markz - 05 Sep 2016 02:10

Lomed - Wow!!!

You surfaced in today's email

Amazing stuff!!

SG I was also wondering where Lomed dissapeared to

Here goes

["Recovery Story"](#)

By Lomed

First, I want to thank you for this wonderful site. I have no words for you how this site saved my life. B'chasdei hashem, I am sober since I started the 90 days, which is almost a year and a half ago. This is a great miracle, and I am very grateful to Hashem for this site and to Dov and to a few guys on GYE that were very helpful in the beginning of my journey.

However, after becoming sober I had terrible withdrawal symptoms. I went for consultation to Steven Friedman from Monsey. I followed his advice to start going to SA meetings. B"H, in my town there is a very strong heimisher Fellowship. I am in SA for the past 7 months. B"H, I am doing fine and at step 9 of the 12 steps. I have a good sponsor and made many wonderful friends that understand me, with whom I can share in a safe way.

My life had a big turnaround in the last year in a positive way. And thank you Hashem for this wonderful gift"

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Re: Lomed's Thread
Posted by lomed - 05 Sep 2016 16:09

Hi all,,

Just toughing Base. Thank you Hashem that I am sober for 558 days (just updated my chart). This is a miracle. I would of sworn to you that this can never Happen. It is tough for me to be here on the forum as i am compulsive and its like another escape. This has deterred me from work to much.

However I am safe, to say that B"H i am in Sa and among fellow lovely friends that we support each other and work the steps.

Thank you all here on GYE that helped take the first steps.

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Re: Lomed's Thread
Posted by lomed - 16 Jan 2017 18:05

Hi all,

I didn't post for a long time. I am currently in SA since 1/24/16. Was sober since 2/25/15. It is painful to share that I lost my sobriety Sunday early morning after 690 sober days. I am grateful that Hashem gave me since then my first 24 hours. and ask Hashem to give me one more day.

thanks for letting me share.

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Re: Lomed's Thread

Posted by Markz - 16 Jan 2017 18:08

[lomed wrote:](#)

Hi all,

I didn't post for a long time. I am currently in SA since 1/24/16. Was sober since 2/25/15. It is painful to share that I lost my sobriety Sunday early morning after 690 sober days. I am grateful that Hashem gave me since then my first 24 hours. and ask Hashem to give me one more day.

thanks for letting me share.

We love you brother

And I do too :-)

FSKOT!!!!

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Re: Lomed's Thread
Posted by Singularity - 17 Jan 2017 08:26

[Markz wrote on 16 Jan 2017 18:08:](#)

[lomed wrote:](#)

Hi all,

I didn't post for a long time. I am currently in SA since 1/24/16. Was sober since 2/25/15. It is painful to share that I lost my sobriety Sunday early morning after 690 sober days. I am grateful that Hashem gave me since then my first 24 hours. and ask Hashem to give me one more day.

thanks for letting me share.

We love you brother

And I do too :-)

FSKOT!!!!

Here's to another Two years!! 24 Hours!!! Keep shining!!

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Re: Lomed's Thread
Posted by Shlomo24 - 17 Jan 2017 16:53

That's hard to share. I am sorry that it happened, it makes me feel sad. You're in SA, you're in a good place.

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Re: Lomed's Thread
Posted by Hashem Help Me - 18 Jan 2017 05:27

You're going to be ok brother! You have been my inspiration and will continue to be. Like you keep advising me : remember one day at a time

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Re: Lomed's Thread
Posted by lomed - 18 Jan 2017 21:14

Hi,

BH i am sober for 3 days, and trucking through this painful time. Although I am in pain, I am grateful that Hashem has showed me so much love and support through many ways. This is a healing process and a journey. May Hashe grant us all a sober clean day.

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Re: Lomed's Thread
Posted by Hashem Help Me - 18 Jan 2017 22:35

That's great! Not giving up and with Hashem's help plowing ahead! Three is a chazaka! Stay with us.

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Re: Lomed's Thread
Posted by cordnoy - 19 Jan 2017 01:16

[lomed wrote on 18 Jan 2017 21:14:](#)

Hi,

Although I am in pain, I am grateful that Hashem has showed me so much love and support through many ways.

The ???? I can relate to; the ???? I struggle with (sadly).

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Re: Lomed's Thread
Posted by lomed - 26 Jan 2017 17:51

Hi all,

i am grateful to be sober since my relapse. This is a miracle of Hashem. I am asking from Hashem to keep me sober another day.

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Re: Lomed's Thread
Posted by Markz - 26 Jan 2017 17:56

[lomed wrote on 26 Jan 2017 17:51:](#)

Hi all,

i am grateful to be sober since my relapse. This is a miracle of Hashem. I am asking from Hashem to keep me sober another day.

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Re: Lomed's Thread

Posted by cordnoy - 26 Jan 2017 18:19

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Re: Lomed's Thread

Posted by GrowStrong - 26 Jan 2017 18:24

You going to let it out on the gimmel also?

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