

Joining the chevra here

Posted by SimchaSong - 25 Feb 2015 14:40

Hi everyone, I'm following the advice of GYE. It's telling me to try the 90 day challenge and in the past if I've "listened" to my computer when it's wanted me to journey into the craziness that is

My short story is that I work within the Jewish music world. I am BH married to a wife who is WAY better than me and K"H have children who make me feel that becoming a better person will be extremely worth it in the long run.

Originally I didn't want to "officially" join GYE as a member, let alone do the 90 day challenge the internet, why not listen to it when it tells me to do something that's actually good for me and post on the forum because I feel if I'm committing to it then I'm stuck with it, but I've come to the conclusion that it's a smart move at this point. Because I've BH been through all sorts of craziness in my life and have hung with many different circles which I feel have properly prepared me for how the world is. Although I try to avoid stereotyping when I can to give you an idea I grew up more modern orthodox (where having girls come over wasn't too frowned upon), then I went to a yeshivish black-hat yeshiva (yeah I'm not sure exactly how that happened either, my current rebbi is a Chossid, and I've been learning through Likutei Moharan along with other Breslov seforim recently. I firmly believe that one of the things holding Klal Yisroel back (as if I'm one to speak) is the lack of people who realize that "Harbei Drachim Lamakom" is a reality

Assuming people here are actually interested in my progress throughout the 90 days I will do my best to document it here. Looking forward to hopefully seeing you all on the other side!

Another reason for being nervous to join is I have told myself that my issue with looking isn't as bad as other peoples and therefore I may not "need" something like GYE. I am doing my best to bite the bullet and be an active (or semi-active) member of the site here. I find that my biggest issue is not with looking at porn limaysa (although through the years I've definitely searched and watched more than my fair share), these days I find that a lot of my challenge is what's called soft-core porn (meaning inappropriate scenes in movies, unznus pictures etc.) as well as looking at the women in my workplace or the women at the simcha's that I play music or sing at. I decided about 2 days ago to make a conscious effort going forward to control my eyes and BH it's been going fairly well. Last night my Rebbi (the Chossid) made a chasuna that I went to and although there were more than enough women there who were "dressed up" for the chasuna and as a result easy picking for me to look at, I BH didn't do any gazing. Interestingly enough when I left the chasuna with my wife she mentioned that at one point when she was ready to leave she tried to get my attention from the side of the mechitza and she was ultimately happy

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that she didn't get it because that means I wasn't looking at the end of the mechitza where women watching the men dance can be seen. I was extremely thankful that I had control because I would think it would be very hard for her to catch me gazing at someone else. While she knows I am making a conscious effort, I know that she doesn't 100% understand the tayva to look at women, and therefore I think it would be taken harder by her than by someone who might have more of an understanding (like a male friend might understand)

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