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On the road Posted by Gimpel123456789 - 23 Dec 2014 04:41
I am very excited to begin the 90 day program I believe that I did my first day but just to make sure what is considered a clean day
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Re: On the road Posted by dms1234 - 23 Dec 2014 08:48
WELCOME!
Check out the GYE Handbook and Skep's tips
Make sure to take it one day at a time!
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Re: On the road Posted by serenity - 23 Dec 2014 09:38
Glad to hear you are taking that step! The definition for clean days is under the "how it works" tab above the 90 day chart. Here is the link guardyoureyes.com/90-days-chart/rules
Hatzlacha!
====
Re: On the road Posted by Gimpel123456789 - 24 Dec 2014 12:31

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Thanks for the answer serenity, another quick question i was approved for chat yesterday but although on my phone there is a chat tab when i press on it it just gives me instructions on how to chat but no where to chat, on my computer it does give me a place to chat are you able to chat on a mobile device?
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Re: On the road Posted by cordnoy - 24 Dec 2014 18:46
Currently, GYE does not work well on a mobile device.
Michlal lav atah shomea hein?
====
Re: On the road Posted by ineedchizuk - 24 Dec 2014 19:08
Shalom aleichem, Gimpel!
A not too great workaround is to click 'desktop view' in your mobile browser.
Hatzlacha on your journey!
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Re: On the road Posted by yidtryingharder - 24 Dec 2014 19:29
if you go to the gye in the center of the main screen then click on chatrooms it works halfway decent

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Re: On the road Posted by serenity - 25 Dec 2014 02:44	
Unless I am mistaken, I don't see people using the chat rooms. I see people communicating the forums and in private messages.	in
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Re: On the road Posted by Bigmoish - 25 Dec 2014 09:57	
Have you reached out to anyone? I think most people chat one on one instead of in chat roo Sometimes you want to be a little more open with someone, but you don't necessarily want i broadcasted to the general public. Hatzlocha	
====	:==
Re: On the road Posted by serenity - 25 Dec 2014 19:13	
Thanks for clarifying that point for Gimpel. When I first came here, I kept checking the chat rooms and nothing was going on. I thought something was wrong on my end. Eventually I realized people were chatting one on one, as you say, by clicking on the "who's Online" butto The one on one chatting is different from private messaging that I mentioned in error.	on.
====	:==
Re: On the road Posted by Gimpel123456789 - 27 Dec 2014 05:12	
Just want to know what is the karma thing under everyone's names on the forums and how of you get it.	ok
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their karma.

Generated: 22 August, 2025, 06:14

==== Re: On the road Posted by cordnoy - 28 Dec 2014 05:18 The amount of pushups and squats you need to do for every slip. ==== Re: On the road Posted by ineedchizuk - 29 Dec 2014 05:06 It's given to you by others who appreciate you. You can give it to others that you appreciate (like, say, Cordnoy) by clicking the plus next to their karma. ==== Re: On the road Posted by shomer bro - 29 Dec 2014 05:18 What makes it different from the thank you option? Aside from the bragging rights of having a Re: On the road Posted by cordnoy - 29 Dec 2014 05:24 ineedchizuk wrote: It's given to you by others who appreciate you. You can give it to others that you appreciate (like, say, Cordnoy) by clicking the plus next to

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I'm still on the floor pantin' from the last set of sit-ups.