

Trying again

Posted by ich bin zainer - 30 Nov 2014 05:24

I have not posted in a long time.I gave up on myself but am going to try again.For the first time in a long time I actually fought my desires and didnt masturbate.Today I also didnt do shichzal(short for shivchas zerah levatala).

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Re: Trying again

Posted by cordnoy - 30 Nov 2014 07:08

Welcome back.

It's good to see you again, although I'm sorry to hear about your struggles.

Good to hear about today.

What have you been doin' to recover?

By the way, what are the two things you mentioned? Aren't they one and the same?

b'hatzlachah

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Re: Trying again

Posted by Watson - 30 Nov 2014 14:31

Welcome back.

If you follow the same path you end up at the same place. What are you planning to do differently this time?

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Re: Trying again
Posted by dms1234 - 01 Dec 2014 04:51

WELCOME BACK!

Perhaps refresh yourself with the [GYE Handbook](#) and [Skep's tips](#)

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Re: Trying again
Posted by lavi - 01 Dec 2014 11:26

[ich bin zainer wrote:](#)

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hello and welcome back.

wishing you booha (short for bracha v'hatzlacha)

by the way, i was wondering who is the Master, who you belong to? [Zainer???

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