bein hazaminim!!!battling to grow Posted by bsimcha - 06 Oct 2014 09:11

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first time opening up somewhat and writing.i cant believe it was possible for me to get to this level of 40+ days.after years of struggling...yet on the other hand its extremely difficult .the past few weeks i was in yeshiva and was able to stay strong especially during elul,but now its bein hazmanim! already from motzie yom kippur when i came home i saw on the counter a ipad with a iphone sitting there waiting for me to fall....i keep talking to tatte in heaven begging for s"d.but i know its a journey of growth...so as i sit here tonight fighting the battle i find find major chizuk from all the others that where given the same nosoyan and FIGHTING BACK.may we stay strong and keep getting higher

p.s. a major shoutout to gye inever would had made it here without this organization
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Re: bein hazaminim!!!battling to grow Posted by mitzvaman613 - 06 Oct 2014 12:56
Also having the struggle during bein hazmanim.
Keep strong!
Make sure you aren't just part of yeshiva, the yeshiva is part of you.
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Re: bein hazaminim!!!battling to grow Posted by reallygettingthere - 07 Oct 2014 00:39
9494 wrote:
Just learn the whole time? whats the problem?

You are lucky. You have a chevra here that will be here for you. 17 years ago bein hazmanim I

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would go learn with my chavrusa in the morning and then watch porn the rest of the day (and night). I felt like crappy crap (the worst kind).

I don't think 9494 is telling you that if you learn your desire for porn and lust will go away. It's just harder to watch porn in the beis medrash
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Re: bein hazaminim!!!battling to grow Posted by Pidaini - 07 Oct 2014 00:56
Welcome to GYE!!
What have you been doing until now to stay clean?
How long have you been struggling?
Keep on Posting!!
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Re: bein hazaminim!!!battling to grow Posted by Helpmrstop22 - 07 Oct 2014 10:18
Welcome!
Bein hazmanim is the hardest for me.
One day at a time

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we all need structure and a schedule.

that is key for us.

b'hatzlachah