

Abe68 is back on track - hopefully forever

Posted by abe68 - 27 Aug 2014 00:02

After i had success here for a while I had terrible falls, a lot of falls, today is Rosh Chodish elul, i need to get back on track.

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please please please, I need your chizuck!

HELP

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Re: Abe68 is back on track - hopefully forever

Posted by abe68 - 04 Sep 2014 18:36

2 more days clean, help me hashem!

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Re: Abe68 is back on track - hopefully forever

Posted by cordnoy - 04 Sep 2014 19:24

He will help those who help themselves, and it sounds like you're doin' just that, so make sure you say that prayer in your prayers.

Warning: Spoiler!

b'hatzlachah

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Re: Abe68 is back on track - hopefully forever
Posted by abe68 - 08 Sep 2014 18:24

I am at 13 now, BH

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Re: Abe68 is back on track - hopefully forever
Posted by unanumun - 10 Sep 2014 00:26

mazel tov on the bar mitzvah days,

can you share with us what has been helping you the last two weeks?

How has your life been different?

Are you living or white knuckling?

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Re: Abe68 is back on track - hopefully forever
Posted by abe68 - 10 Sep 2014 05:05

What helped is the idea that I am not willing to fall, but I know I need help, otherwise i can fall again rch"l.

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Re: Abe68 is back on track - hopefully forever

Posted by Pidaini - 11 Sep 2014 16:19

So what help are you getting?

Don't be a stranger, tell us more!!

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Re: Abe68 is back on track - hopefully forever
Posted by abe68 - 02 Feb 2015 02:18

I am back, I hope forever!

Help my Hashem to keep it up!

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Re: Abe68 is back on track - hopefully forever
Posted by dd - 15 Feb 2015 07:31

So are you back or not?

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Re: Abe68 is back on track - hopefully forever
Posted by cordnoy - 15 Feb 2015 17:42

[dd wrote:](#)

So are you back or not?

Ditto

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Re: Abe68 is back on track - hopefully forever
Posted by abe68 - 23 Feb 2015 22:20

I am here back but I cannot view my 90 days chart I dono why

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Re: Abe68 is back on track - hopefully forever
Posted by cordnoy - 24 Feb 2015 00:05

you might need to update it first; or perhaps, you're on the WOH.

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Re: Abe68 is back on track - hopefully forever
Posted by abe68 - 24 Feb 2015 16:25

I cannot view the WOH as well, and i am not there yet

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Re: Abe68 is back on track - hopefully forever
Posted by Shmeichel - 24 Feb 2015 16:41

i am so happy to see you back

so how is the truck ride going?

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Re: Abe68 is back on track - hopefully forever

Posted by abe68 - 26 Feb 2015 17:11

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i passed the 40 day mark, please hashem, please pleas give me the koech to keep going.

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