

Jwtrplet3s Ups and Downs

Posted by jwtrplet3 - 14 Aug 2014 00:51

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Hey! I posted my story on the SSA forum but I recently started the 90-day journey and I am at 30 days.

My fetish was starting to control my life so I wanted to try to stop, both putting on things and searching online. Its hard because this stuff is rampant daily and its hard to keep my eyes to myself. I stayed on GYE daily and chatted excessively to help my goal and keep myself occupied. However, this led to my downfall because my chats became a little too graphic when I explained my tayvah leading me to get kicked off gye chatroom. It was hard for me to deal with feeling alone and tried to reach out to others on gmail. However, one guy I reached out to, who seemed very helpful, just helped feed both our tayvos with chat and we had to block each other in the end of the day since our tayvos were rising.

I have BH not put anything on (except with my wife with tashmish) and have pretty much not searched (once or twice I got onto a website but quickly turned it off).

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Re: Jwtrplet3s Ups and Downs

Posted by cordnoy - 14 Aug 2014 01:01

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Continued hatzlachah.

The oilam will know you better when you stay with one thread or two.

Keep the updates comin'.

thanks

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Re: Jwtrplet3s Ups and Downs

Posted by lavi - 14 Aug 2014 01:14

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hi friend

I think highly of you for trying again to post.

and we all make mistakes, the question is can we learn from them what to avoid, keep on posting.

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Re: Jwtrplet3s Ups and Downs

Posted by ineedchizuk - 14 Aug 2014 15:08

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Thanks for inspiring me through your persistence to recover.

Keep posting, especially that it seems less triggering for you than private conversation with another guy.

May Hashem be with you, Jay Dubya!

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Re: Jwtrplet3s Ups and Downs

Posted by jwtrplet3 - 14 Aug 2014 22:05

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Im struggling so much right now....im under so much stress so i feel the anxiety and sexual tension coming. Hirhurim are rampant right now.

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Re: Jwtrplet3s Ups and Downs

Posted by cordnoy - 14 Aug 2014 22:34

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Sounds like you may be focusin' on them a bit too much.

Perhaps.

Try livin' for the next five or ten minutes without 'em.

Can you do that?

For yourself.

b'hatzlachah

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Re: Jwtrplet3s Ups and Downs

Posted by jwtrplet3 - 20 Aug 2014 01:25

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I almost fell big time today. I walked in macys in underwear store and then went to dicks sporting goods to the speedo section and was picking one to try on. BH I left and stopped myself.

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Re: Jwtrplet3s Ups and Downs

Posted by dd - 20 Aug 2014 06:40

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[jwtrplet3 wrote:](#)

BH I left and stopped myself.

GEVALDIG!!! keep up the good work!!!

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Re: Jwtrplet3s Ups and Downs

Posted by jwtrplet3 - 20 Aug 2014 15:49

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Not really....i deliberately went in there I can't even buy underwear in target without an issue BH  
I didn't do anything but still I went out of my way to look

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Re: Jwtrplet3s Ups and Downs

Posted by cordnoy - 20 Aug 2014 16:45

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The end results are good to hear as well.

We are lookin' forward to hearin' actions that you have taken to avoid the desire.

In the 12-step process, we accept the fact that we have these desires; it is what happens  
immediately afterwards that are the tools of our trade.

b'hatzlachah

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Re: Jwtrplet3s Ups and Downs

Posted by jwtrplet3 - 27 Aug 2014 01:00

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Well...it was a matter of time before it happenned

I searched for my haircut fetish online and found pictures.

Im assuming that meets the definition of falling.

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Re: Jwtrplet3s Ups and Downs

Posted by cordnoy - 27 Aug 2014 01:05

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no.....and try rewritin' that post please with one word omitted.

thanks

b'hatzlachah

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Re: Jwtrplet3s Ups and Downs

Posted by jwtrplet3 - 27 Aug 2014 01:09

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Im sorry-what word? Was i too explicit?

What meets the definition of falling then? BH i do not mb

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Re: Jwtrplet3s Ups and Downs

Posted by cordnoy - 27 Aug 2014 01:17

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Nothin' to be sorry about.

it was somethin' we chatted about.

This should be done in an email or a pm, but meanwhile..... which word can you omit that would still say the same thing to us?

my email again is: [thenewme613@hotmail.com](mailto:thenewme613@hotmail.com)

Regardin' a fall, there has been tens of discussions on this.

My opinion, which is not necessarily accordin' to the rules, is that you should set yourself a line that you dare not cross. For many, it is masturbation; for others, it may be viewin' porn; for even others, it might be clickin' on a non-tzniusdike picture.

GYE's rules are not like this, and if you're followin' those, then fine...look at the rules.

that's just my take.

b'hatzlachah

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Re: Jwtrplet3s Ups and Downs

Posted by jwtrplet3 - 27 Aug 2014 01:22

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I hear u but I guess i did cross the line by looking at non-tzniusdik pics (according to my standards)

I just dnt know if i should click the fall button or not

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