

90 day journey

Posted by max100 - 13 Aug 2014 00:03

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i finally made it to 90 days of being clean.during my climb i had some parts that i almost fell but i caught myself.although i noticed something strange.about every 8 to 10 days i saw ker.i usually went to the mikva the next day.i was just wondering if this was a normal occurence?

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Re: 90 day journey

Posted by cordnoy - 13 Aug 2014 00:08

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Welcome!

Great news!

don't be a stranger.

Regardin' your question, everthin' around here is normal.

Continued hatzlachah

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Re: 90 day journey

Posted by dd - 13 Aug 2014 00:19

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WELCOME MAX!!!!

join the club, its great to have you here!!!

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Re: 90 day journey  
Posted by Bigmoish - 13 Aug 2014 01:20

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Welcome!

How did you do it? I would not have made it to day 3 without posting and breaking out of isolation!

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Re: 90 day journey  
Posted by lavi - 13 Aug 2014 01:48

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welcome max.

about your question.

seeing keri is a important issue to discuss, although I not sure where and when.

two points,

a lot of seforim speak about this issue in a very negative light, I have heard from my rebeim that what has been said for one generation on this topic is not necessarily true for our generation.

there is in sefer alei shur, a clear definition of when one should be concerned about keri (chelek aleph shalosh michtavim), and one point that I feel is important to stress, that there are many times that one should not pay any attention to a keri.

this is if your question is about the religious aspect.

and as far as what is normal, in regards to addiction, I feel that if you elaborate on your question, we will understand what is bothering you.

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Re: 90 day journey

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Posted by dms1234 - 13 Aug 2014 03:09

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Welcome! Lets go for another 90!

I want to be blunt: were you actually recovering from your problems or were you just a dry drunk and whiteknuckling? if you aren't an addict, this question doesnt apply.

Anyhow, Good work and KOT!

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