

Bigmoish's path to tahara

Posted by Bigmoish - 29 Jul 2014 23:01

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I just posted my story in the "introduce yourself" forum. It feels like a weight off my shoulders already, but I hope I can really do this.

I already woke up this morning with the YH in my head, but I managed to brush it off and go

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Re: Bigmoish's path to tahara

Posted by Pidaini - 13 Aug 2014 21:08

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That is only allowed in the practical kabbalah thread!!!

daven.

Don't mess up the site zemmy!!!

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Re: Bigmoish's path to tahara

Posted by Bigmoish - 13 Aug 2014 22:22

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"Oh, great altar of passive entertainment, bestow upon me thy discordant images at such speed as to render linear thought impossible!" - Calvin, praying to TV

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Re: Bigmoish's path to tahara

Posted by ZemirosShabbos - 13 Aug 2014 23:08

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Re: Bigmoish's path to tahara  
Posted by lavi - 13 Aug 2014 23:56

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ok folks, b'reshus.

in perek 1, posuk 18, it says

V'taireh ki misametzes...see posuk..

poshut p'shat is that naomi saw that rus really trying to staying with her, so she stopped trying to persuade her not to follow her.

says the gaon, what naomi really saw was that rus was having a real struggle with herself and she succeeded. that means it was a fight inside her, and the "imutz" was

a sign of struggle and victory. but, says the gaon, if rus just would have followed without a struggle, it not yet a sign that she is following for the right reasons.

the koach to do something good, with a lot of enthuiasam, normally doesn't come from the good side, rather it is a disguised baddie.

but since she struggled in the decision, it was a sign of a good choice. ad kan.

please, don't get me wrong, and think i use the rule all the time in everything i do, but i have found it to work sometimes in decision making.

i don't know if this rule applies to everyone or in every circumstance, but i just mentioned it because i was asked.

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Re: Bigmoish's path to tahara  
Posted by Bigmoish - 14 Aug 2014 18:03

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Hmmm, Expert Boarder. It's got a nice ring. I've never really been an expert at anything before, so I'll take it. Just gonna put this sign on my desk, "Big Moish, E.B." Sweet.

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Re: Bigmoish's path to tahara

Posted by Bigmoish - 18 Aug 2014 19:31

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I had a fall on motzo'ei shabbos and been feeling down. I just don't think I feel that "life or death" urgency that I know is required to stay clean. I felt it 3 weeks ago, and I still know that if I don't buckle down, my marriage and my life will be miserable, but it's getting harder to internalize for some reason.

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Re: Bigmoish's path to tahara

Posted by cordnoy - 18 Aug 2014 19:45

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Awareness of the unmanageability of our lives was not apparent to us at first. But as we recovered from shock and spiritual blindness, we began to see how we were unable to function without lust, negative attitudes, and dependencies holding our lives together. Reaching the point of utter despair did not always come right away; it came to some of us only after we had been in the fellowship for awhile. The full effect of Step One seems to come gradually or in stages, with the unfolding realization of our unsoundness. It is out of this inner honesty with ourselves that the feelings of hope and forgiveness flow.

We were free to see and admit what we really were inside because we were finally free from having to act out what we were.

How long and how cleverly we had defended our right to wrong ourselves and others, and how long we denied there was any wrong at all! But every wrong attitude and act stored up its own punishment against us from within, until finally, the cumulative weight of our wrongs brought us to our knees.

### The Third Option

Before finally giving up, we had tried one or the other of two options: On the one hand, we expressed our obsession by acting it out. On the other hand, we tried suppressing it by drinking, drugging, eating, or by fighting it with white knuckle willpower. And with what a show of promises and resolutions! Many of us switched from acting out to suppression, back and forth.

Neither option brought us the peace we sought so desperately. Expressing the obsession made it progress relentlessly, on and on, and suppressing it only made the pressure build inside until something had to give. Both options made it worse; we were between a rock and a hard place. We never knew there was another option-surrender. What a beautiful liberating word it has become to those of us who do it!

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Re: Bigmoish's path to tahara

Posted by ineedchizuk - 18 Aug 2014 19:46

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Re: Bigmoish's path to tahara

Posted by Bigmoish - 18 Aug 2014 20:12

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[cordnoy wrote:](#)

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I guess my difficulty is in this point. What if I go my whole life without "reaching the point of utter despair?" I thought I was there, but now I'm pretty sure I'm not.

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Re: Bigmoish's path to tahara

Posted by cordnoy - 18 Aug 2014 21:02

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There are other reasons to change as well.

It happens to be that this was my impetus (at least the first two times).

b'hatzlachah

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Re: Bigmoish's path to tahara  
Posted by dd - 19 Aug 2014 04:59

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Hi Moishe!!!

we cant always have that feeling of life and death, if we would must guys here would read the info and never really have to come back here again, like everything in life and ruchnius for sure we can't always feel that feeling we had when we started,

so in other words this is life and thats why we are all here,

keep on posting and smiling from ear to ear that you made it to the site and there is hope (really),

KOMT!!!

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Re: Bigmoish's path to tahara  
Posted by Bigmoish - 19 Aug 2014 19:26

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Thanks for all your support. Time to get back on the truck.

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Re: Bigmoish's path to tahara  
Posted by cordnoy - 19 Aug 2014 20:22

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Come along...we're ridin', ridin' ridin'...on the....tr....ain?

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Re: Bigmoish's path to tahara

Posted by Bigmoish - 19 Aug 2014 21:17

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Hopefully a more successful ride than this one...

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