Bigmoish's path to tahara Posted by Bigmoish - 29 Jul 2014 23:01

I just posted my story in the "introduce yourself" forum. It feels like a weight off my shoulders already, but I hope I can really do this.

I already woke up this morning with the YH in my head, but I managed to brush it off and go

Re: Bigmoish's path to tahara Posted by dms1234 - 14 Nov 2014 23:58

I am not crazy! I am not crazy!

daven.

i think if i say it more, i will start believing it.....

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Re: Bigmoish's path to tahara Posted by Gevura Shebyesod - 15 Nov 2014 01:46

If you walk down the street screaming it at the top of your lungs, everyone else will start

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Re: Bigmoish's path to tahara Posted by inastruggle - 16 Nov 2014 04:55

Ven ich vult gehat koiach....

1/8

Re: Bigmoish's path to tahara Posted by Metal King - 16 Nov 2014 05:32

Gevura Shebyesod wrote:

If you walk down the street screaming it at the top of your lungs, everyone else will start

believing it too!

I walked down the street screaming, "DMS1234 isn't crazy! DMS1234 isn't crazy!"

I'm not sure they believed me.

Re: Bigmoish's path to tahara Posted by lavi - 16 Nov 2014 11:25

cordnoy wrote:

I understand what the oilam is sayin', but I'd like to put this in perspective, and I'd like us to back off from Big Moish.

I know many stories from fellows on this site, and I certainly know my own.

Which one of us is not crazy?

The extent we would go for our personal desire, obsession and fetish!

Now, there are professionals who state the claim that most of these passions are well within the realm of men expressin' their sexuality, but I will not go there.

Let us even say that we are wrong (as frum Jews) or extreme (on the planet), but ultimately, that is our obsession; that is our nisayon; this is our sickness!

Now, I am not pickin' on Inna for the term 'meshuga,' for that is really what it is...meshuga l'oso davar....but it is not so simple for Big Moish to remove his s.i.l. from his mind; it is not so simple for others to remove their fixation; and yes, it ain't so easy for me either! I have said goodbye several times already in the past three years, only to say hello once again. What's up with that? My fixation will be the in-depth topic of discussion by my next appointment with specialist, so perhaps that will become clearer.

In any event....fixation, obsession, fetish, etc. whatever da Hell it is...it is much easier to ignore when the battle cry simply is: Today! Damn it! Today!

b'hatzlachah

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a tool that has somtimes worked for me:

try to get crazy about a good thing, and pour everything into it. even if it is a bit extreme, crazyness needs outlets.

Re: Bigmoish's path to tahara Posted by pischoshelmachat - 16 Nov 2014 13:15 Moish

You are gevaldig.

I would love to shmooze with you. Can you please email me pischoshelmachat@gmail.com?

Re: Bigmoish's path to tahara Posted by ZemirosShabbos - 21 Nov 2014 02:26

the path is quiet lately

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Re: Bigmoish's path to tahara Posted by Metal King - 24 Nov 2014 07:14

There once was a poster named BigMoish,

Whom everyone liked without choice,

We miss his red wagon,

His update's a laggin',

His return will make us all rejoice!

Re: Bigmoish's path to tahara Posted by Bigmoish - 25 Nov 2014 02:24

REJOICE!

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(Though I really wasn't gone, as many who have emailed, chatted, and spoken with me can attest.)

Re: Bigmoish's path to tahara Posted by Bigmoish - 26 Nov 2014 02:21

I guess I'm long overdue for an update.

Last motzaei Shabbos, my wife told me that she "knew about her sister."

She didn't elaborate at the time, but she later told me that she noticed my GYE account about a month ago and saw that it said something about me being attracted to her sister. She didn't read any more, partly because she realized it was private, and respected that, and partly because she preferred to be in denial.

I didn't know exactly what she did and didn't know, but the secrecy had been bothering me more than anything else, so I manned up and admitted to everything.

I told her that even though it makes no sense, and I know that she is the perfect and only woman for me (I do believe that), I struggle with an attraction her sister.

I admitted to watching porn and masturbating (though I don't think she understands the severity of masturbation).

She was, as expected, scared, nervous, afraid, distraught, worried, etc.

After several days of intense conversations about it, I think she understands me a little bit better. I feel that although it's still my issue and not hers (which I will need to continue reinforcing), I can now be more open with her.

Every situation is unique, and I know I am very lucky that my wife is so understanding. Anyone who is considering spilling everything to their wives should probably speak to a professional first.

Additionally:

I still feel like lusting at times.

I still feel attracted to my SIL.

But I do feel like I'm starting a new chapter in some ways.

Thanks to everyone who has shown their support and concern for me over the last few weeks.

Kol Tuv,

Moish

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Re: Bigmoish's path to tahara Posted by dms1234 - 26 Nov 2014 03:39

BIG step by Bigmoish!

Re: Bigmoish's path to tahara Posted by Metal King - 26 Nov 2014 03:44

Dont those shoulders feel so much better without all that weight on them?

:-)

Re: Bigmoish's path to tahara Posted by Watson - 26 Nov 2014 04:30 Thank you Moish. My experience was similar, Hashem made it clear to me when the time to tell had arrived.

My wife was angry for a few days, then she calmed down, then she was happy and proud that I was working on it. Now she is very helpful and supportive.

KOT.

Re: Bigmoish's path to tahara Posted by cordnoy - 26 Nov 2014 04:31

It really was/is a great post!

Someone recently posted about GYE losin' its luster (at least for him).

It is posts like this one which demonstrate how close we really are to each other.

Who didn't shed a tear upon readin' Big Moish's update?

who didn't breathe a sigh of relief upon readin' that his wife is kinda understandin' about the issue?

Who didn't get up and high-five his secre....oops! sorry!

Bottom line is that we are thrilled for you; we couldn't be happier.

Keep up the great work, the positive attitude and continue buildin' on that relationship!

b'hatzlachah
