

I'm Trying!

Posted by imtrying25 - 14 Oct 2009 22:44

i cant believe that i stumbled on this site!! This may be the greatest thing ever to happen to me!! Im really new to this site and i am somewhat confused it seems there is so much going on here. Is there someone i can talk (email,chat etc.) to that can give me a basic rundown about this site?? Im what you call a "kollel yungerman" and imm suffering from a porn addiction for so many years. To say ive given up is an understatement!! Every time ive tried something else coame along and...BOOM! im sure you all can understand me. Im hoping that after all these years this might just be my salvation. Ive already signed up to 90 day chart but it seems there is so much more this site has to offer.

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Re: I'm Trying!

Posted by sci1977 - 05 Jan 2010 01:45

[imtrying25 wrote on 04 Jan 2010 22:18:](#)

[OneLife wrote on 04 Jan 2010 22:17:](#)

absolutely right!

i didn't see you on the WOH' are you there? how many days you clean so far?

Im not counting. Its my new way of doing things. I feel when counting it puts to much pressure on me and it makes it so much harder. But i will say i have surpassed my previous best since iv joined the forum!!

Very glad you have surpassed you personal best!!!

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Re: I'm Trying!

Posted by TrYiNg - 05 Jan 2010 03:01

(the story's funny though.. :D)

We know u'll do the right thing

I forgot to daven for u today :-\ Will pray now.

Pls update..We're thinkin about u!

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Re: I'm Trying!

Posted by NOYA - 05 Jan 2010 04:15
wow IT. Sticky sitch. It must be soo hard.

I'm confused about how your wife doesn't know you're an addict, but whatever. Keep it up IT!

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Re: I'm Trying!

Posted by habib613 - 05 Jan 2010 04:32

i think IT's wife thinks he just gives all the p and m addicts chizzuk....

that's a smart way to get out of telling her, btw.

totally something that i would do...

like- no, i'm just making sure there's no p*** on the comp cuz of the kids.. no, what? this just popped up, i think we have a virus, lemme take care of it... no, don't watch, it's gonna take a long time... i'm just gonna fix the problem... lol.

Re: I'm Trying!

Posted by imtrying25 - 05 Jan 2010 09:18

[habib613 wrote on 05 Jan 2010 04:32:](#)

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Am i being made fun of by my very own sistas??

[TrYiNg wrote on 05 Jan 2010 03:01:](#)

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Re: I'm Trying!

Posted by TrYiNg - 05 Jan 2010 09:21

Honestly i had a harder day yesterday. mAybe it had to do with.....

am I being blamed by my very own brotha?

Will try to remember from today on..imyh

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Re: I'm Trying!

Posted by habib613 - 05 Jan 2010 12:48

[imtrying25 wrote on 05 Jan 2010 09:18:](#)

Glad ur doin good

[habib613 wrote on 05 Jan 2010 04:32:](#)

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chas vechalila!

i used to do that...

funny how after i got my own laptop the family computer never got any more viruses....

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Re: I'm Trying!

Posted by habib613 - 05 Jan 2010 12:51

[habib613 wrote on 05 Jan 2010 04:32:](#)

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i forgot to mention that this is true, so it's not even a lie!

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Re: I'm Trying!

Posted by Momo - 05 Jan 2010 13:13

IT, just saw this.

Don't listen to everyone telling you to tell you wife. It has to be your decision. You know your wife.

But, realize that your relationship will never be the same if you tell her. It might be stronger, or worse, but it definitely will be different.

Some guys enjoy the freedom and chizuk they get after telling. Some are taken to divorce court.

In my humble opinion, I think a lot of it has to do with how much she already knows. If you think she already knows, **and she starts asking you questions about it**, you might want to say something.

If she hasn't figured it out, you may not want to tell her.

By the way, even if you tell her, you don't have to go through all of the details. I don't think wives want or need to know how often their husbands are motzei zera. Just be general, like you have an "internet problem" with all the pritzutz around, but let her know that you're working on yourself.

If you tell her, make sure you tell her it's **not** her fault, and that you love **only** her.

If you've never cheated on her, make sure to tell her that too.

Good luck.

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Re: I'm Trying!

Posted by Momo - 05 Jan 2010 13:16

Oh, just remembered. If you tell her, expect her to be "cold" toward you for a day or two until it sinks in. That's a normal reaction.

Even if she's "cold" to you, tell her A LOT that you love her and how much she means to you.

She'll feel betrayed that you're not the guy she thought she married. There is no way to undo that. :-\

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Re: I'm Trying!

Posted by jerusalemsexaddict - 05 Jan 2010 14:09

Women.

Shver.

:-\

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Re: I'm Trying!

Posted by Momo - 05 Jan 2010 15:52

By the way, a person who is not an addict has NO IDEA what it's like to be an addict.

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Re: I'm Trying!

Posted by imtrying25 - 05 Jan 2010 21:01

Ok had a hard day today. Just didnt have the feel from the moment i woke up. Had some slips today but thanks to k9 and a little bit of sense , no falls! Hoping tomorrow brings a brighter day. Thanks to all those who are constantly being mechazek me. Oh and trying thats one more day

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Re: I'm Trying!

Posted by sci1977 - 05 Jan 2010 21:08

Sorry to hear you had a hard day. Its always good to try and stay positive. KUTGW!!! I am sure tomorrow will be better. Try to keep it simple.

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