I will make it to 90 Posted by abieham - 17 Jun 2014 20:11

I introduced myself before i will try to improve in these invanim.

I will post more on the forum and will grow Be'ezrat Hashem.

Please join me on this journey.

Last night although i did not fail last night i lusted greatly and went on a dating site. I am considering that a fail. I ended my access to that site. and i have a very good filter.

Today is day 1

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Re: I will make it to 90 Posted by abieham - 06 Jul 2014 06:48

Hi guys its nice to be back. I was in Lakewood this week and didn't have any internet access so that's why I didn't get too involved in the chakira from before. Im doing fine today Motzei Shabbos but on Friday I saw very immodest cashiers at a bagel store and I cant get them off my mind. I have prayed to Hashem and even prayed for them but I cant stop thinking. Thanks

Re: I will make it to 90 Posted by abieham - 06 Jul 2014 06:49

abieham wrote:

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Re: I will make it to 90 Posted by lavi - 06 Jul 2014 09:21

dear abie

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nice to hear from you. um, what happened to you, unfortunately happens to us all. what i did last time this occured, i downloaded one of the horror images in the profile option. but don't do this unless you can handle it

Re: I will make it to 90 Posted by shivisi - 06 Jul 2014 11:12

lavi wrote:

i downloaded one of the horror images in the profile option.

You downloaded WHAAAAAAT???

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Re: I will make it to 90 Posted by Machshovo Tova - 06 Jul 2014 17:00

abieham wrote:

... Im doing fine today Motzei Shabbos but on Friday I saw very immodest cashiers at a bagel store and I cant get them off my mind. I have prayed to Hashem and even prayed for them but I cant stop thinking. Thanks

Maybe that's why a bagel comes with a hole in the middle - so that if we have a problem when looking at the bagel, we can divert our gaze and look at other things.

Hatzlacha

MT

Re: I will make it to 90 Posted by cordnoy - 06 Jul 2014 17:46

gut gezogt, but let's stop here with the food meshalim; otherwise, it will take us/me into dangerous territory.

Re: I will make it to 90 Posted by abieham - 06 Jul 2014 18:51

Im sorry to say that right after I went on this site and posted i failed. I will try to be better. I realized that i need a partner desperately. If anyone wants to be my partner email <u>ilovehashem1818@gmail.com</u>. PLease email me i am 18 years old i would take someone in their 20s please email me

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Re: I will make it to 90 Posted by cordnoy - 06 Jul 2014 20:26

Have you tried the Fortify site yet?

Have you spoken to anyone about your issues?

b'hatzlachah

Re: I will make it to 90 Posted by abieham - 07 Jul 2014 06:30

Hi guys its me today was a great day but I just was by myself with the same way i failed last night available. (the password holder isnt home and neither is anyone else.) As suggested by cordnoy i should write a long post why i dont want to slip now.

1. I will never find the perfect picture no matter how long i look. I will never be satisfied with what i have.

2. I will immediately feel bad about myself and wallow in my misery tomorrow.

3. Its so not worth it especially since i have to get up early tomorrow morning.

4. Now is the best way to make hashem proud of me. I went on the app and even typed in something inappropriate but i didnt get to even see the whole picture and i immediately shut the phone off.

5. I will make myself feel like nothing

6. The day will be an accomplishing day---read lots on GYE(bTW the stories on the old site are so good.)

7. I want to make you guys proud.

Good night

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Re: I will make it to 90 Posted by Pidaini - 07 Jul 2014 07:36

How'd it go?

That's a great list, even quite revealing.

Look at 1, for example, the fact that I am not satisfied with what I have is actually what drives me to lust in the first place, and only continues through the searching. Acceptance is one of the MASSIVE attitude changes that I have to make so that I don't start the searching in the first place.

Also 4, it's a great thing that I didn't finish, but what can I do so that I don't start in the first place?

and last but not least Are you proud of yourself?

KOT!!! KOP!!! (and open up!!!

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and last but not least....Are you proud of yourself?

KOT!!! KOP!!! (and open up!!!)

Re: I will make it to 90 Posted by ewards - 07 Jul 2014 17:04

abieham

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Re: I will make it to 90 Posted by ewards - 07 Jul 2014 17:08

abieham

I read some where a saying that helps me when i remember it (once is not enough and and 100 times is not enough we are never satisfied) thats not exactly the quote but means same thing

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Re: I will make it to 90 Posted by Gevura Shebyesod - 07 Jul 2014 17:44

i am proud or you this is tuesday for me hang in there "Once is too much and a thousand times is not enough" It's from AA.

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