

IM GOING TO DO THIS!

Posted by onlymitzvot - 26 Dec 2013 05:06

Im new here but ive been dealing w this problem as long as i can remember and then one day after id fallen and was feeling so low i came across this website! and im feeling determined to beat this. or at least try.

im going to try keep clean for 90 days and every day im going to post and log my journey...I CAN DO THIS W HASHEM'S HELP!!!!!!!!!!!!

and all of u

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Re: IM GOING TO DO THIS!

Posted by kilochalu - 26 Dec 2013 06:56

welcome aboard

you can do it

Hashem should help you find your path to sobriety

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Re: IM GOING TO DO THIS!

Posted by Tosfos - 26 Dec 2013 08:11

[kilochalu wrote:](#)

welcome aboard

you can do it

Hashem should help you find your path to sobriety
Awmein - kein y'hi ratzon.

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Re: IM GOING TO DO THIS!

Posted by onlymitzvot - 29 Dec 2013 06:21

So far so good!

Bli ayin Hora

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Re: IM GOING TO DO THIS!

Posted by skeptical - 29 Dec 2013 06:36

Welcome to GYE!

How about telling us a bit about yourself? Have you ever tried to "beat this" before? If so, why didn't it work then, and what are you doing differently now?

Hatzlacha!

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Re: IM GOING TO DO THIS!

Posted by onlymitzvot - 31 Dec 2013 23:51

so this morning i messed up

not with watching bad stuff but w an inappropriate story.i knew what i was doing but was unable to stop myself and now feel completely worthless.

time to start again.

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Re: IM GOING TO DO THIS!

Posted by ddm11219 - 01 Jan 2014 00:32

welcome here

u gotta make a commitment.

and come on here

lots of success stories here

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Re: IM GOING TO DO THIS!

Posted by gibbor120 - 01 Jan 2014 01:04

Welcome! We have all had your sentiments before. Have you read the handbook? What tools are you using (other than trying harder)? Can you tell us some more about yourself?

We know what it's like. We're here for you.

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Re: IM GOING TO DO THIS!

Posted by Pidaini - 01 Jan 2014 07:48

Late welcome R' onlymitzvos!!!!

Don't be a stranger, we're all in the same boat, struggling with the same thing!!

What have you tried, what about it didn't work this last fall?

Looking forward to getting to know you better!!

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Re: IM GOING TO DO THIS!

Posted by onlymitzvot - 03 Jan 2014 08:15

Hi everyone thanks so much for the chizuk..it helps more than u know

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