

SA Groups

Posted by his8sm - 15 Dec 2013 16:35

I am 5 days into the 90, this being maybe the 10th time i have tried, i got up to 60 i think

has anyone gone to SA and found it helps for P"rn addiction and acting out

I have other issues i am dealing with that are ahead of the queue so to speak, Depression and OCD, so I dont want to take on too much at once

for now i want to speak to people on here and remind myself every day why i want to be clean

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