

Leat, leat -- yesod bigematria.

Posted by yesodhayesodos - 28 Nov 2013 00:44

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Dear chevre, tayre yidden,

I am back, after a long time of denial. Today is the first day, a lot has happened. I will write about it as soon as I find time, iyH.

Happy chanuko.

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Re: Leat, leat -- yesod bigematria.

Posted by yesodhayesodos - 08 Jan 2014 18:01

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Thank you for the chizuk.

Wipe off the snow...

There is no snow where I am living. But I feel again so cold and closed after a two week break from therapy, I even cannot cry:( But things are getting better. It is this strange feeling of having no feeling. And yes, there is a very strong feeling, when being mz"l, r"l, but I do not want this vicious cycle.

Recently I also started taking an antidepressant, "yehi rotzon milfonecho Hashem Elokai, sehihye eysek zeh li lifuo, ki rofey chinom oto."

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