

Status of my journey

Posted by airmale613 - 13 Nov 2013 01:53

Hi all,

On day 18 now (Chai). Very odd to me that is was easy at first, and now much harder. The yetzer horah is capitalizing on my success saying" look how good you have been, you are really strong, you can take a quick look. I had some close calls but still in the game BH.

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Re: Status of my journey

Posted by SIB101854 - 13 Nov 2013 07:13

Keep shteiging-and you will see how quickly you will get to 90 days and beyond.

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Re: Status of my journey

Posted by MBJ - 13 Nov 2013 12:44

I feel like I am in a movie theater in a horror movie. I should shout at the screen, "Don't open the door, there is a axe murderer behind it."

If you want proof you can read the hundreds of times people have posted on here,

I just wanted to see it still affected me

I just wanted to take one quick look

I just wanted to see how good my filter was

I just wanted to make that when I closed my eyes I did it for a good reason

I just wanted to make sure my reporting software works (Ok I never saw that one)

Don't fall for the trap!

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Re: Status of my journey

Posted by airmale613 - 14 Nov 2013 21:08

Day 20! I was successful overcoming that nisayon! I feel pretty good today. It's a busy day work wise so I font expect any huge challenges today BH.

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Re: Status of my journey

Posted by ddm11219 - 14 Nov 2013 21:44

wow wow wow

amazing

ur shteiging away, helps us all shteig

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Re: Status of my journey

Posted by Tosfos - 14 Nov 2013 21:58

Excellent work... keep it going, be"H... one day at a time.

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Re: Status of my journey

Posted by airmale613 - 15 Nov 2013 23:09

Day 21. Wife is a nidda. Huge challenges ahead. Constantly planning defensive strategies against Y'H. I can feel the effects of not feeding the impulse. I have less "need" for it, but I think

its mostly due to a change in attitude and blocking out triggers. I am traveling this week and will be away for one night. Ready to overcome any issues there I'H.

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Re: Status of my journey

Posted by Pidaini - 17 Nov 2013 01:39

Hatzlacha Rabbah!!

KOT!!!

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Re: Status of my journey

Posted by airmale613 - 21 Nov 2013 19:34

So I had a little slip last night. The baby was up sick so I was waiting for her to go to sleep. I managed to find some images I shouldn't have. But here is the curious thing... I wasn't nearly as aroused as I would have been in the past. I feel like my brain has an automatic shutoff against these things and actively fights against them even if I'm not that smart. Good news is, no fall. onto day 27.

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Re: Status of my journey

Posted by dmmm11219 - 21 Nov 2013 20:19

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27 days is a gevaldige number

keep it up my lechitge yid

im getting boosted by u

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Re: Status of my journey

Posted by airmale613 - 24 Nov 2013 17:32

30 days today. I would have never thought this is possible. It is only because of the chizuk I've found here on GYE. Yesher koach to all.

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Re: Status of my journey

Posted by ddmm11219 - 24 Nov 2013 19:24

B"h

the gemara say 30 days in a year is like a year.

keep it up my yedid

hashem is with u

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Re: Status of my journey

Posted by airmale613 - 24 Dec 2013 21:54

Today is day 60 BH. So far my longest stretch. Almost at 90....then onward.

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Re: Status of my journey

Posted by skeptical - 25 Dec 2013 05:26

Keep it up!

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Re: Status of my journey

Posted by SIB101854 - 25 Dec 2013 06:16

Keep Shetiging. If you want some chizuk, take a look at the Hakdamah of Rabbeinu Bchayeh Al HaTorah where the famous Medrash of the Melachim demanding why HaShem is giving the Torah to Klal Yisrael is discussed and HaShem's defense of man as juxtaposed to the Melachim .

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