

## GYE - Guard Your Eyes

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I'm Collecting Mazal Tov's

Posted by MendelZ - 29 Aug 2013 02:47

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Hi, y'all! Today I'm officially 30 days clean. Yay!! (It's probably closer to about sixty or so but its thirty since I starting counting on the 90-day thingie so I'm sticking with that.) One day at a time...one day at a time...

One slip but nothing major enough to constitute a fall. Chasdei Hashem!!

Thanks to all the gyes writing on GYE. The chizuk is fantastic and the sense of togetherness makes a big difference in this "battle".

Thank you in advance for indulging me with your good wishes of mazal tov.

KOKO everybody!

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Re: I'm Collecting Mazal Tov's

Posted by skeptical - 29 Aug 2013 03:06

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Mazel Tov!

Keep it up!

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Re: I'm Collecting Mazal Tov's

Posted by inastruggle - 29 Aug 2013 03:23

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MAZEL TOV KUTGW.

But please watch out, don't get confident, that's when the fall comes.

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Re: I'm Collecting Mazal Tov's  
Posted by Gevura Shebyesod - 29 Aug 2013 03:37

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Mazal Tov KOMT!

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Re: I'm Collecting Mazal Tov's  
Posted by MendelZ - 29 Aug 2013 03:54

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Thank you, skep, ina, and Gevura. Simchas by all of you, bs"d!

[inastruggle wrote:](#)

MAZEL TOV KUTGW.

But please watch out, don't get confident, that's when the fall comes.

I especially appreciate your words of caution, ina. Happy and grateful, I am. Confident? Maybe. But not so much in myself, rather in what has been working thus far. I do believe I am confident in that. May Hashem continue to grant me and all of us a daily reprieve from this madness we call lust.

Thanks again!

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Re: I'm Collecting Mazal Tov's

Posted by tehillimzugger - 29 Aug 2013 13:49

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You're collecting Mazal Tov's what? His benchers? His teeth?

Confused, TZ

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Re: I'm Collecting Mazal Tov's

Posted by cordnoy - 29 Aug 2013 18:05

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mazel tov

to you

to us all

kot!

confidence is good (see my post on tryin')

being on guard is also good

kickin' da yetzer in da groin is good!

runnin' like hell is also an option.

bottom line!

do what works for you, and do it NOW and NOW (again) and NOW!

b'hatzlachah

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Re: I'm Collecting Mazal Tov's

Posted by ZemirosShabbos - 29 Aug 2013 19:20

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muzzle tough!

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Re: I'm Collecting Mazal Tov's

Posted by gibbor120 - 29 Aug 2013 19:41

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MAZAL TOV! May you continue to give us reasons to say MAZAL TOV!

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Re: I'm Collecting Mazal Tov's

Posted by MendelZ - 29 Aug 2013 20:18

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Cordnoy, Zemmy and Gibbor - Thank you! May we all share continuous simchos.

[tehillimzugger wrote:](#)

You're collecting Mazal Tov's what? His benchers? His teeth?

Confused, TZ

Cute, TZ. But di bist duch confused b'etzem or just about this? I'm collecting his leftover empty cucumber-flavored Super Drink bottles.

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Re: I'm Collecting Mazal Tov's

Posted by Pidaini - 29 Aug 2013 20:25

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Mazal Tov mendele!! KOKOKOKOKOKOKOKOKOKOKOKOKOKOKOKOKOOKOKOKOKOKO  
KOKOKOKOKOKOKOKOKOKOKOKOKOKOKOP!!!

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Re: I'm Collecting Mazal Tov's  
Posted by tryingtoshteig - 29 Aug 2013 20:43

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[MendelZ wrote:](#)

May we all share continuous simchos.

A continuous simcha -- when you have been at a chasuna for 6 hours already, and they are not even up to the first dance!

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Re: I'm Collecting Mazal Tov's  
Posted by MendelZ - 29 Aug 2013 20:51

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Thanks, Pidaini. (Especially for big tongue at the end of the KOKO parade.)

As ina alluded to yesterday, we always must remain vigilant - when things are going poorly, because we are more prone to acting out as usual, and when things are going well, because we become complacent and think we are invincible.

Last night, Hashem sent me a message that I am not infallible and I better keep up whatever it is that has been working. One thing led to another and I thought that I deserved something from my wife (a month of self-proposed no physical intimacy, cleaned the kitchen till sparkling while she was out, stam assumed she would be understanding of my "needs") - it was enough to bring me back to my old self. She even said, "You are like the old you again." I didn't realize it but apparently she had felt objectified for the past little while. After being rejected (in the nicest way possible, mind you, cuz she's a tzedekes), I struggled a lot with everything I have learned

lately. All the old ways of thinking started visiting me, one at a time and then all at once. Went downstairs to stew in RID.

Somehow, by the graces of the One Above, I managed to peel away the layers of "doom" and ask Him for help. You know what? He delivered. Not with the clarity I thought I needed or wished for, but with just enough to stay away from thinking more about it and fall asleep. This morning, I woke up feeling wiser than yesterday, more tempered. I am very grateful for this reminder that it is not enough to coast clean, we need to be proactively filling our lives with meaning and joy, with a real awareness and dependency on Hashem literally at every moment.

I learned for the thousandth time that I am indeed human, still somewhat sick, very much dependent on Hashem's intervention. And the best part is...He showed me that before I decided to chuck it and fall. BARUCH HASHEM!!!! Thanks all for the chizuk. Onward and veiter!

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Re: I'm Collecting Mazal Tov's  
Posted by MendelZ - 29 Aug 2013 20:56

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[tryingtoshteig wrote:](#)

[MendelZ wrote:](#)

May we all share continuous simchos.

A continuous simcha -- when you have been at a chasuna for 6 hours already, and they are not even up to the first dance!

A continuous simcha -- when you are clean one day at a time for many one-days at a time.

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Re: I'm Collecting Mazal Tov's

Posted by tryingtoshteig - 29 Aug 2013 21:15

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Thanks Mendel,

I did know what you meant. I was just stam making a joke. I'm in a joking kind of mood today.  
Hope you did not take offense. If you did, I apologize.

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