

My Journey

Posted by snakeeyes - 27 Jun 2013 03:54

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It's funny because this site asks us to write a little about ourselves and what we are trying to accomplish. I wrote that I am trying to be a true servant that our creator can rely on to do his will. And then it hit me, I cannot even rely on myself.

So my objective on here is to make every day a day that Hashem can rely on me. There is no greater joy in the world then to minimize the regrets that you have on what you have done in the past. Once I become reliable to myself then the joy knows no boundaries.

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Re: My Journey

Posted by snakeeyes - 04 Jul 2013 22:33

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See below. I don't have this issue.

Thanks for the link, I will read it be"n

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Re: My Journey

Posted by gibbor120 - 04 Jul 2013 22:44

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[snakeeyes wrote:](#)

I am just not sure how to focus on others when I feel so isolated by my single status.

You wrote that you can't focus on others cuz you are "isolated" by your single status. It sounds like you have a lot of people you can focus on and give to.

Also, you write "and the cycle of depression from single hood makes purity even harder". I'm

assuming you had a problem with "purity" for a while, before "depression from single hood" was an issue. It's just adding fuel to the fire so to speak.

Personally, when I was in yeshiva and "had friends", I still felt isolated. I connected to some people here, and I'm able to connect in a way I never had before. I was able to open up and "be real". I didn't have to put up a facade any more. I could say how I really felt without fear of being judged. It allowed me to accept myself as well.

I know that for me "getting out of isolation" was essential for my recovery. You seem to be yearning for a "real" connection which you say can be found only in a wife. Maybe it can be found here with "real" friendship?

Anyway, if I say something that makes sense use it. If it doesn't, then ignore it. I'm just trying to share my experience. Maybe someone else has something smart to say.

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