

The Road to Lizhensk

Posted by Lizhensk - 18 Jun 2013 20:31

Hey guys, ive been on here a bit. i recently changed my name from pleasehelp9753, so if u dont

. But im not letting it get me down (even tho my wife is
) . i so far have a total of 49 days since coming

By the way, side note: ive been working on my Shmiras Einayim, but even if i look, i dont feel any lust towards those women at all. In fact, that doesnt even turn me on, its just a teivah to recognize me, thats why look. And when i act out, thats all it is: a teivah to act out, does that make sense at all? (what im saying is that i think shmiras einayim on the street isnt my problem...)

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Anyway, so i fell yesterday, at day 17
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trying to make it get me down-she means well

Re: The Road to Lizhensk
on GYE. This is gonna be the first count to 90 with all you crackheads helping me, so get at it!!!
Posted by gibbor120 - 18 Jun 2013 21:04

[Lizhensk wrote:](#)

By the way, side note: ive been working on my Shmiras Einayim, but even if i look, i dont feel any lust towards those women at all. In fact, that doesnt even turn me on, its just a teivah to look. And when i act out, thats all it is: a teivah to act out, does that make sense at all? (what im saying is that i think shmiras einayim on the street isnt my problem...)

uh, no. That doesn't make any sense at all.

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Re: The Road to Lizhensk

Posted by Pidaini - 18 Jun 2013 21:41

[Lizhensk wrote:](#)

This is gonna be the first count to 90 with all you crackheads helping me, so get at it!!!

[gibbor120 wrote:](#)

uh, no. That doesn't make any sense at all.

But we love you anyways

allright **pleasehelplizhensk**

KOT KOMT!!!!

we're all with you

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Re: The Road to Lizhensk
Posted by Lizhensk - 18 Jun 2013 21:53

Looks like gibbor is the crackhead!!!!

[gibbor120 wrote:](#)

uh, no. That doesn't make any sense at all.

i meant when i act out, its a teivah to look at shmutz, i never think about anybody i saw on the

[gibbor120 wrote:](#)

street.

But we love you anyways

Thanx Gibbor... i knew i can count on you responding first, and btw, that kiss smiley trned me on

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Re: The Road to Lizhensk

Posted by Lizhensk - 18 Jun 2013 22:08

[gibbor120 wrote:](#)

[Lizhensk wrote:](#)

By the way, side note: ive been working on my Shmiras Einayim, but even if i look, i dont feel any lust towards those women at all. In fact, that doesnt even turn me on, its just a teivah to look. And when i act out, thats all it is: a teivah to act out, does that make sense at all? (what im saying is that i think shmiras einayim on the street isnt my problem...)

uh, no. That doesn't make any sense at all.

But we love you anyways

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Re: The Road to Lizhensk

Posted by gibbor120 - 18 Jun 2013 22:25

[Lizhensk wrote:](#)

and btw, that kiss smiley trned me on more then any women i saw today

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Re: The Road to Lizhensk

Posted by Lizhensk - 18 Jun 2013 22:41

[gibbor120 wrote:](#)

That totally just killed the image in my mind... thanx

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Re: The Road to Lizhensk

Posted by Lizhensk - 19 Jun 2013 16:34

Hey guys, im back. So, i slipped last night (and a little today), but i took advantage of my wife

Im up to day 2! (sheesh, this count is going slow...)

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Re: The Road to Lizhensk

Posted by Lizhensk - 22 Jun 2013 22:31

Hello guys! im back.

Its motzei shabbos, and im elated that i made it thru shabbos. Slipped a lot, but never let it get that far. Im up to day 6 on my new count and im starting to feel more in control of my actions if not my thoughts.

)

coming into the room to stop. Its also a lot harder when its that part of the month

Re: The Road to Lizhensk

Posted by Lizhensk - 24 Jun 2013 22:42

Hey, so i fell at day 8... had a falling out with the rebetzin (not balming her) was feeling down and acted out. dont know what to say... trying not to let the YH get me down, we're still in middle of that falling out and the fact that she found out i acted out doesnt help...

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Re: The Road to Lizhensk

Posted by reallygettingthere - 24 Jun 2013 23:01

I know the pressure of wanting to act out in that situation. Not easy.

What can you do to "fall back in"?

Eli

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Re: The Road to Lizhensk

Posted by Lizhensk - 24 Jun 2013 23:52

[reallygettingthere wrote:](#)

What can you do to "fall back in"?

Well first i need my wife to start talking to me again

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Re: The Road to Lizhensk

Posted by reallygettingthere - 25 Jun 2013 00:00

Can you write her a note?

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Re: The Road to Lizhensk

Posted by Lizhensk - 25 Jun 2013 00:05

i can do anything, i doubt she'll read it...

besides, what am i supposed to write? sorry for acting out? she doesnt understand my teivah, she thinks there are 5 people on here that have this problem, and she and skeptical's wife are the only 2 idiots to have married someone who does this

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Re: The Road to Lizhensk

Posted by reallygettingthere - 25 Jun 2013 00:26

Did she really say that?

When was the last time you wrote her a note? (text messages don't count)

You can say that it hurts you to see her in pain.

You can say that you illness has nothing to do with her not being a good wife

You can say that you daven for her, that Hashem should give her strength to deal with you.

Write anything that shows that you love her and care for her - as long as it's true.

Make sure it's hand written (unless you don't have hands, then typed is ok)

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