

The chronicles of inastruggle

Posted by inastruggle - 07 Apr 2013 05:50

I'm going to reintroduce myself for the record, and for those of you who haven't heard my story yet. I've been m***** for as long i can remember, my earliest memory of it was when i was in first grade i wasn't molested or anything b'h, i discovered it on my own. I obviously had no clue that it was assur (though i do remember thinking that something wasn't so kosher about it), and i didn't connect it to s*x until i was about 13, it just felt good so i did it. In eighth grade i found out about s*x and connected the two. It was also around that time when i discovered p***. Eventually i also found out it was assur (through an article on wikipedia, which leaves a bit to be desired in the chinuch area).

I did try stopping but i wasn't too committed since i didn't know if it was really assur or not, since i never heard any rebbe speak about it openly, if i remember correctly my eighth grade rebbe mumbled something about shmiras habris which i don't think anyone understood, and even i wasn't sure if he was talking about what i was doing. Anyway when i got to mesivta the rebbeim did mention it and i knew it was assur but by that time it was already naaseh lo k'heter for long time already.

i knew that i should speak to a rebbe about it but i was too embarrassed. I did speak to one rebbe without telling him what the problem was (i think he guessed it) and he told me to try just to stop it for a short amount of time and then i could try for longer (a.k.a. baby steps) but that didn't really either help too much. Somewhere around twelfth grade i stopped m***** without p*** because it wasn't too hard to do and to be completely honest it was also getting a little boring.

I'm not sure how long ago i heard about gye but i think i read about it in the mishpacha and that motzei shabbos i checked it out, all i saw were some articles i read some and it didn't help at all.

i should add that like most unmarried people (i think) i thought that once i get married it would just go away so i was rationalizing that anyway it isn't a permanent problem and i'm koruv l'oness because i started so young etc. which i think was the reason i wasn't taking it too seriously.

So i continued to watch p*** and m***** pretty much whenever i was home until about three months ago when i was walking to yeshiva and i was listening to a shiur about the dangers of the internet and to do teshuva even if you fell, (i put it up in the kosher isle if anyone is

interested) and something snapped and i realized that I HAVE TO STOP THIS NONSENSE, since the last time i was on gye i had read about it a few more times and saw some advertisements for it so i decided that i'm going to have to go on gye another time and become a member and (i don't remember this for sure but i think the second part was there) if it doesn't work then i'm going to talk to my rebbe about it.

When i went on gye it was completely different than before and i joined up and registered on the 90 day chart right away and didn't fall for about two weeks then i did about a month and now i'm 33 days clean which is my longest since joining.

in my next post i'll be going to talk some more about what my situation is, and what i think my problem is, and how i'm dealing with it

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Re: The chronicles of inastruggle

Posted by Gevura Shebyesod - 17 Jul 2016 03:59

Mazel Tov!!!!

Don't let the dream get to you. It's just the YH trying to play games with your head. But you got the right idea, use it as Chizuk instead of getting upset over it.

KOMT!!!

Warning: Spoiler!

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Re: The chronicles of inastruggle
Posted by Markz - 17 Jul 2016 04:31

Mazel Tov Ina you're an inspiration!

9oDayAAT

gO Ina

9O!!!

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Re: The chronicles of inastruggle
Posted by thanks613 - 17 Jul 2016 04:42

A couple of AA guys walked into a bar. You know the rest..

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Re: The chronicles of inastruggle
Posted by stillgoing - 17 Jul 2016 13:46

[Gevura Shebyesod wrote on 17 Jul 2016 03:59:](#)

Mazel Tov!!!!

"Knock, knock"

"Who's there?"

"Control Freak. Now you say 'Control Freak who?"

Warning: Spoiler!

Ok, I see that i'm going to have to be the one to say "Control Freak who?"

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Re: The chronicles of inastruggle

Posted by stillgoing - 17 Jul 2016 13:48

[stillgoing wrote on 17 Jul 2016 13:46:](#)

[Gevura Shebyesod wrote on 17 Jul 2016 03:59:](#)

Mazel Tov!!!!

"Knock, knock"

"Who's there?"

"Control Freak. Now you say 'Control Freak who?"

Warning: Spoiler!

Ok, I see that i'm going to have to be the one to say "Control Freak who?"

OH!!!!!! I JUST GOT IT! Don't answer the question, i want to be the one to tell you what to say.

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Re: The chronicles of inastruggle

Posted by inastruggle - 02 Oct 2016 18:16

I've been quiet recently but it's been because of lack of access, not lack of interest.

B"h I'm doing fine, and have been having a successful zman. I really wanted to post a thank you to everybody here. Two years ago on erev rosh hashana I fell right before going to shul. The state I'm in now is so much different that that. Had I not come back to gye about 6 months ago I'm very sure that I would be falling today as well.

Thank you gye.

May everyone have a kesiva v'chasima tova and a gut gebensht yuhr.

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Re: The chronicles of inastruggle

Posted by TehillimZugger - 09 Oct 2016 18:04

Gmarr tov to you too

AYT Muffins to all

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Re: The chronicles of inastruggle

Posted by thanks613 - 23 Oct 2016 01:24

Glad to hear you're well ina! Right about now I'm relating to that erev R"H story.

And I'm not sure what AYT is, but I think I like that guy

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Re: The chronicles of inastruggle

Posted by Markz - 11 Nov 2016 05:10

Ina nice to see you back on tonight

KUTGW

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Re: The chronicles of inastruggle

Posted by inastruggle - 11 Nov 2016 07:21

So I actually have to report a fall though it happened close to a month ago. I think I fell due to a combination of stresses occurring simultaneously. I spoke to a gye friend the next day and convinced me to stop looking at it as breaking a streak and look at it as only falling once in a six month period. That helped a lot and for some reason the fall didn't end up being more than a one day thing.

I've been offline due to a combination of being busy and lack of access, both of which are good things. I expect it to continue like this for the foreseeable future.

It's nice to be back even if it's only for a night.

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Re: The chronicles of inastruggle
Posted by cordnoy - 10 Aug 2018 16:33

[ZemirosShabbos wrote on 18 Jun 2013 01:33:](#)

we'll take care of your magnum octopus in the interim.

when does he like to eat? and does he eat SweetNLow or Splenda?

Somethin' fishy goin' on here.

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Re: The chronicles of inastruggle
Posted by stillgoing - 25 Nov 2018 19:54

[thetest wrote on 01 Jan 2015 03:20:](#)

So much gold here!

Thank you inastruggle for all your posts, everything is so much more approachable and relatable on this thread. I'm very happy I stumbled on it.

Agree,

perhaps inna can take thetest and visit us a drop....

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Re: The chronicles of inastruggle

Posted by YeshivaGuy - 28 Dec 2022 05:39

How are you doing?

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