

The chronicles of inastruggle

Posted by inastruggle - 07 Apr 2013 05:50

I'm going to reintroduce myself for the record, and for those of you who haven't heard my story yet. I've been m***** for as long I can remember, my earliest memory of it was when I was in first grade I wasn't molested or anything b'h, I discovered it on my own. I obviously had no clue that it was assur (though I do remember thinking that something wasn't so kosher about it), and I didn't connect it to s*x until I was about 13, it just felt good so I did it. In eighth grade I found out about s*x and connected the two. It was also around that time when I discovered p***. Eventually I also found out it was assur (through an article on wikipedia, which leaves a bit to be desired in the chinuch area).

I did try stopping but I wasn't too committed since I didn't know if it was really assur or not, since I never heard any rebbe speak about it openly, if I remember correctly my eighth grade rebbe mumbled something about shmiras habris which I don't think anyone understood, and even I wasn't sure if he was talking about what I was doing. Anyway when I got to mesivta the rebbeim did mention it and I knew it was assur but by that time it was already naaseh lo k'heter for long time already.

I knew that I should speak to a rebbe about it but I was too embarrassed. I did speak to one rebbe without telling him what the problem was (I think he guessed it) and he told me to try just to stop it for a short amount of time and then I could try for longer (a.k.a. baby steps) but that didn't really either help too much. Somewhere around twelfth grade I stopped m***** without p*** because it wasn't too hard to do and to be completely honest it was also getting a little boring.

I'm not sure how long ago I heard about gye but I think I read about it in the mishpacha and that motzei shabbos I checked it out, all I saw were some articles I read some and it didn't help at all.

I should add that like most unmarried people (I think) I thought that once I get married it would just go away so I was rationalizing that anyway it isn't a permanent problem and I'm koruv l'oness because I started so young etc. which I think was the reason I wasn't taking it too seriously.

So I continued to watch p*** and m***** pretty much whenever I was home until about three months ago when I was walking to yeshiva and I was listening to a shiur about the dangers of the internet and to do teshuva even if you fell, (I put it up in the kosher isle if anyone is

interested) and something snapped and i realized that I HAVE TO STOP THIS NONSENSE, since the last time i was on gye i had read about it a few more times and saw some advertisements for it so i decided that i'm going to have to go on gye another time and become a member and (i don't remember this for sure but i think the second part was there) if it doesn't work then i'm going to talk to my rebbe about it.

When i went on gye it was completely different than before and i joined up and registered on the 90 day chart right away and didn't fall for about two weeks then i did about a month and now i'm 33 days clean which is my longest since joining.

in my next post iy'h i'm going to talk some more about what my situation is, and what i think my problem is, and how i'm dealing with it

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Re: The chronicles of inastruggle
Posted by markz - 13 Apr 2016 11:49

Inna, WELCOME!!

Are you engaged? I didn't get it

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Re: The chronicles of inastruggle
Posted by realsimcha - 13 Apr 2016 12:25

Welcome. I was also on the site years ago [not as extensively as you though], and about two months ago I returned. Its been a lifesaver. Looking forward to getting to know you.

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Re: The chronicles of inastruggle
Posted by cordnoy - 13 Apr 2016 12:49

[inastruggle wrote on 13 Apr 2016 07:52:](#)

So this is hard but it has to be done.

To everyone I know who's still here, I apologize for not being in touch.

To everyone I don't know (I suspect the majority of people here now), I hope to get to know you.

I've been gone for a long time and it isn't for a good reason. For the most part, ever since I've been back in america, I've been on one continuous fall. I had some clean times in between but the falls were all too common. I knew that I needed to come here, but it's really hard to come crawling back with the news of yet another fall.

I decided to sign up as a new user, and I even made an account, but when I was about to post I realized that if I don't come back as myself, aside from making lying to my friends, I'd be lying to myself. I fell, and I need to take responsibility for it. I'm not going to keep acting as if everything is normal.

I can't go into marriage the way I am now and time is running out. I am officially getting up from my fall. Today is day one, and is all that matters.

I'm looking forward to becoming an active member on the site again.

If I would've known, I would've looked you up, so we could take a walk again down a street stacked with shops on both sides.

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Re: The chronicles of inastruggle
Posted by Bigmoish - 13 Apr 2016 14:43

You have my phone number.

You have my email address.

You even got me to break my resolve about not coming on the forum.

Let's connect, please.

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Re: The chronicles of inastruggle

Posted by markz - 13 Apr 2016 14:47

[Bigmoish wrote:](#)

You have my phone number.

You have my email address.

You even got me to break my resolve about not coming on the forum.

Let's connect, please.

Moish was that resolve a taphsic?

How much \$?

just kiddin'

Nice to have you BOTH on the highway with us!!

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Re: The chronicles of inastruggle

Posted by inastruggle - 13 Apr 2016 16:09

Thaks everyone for the welcome. It's great to be back, a real load off my chest.

@cordnoy I've been back a while. Btw I might come to your neck of the woods after pesach. Maybe you can show me the stores there...

@bigmoish I kind of lost your number. It's in my Israel phone and I lost that. I sent you an email.

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Re: The chronicles of inastruggle

Posted by Shlomo24 - 13 Apr 2016 17:05

Welcome back inna!

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Re: The chronicles of inastruggle
Posted by Avrom - 13 Apr 2016 21:56

Hiii

Missing you in israel -

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Re: The chronicles of inastruggle
Posted by Gevura Shebyesod - 13 Apr 2016 22:28

St. Marry? Patron Saint of Shidduchim?

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even though i just can see st. Marry if feels like getting together again..

Re: The chronicles of inastruggle
Posted by inastruggle - 13 Apr 2016 22:31

That's what I was thinking. Maybe that's the way they spell it in Israel.

It's great to see you again Avrom!!!

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Re: The chronicles of inastruggle
Posted by cordnoy - 13 Apr 2016 22:50

[inastruggle wrote on 13 Apr 2016 16:09:](#)

Thaks everyone for the welcome. It's great to be back, a real load off my chest.

@cordnoy I've been back a while. Btw I might come to your neck of the woods after pesach. Maybe you can show me the stores there...

@bigmoish I kind of lost your number. It's in my Israel phone and I lost that. I sent you an email.

Wow!

Send me an email please with your schedule.

Then we will talk.

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Re: The chronicles of inastruggle
Posted by inastruggle - 28 Apr 2016 15:50

I'm not sure if anyone posted this before but it's a great video.

@markz More like in shidduchim Do you have someone for me?

www.ted.com/talks/johann_hari_everything_you_think_you_know_about_addiction_is_wrong#t-634469

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Re: The chronicles of inastruggle
Posted by thanks613 - 28 Apr 2016 18:21

It's a favorite. Thanks for posting

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Re: The chronicles of inastruggle
Posted by cordnoy - 03 May 2016 19:17

Sittin' with inna in my truck.

He says hi.

Please respond with somethin' controversial so he has what to respond.

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