

A journey to Hashem

Posted by zvi - 20 Mar 2013 23:54

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I am a teenager, aged 16 years old. Since I was 12, I have had lust-related problems. As I have got older, the problems have got worse. It started off with the odd thing, here and there- I was only 12, so I didn't really know what I was doing. I vaguely knew I shouldn't be doing what I was, but it didn't interfere with my life much. As I got older, and I started to find out what I was doing, and the severity of the Aveiros, my 'little problem' developed into an addiction. For the past 2 1/2 years, I have been acting out on a regular basis (at least once a week). Then, finally, I had a clean streak. A proper clean streak. For 66 days. But then it came back. I didn't even see it coming. All I knew was that I was on the computer, doing some school work, and then suddenly I was looking at images that I shouldn't be looking at, and before I could stop myself, I had been motzei zera levatala. Again. That was two months ago. After that, I lasted 14 days, but then it was over. I was doing the aveiros again, but on a much greater level than before. As it stands now, I'm only keeping myself clean for between 1-3 days at a time. Two nights ago, I acted out twice. I was depressed, angry with myself, and- unfortunately- angry with Hashem. How could He do this to me? Didn't he see that I wanted to stop? That I wanted to be close to Him? Anyway, the next day (i.e yesterday), I joined GYE. I'm currently on my second day clean, B'chasdei Hashem. But it's not going to be easy...

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Re: A journey to Hashem

Posted by Dov - 09 Jun 2013 15:25

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Clean is.....well, **clean!**

Hope you dance a bit today, like I do. Just to be clean this very day.

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Re: A journey to Hashem

Posted by zvi - 11 Jun 2013 23:32

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Haven't posted here for a few days- b'H everything's still good, but only just...

I came very close to falling a couple of nights ago, but b'H I'm still clean. It's getting difficult stopping myself getting complacent- I've been clean for over a week, and when that happens I always start relaxing mentally, and telling myself I'm sorted. Which I'm obviously not.

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Re: A journey to Hashem  
Posted by zvi - 12 Jun 2013 19:10

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Yep, I'm not sorted. I fell last night, at about 10:50. I was trying to do something which was taking longer than I wanted it to, and I m\*\*\* to relieve the frustration. Not what I wanted to do...

I feel like I'm hitting my head against a brick wall. I can't seem to get further than 10 days clean at a time. I know this is an improvement from when I joined GYE, when my longest clean streaks were usually seven days, but still, I don't feel like I'm going anywhere...

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Re: A journey to Hashem  
Posted by tehylimzucker - 12 Jun 2013 20:03

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Life's a mountain. You just gotta keep climbing...

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Re: A journey to Hashem  
Posted by zvi - 12 Jun 2013 20:21

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True. I really need to look at my signature more.

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Re: A journey to Hashem  
Posted by gibbor120 - 12 Jun 2013 21:45

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Re: A journey to Hashem  
Posted by Dov - 13 Jun 2013 02:58

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Who have you explicitly and completely opened up to (who knows you already) about this problem you have, chaver?

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Re: A journey to Hashem  
Posted by zvi - 13 Jun 2013 23:08

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1 Rebbe, 2 friends, and (to a lesser extent) my father. Admittedly, I didn't tell my father myself, my Rebbe told him. The others were all me though.

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Re: A journey to Hashem  
Posted by mr. emunah - 13 Jun 2013 23:40

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I'm willing to sponsor a half page ad in the Hamodia...

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Re: A journey to Hashem  
Posted by inastruggle - 14 Jun 2013 02:22

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and an ad in the yeshiva journal?

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Re: A journey to Hashem  
Posted by Dov - 14 Jun 2013 02:35

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Some comedians just have no shame. No shame at all...

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Re: A journey to Hashem  
Posted by Dov - 14 Jun 2013 02:38

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Well, thats great! Now, to clarify my point a bit: when was the last time any of you spoke, and have you shared the time you most *recently* 'fell' with any of the people that you just listed?

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Re: A journey to Hashem  
Posted by zvi - 14 Jun 2013 18:21

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I told one of my friends I fell the day after.

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Re: A journey to Hashem  
Posted by inastruggle - 14 Jun 2013 22:25

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[zvi wrote:](#)

I told one of my friends.

I fell the day after.

I don't think that this is what Dov meant.

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