

laughingman tries to count to 90.....

Posted by laughingman - 14 Mar 2013 16:01

as of today all my posts are here as far as my own topics are concerned

i have had 2 falls but i am now a week into a new streak

i have had success in breaking some previously unbreakable habits

not m***** habits ...thoses i have dealt with somewhat but even farther

as a result of the rules that i follow through the 90 days and though i have slips about once in 2-3 days every day foward breaks that tooo down so that it becomes less frequentand eventually non-existent

i recently got the s3 and i have had soo far Thank G-d no desire to sttempt to use it for searching ****

i personnaly dont use software barriers for myself (for my kids i do of course)

i can break them too easy ...the only way out is personal honesty

as all of these things are for now personal actions

and it is working ...hopefully it will continue though im sure the real war is coming

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Re: laughingman tries to count to 90.....
Posted by Hakolhevel - 22 Apr 2020 16:39

Welcome back.

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Re: laughingman tries to count to 90.....
Posted by laughingman - 01 May 2020 07:09

Every time I test Him

Every time I think " what harm could it do?"

Every time I think it couldn't be worse, or what could possibly go wrong more

I am shown in real time

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Re: laughingman tries to count to 90.....
Posted by Singularity - 01 May 2020 07:23

Oh man. Totally and completely.

How's your religious standing and the relationship between you and your wife re Hashem?

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Re: laughingman tries to count to 90.....
Posted by laughingman - 20 Oct 2020 05:00

My religious levelI would like to say is betteror more qualities

But I still struggle

Its been 7 years since i started this thread

7 years and 5 devices

And lots of tears and promises and broken promises and pain and suffering and foolishness and more

YeserdayI let againlooked at things.....with gustoeven though it was dangerous!!

3am

And immediately after a large financial setback occuredalso a physical one

He doesn't let me go for a moment and calls me out on my stupid

He is justice and mercy

And He knows

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Re: laughingman tries to count to 90.....

Posted by DMensch - 20 Oct 2020 12:10

Reading up on past posts. I like this one. I'm single, and starting with this site. I'm seeing a trigger for me are dating websites. talking to way too many women. Mostly good women, but it's way too much.

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Re: laughingman tries to count to 90.....

Posted by Hashem Help Me - 20 Oct 2020 14:21

Sorry for the following question phrased so bluntly - Are you going onto dating sites to find your bashert or is it an excuse to arouse yourself?

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Re: laughingman tries to count to 90.....

Posted by laughingman - 28 Oct 2020 06:56

Don't let it get you

Start now

Find a woman who you can open up to

You could be surprised

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Re: laughingman tries to count to 90.....

Posted by laughingman - 28 Oct 2020 07:01

I struggle because I struggle in my marriage

Things have happened

But we cannot act on them right or left

That has been our truth since day one

We never really got to choose

It was chosen for us

And now we don't really know what our choices may be

Love is not the only ingredient

It's the most important one

But not the only one

Also the yetzer is brilliant

Helping others is just that

But helping against someone is damage

Just like too much of anything

Be careful me

The fight only ends when we end

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Re: laughingman tries to count to 90.....

Posted by laughingman - 28 Oct 2020 17:28

TodayI struggled before dawn, I looked online

Then about alittle before the end of morning time I had already gone to the mikveh

Then I found an empty corner and struggled and went online again (online =porn in this)

then i turned around and went to the mikveh again the rest of the day I did not struggle as much

I ended up.praying after sunset

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Re: laughingman tries to count to 90.....

Posted by Grant400 - 28 Oct 2020 20:00

What are you doing to actively break this cycle? If the method is going to the mikva clearly it doesn't work. What's the plan my friend?!?

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Re: laughingman tries to count to 90.....

Posted by laughingman - 29 Oct 2020 05:52

I thought about what you said

And i went to my wife the next time

And i talk to her about these issues

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Re: laughingman tries to count to 90.....

Posted by Grant400 - 29 Oct 2020 13:09

[laughingman wrote on 29 Oct 2020 05:52:](#)

I thought about what you said

And i went to my wife the next time

And i talk to her about these issues

Happy to hear! How'd it go? Please keep us updated.

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Re: laughingman tries to count to 90.....

Posted by YeshivaGuy - 01 Jan 2021 20:36

[Grant400 wrote on 29 Oct 2020 13:09:](#)

[laughingman wrote on 29 Oct 2020 05:52:](#)

I thought about what you said

And i went to my wife the next time

And i talk to her about these issues

Happy to hear! How'd it go? Please keep us updated.

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Re: laughingman tries to count to 90.....

Posted by laughingman - 06 Mar 2021 20:18

I talked to my wife alot more openly lately

My first posts here before I hit bottom were before 2015now its 2021 ... I am a different but broken person

There are thints that happened that cannot be undone

In a way its not as bad as it cold have become and in another way its just as bad

Sometimes i just allow the negativity to wash over me

But I hope against hope that absolution and possibility is there

I AM doing better

I had a chance to fail in a similar fashion and did not

I still must clease my mind but I know I did this

I am in therapy

Sometimes I feel like how people in my family feel about me is a strong barometer of how
HASHEM feels of me.....

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