

laughingman tries to count to 90.....

Posted by laughingman - 14 Mar 2013 16:01

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as of today all my posts are here as far as my own topics are concerned

i have had 2 falls but i am now a week into a new streak

i have had success in breaking some previously unbreakable habits

not m\*\*\*\*\* habits ...thoses i have dealt with somewhat but even farther

as a result of the rules that i follow through the 90 days and though i have slips about once in 2-3 days every day foward breaks that tooo down so that it becomes less frequent ....and eventually non-existent

i recently got the s3 and i have had soo far Thank G-d no desire to sttempt to use it for searching \*\*\*\*

i personnaly dont use software barriers for myself (for my kids i do of course)

i can break them too easy ...the only way out is personal honesty

as all of these things are for now personal actions

and it is working ...hopefully it will continue though im sure the real war is coming

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Re: laughingman tries to count to 90.....  
Posted by Gevura Shebyesod - 29 Jul 2013 07:24

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KOMT and KUTGW. May your wife have a Refua Sheleima and you shoud have Hatzlacha in all things.

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Re: laughingman tries to count to 90.....  
Posted by laughingman - 04 Aug 2013 01:23

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Still clean even have had some problems with dreams and i ahve overcome that tooo

My wife might have some sort of chronic illness....as in permanently

Oh and i might lose a very important source of income

I dont know how much more i can deal with.....please pray for me

Shmuel yitzchok ben eliyahu moshe .....not kidding if things hold steady i might be able to pull out of this .....or i might lose everything....

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Re: laughingman tries to count to 90.....  
Posted by Pidaini - 04 Aug 2013 01:33

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We are having you in mind,

I wish you only the best, refuah shleimah, and only besuros tovos!!

and KOT, you're an inspiration to me!!

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Re: laughingman tries to count to 90.....  
Posted by laughingman - 04 Aug 2013 14:37

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So heres an update on whats new

Things are seemingly temporarily ok or at least stable.....now i have the daunting task of making good on my temporary addition of time ....

I take care of a family and i am trying to set up a small business ....and i do mean small .....i am only capable of working short hours in a day.....

And my wife is gonna be assyr for the foreseeable future.....and im at day 45-65 basically the thick of it and yes i try to take it one day at a time ....if i took a day an 10 minutes id crash like my car which as far as i can tell probably needs a new transmission .....fyi my spelling is off cause on the tab the weird bar at the bottom covers my words so im typing blind.... boooya!!!!

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Re: laughingman tries to count to 90.....  
Posted by Pidaini - 04 Aug 2013 15:04

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if you move the page down, that problem should go away.

KOT, KUTGW!

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Re: laughingman tries to count to 90.....

Posted by MendelZ - 04 Aug 2013 21:15

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What's your mother's name? shmuel yitzchok ben...

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Re: laughingman tries to count to 90.....

Posted by inastruggle - 04 Aug 2013 21:22

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Don't know what to say, but I will bli neder have you in mind.

If you mean the chat bar then all the way to the right there's a button to hide the bar.

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Re: laughingman tries to count to 90.....

Posted by laughingman - 05 Aug 2013 02:48

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mothers name is pela

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Re: laughingman tries to count to 90.....

Posted by laughingman - 05 Aug 2013 03:12

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im gonna digress completely off topic for a minute .....

maybe surprising to some but one of my inspirations to beat this problem and all that i face is the fictional character batman

because unlike the other early comic heroes ...he has no special powers .....he draws his abilities from working on himself both inthe past and in the present and he uses technology to overcome that which would otherwise be impossible ....all to become bigger then himself to those who prey on the helpless much like how we fight the inclination inside of us and against those who ally themselves with him

in real life my inspiration is rabbi akiva ....a man who at 40 in a time when comebacks in religion were unheard of he wentand made the sacrifices again and again out of a pure conviction that torah was like water that could carve out a stone ....worked against what must have been otherwise insurmountable odds only to be murdered at an advanced age and in doing so became greater then his tormentors could ever dream of in this world and of course the next .....even non-jews marvel at the stature of the text-book example of a man willing to give his life for the truth

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Re: laughingman tries to count to 90.....  
Posted by laughingman - 05 Aug 2013 15:09

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Re- my last post .... i realize i went soemwhere weird with my though train here before i just feel that all of us here need to find something ...sometimes anything to inspire us to climb the mountain and beat the odds we are against....this is a war gentlemen! And the gloves are off....

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Re: laughingman tries to count to 90.....  
Posted by laughingman - 09 Aug 2013 02:31

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Just goes to show that the work is never done....

I have had a slip today.....but i turned away from it before it was a fall ....a slip to me is a relapse toward past behavior that i have forbidden myself but that i stop before completely relapsing to a an action done in the past that was either a slip or a fall

Hense if i had seen something the week before i shouldnt for a minute and looked away and counted a fall then the next time i would have to either prevent it entirely or at least come to my senses faster

Of course im way past that point but just to give a background

This way i am always doing better....except for full on falls which rarely happen now i havent had a "" moment since april and i havent seen full on n\*\*\*\*\* since sometime june last year i was already winding down the time in spent watching\*\*\*\*\* which coincidently is sortve why i didnt really start the chart till april.....i wasnt really at chart level....but lately i have been coming back.....slipping sometimes but coming .....even after a slip i pray and say hispodidut like i G-d forbid did something worse...cause in the end i am mostly diappointing Him and i must ask for forgiveness for lapses.....also from myself...

All this and im still dealing with hard times although now i have a small amount of planning done on how to deal ...keep in mind i have no kosher outlet right now or for the forseeable future im cold turkeying myself ...but slow enough and deliberately enough to create a real foundation...so that soon i will stand clean an sober 1000% instead or a passing grade with slips....

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Re: laughingman tries to count to 90.....  
Posted by mr. emunah - 09 Aug 2013 23:27

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keep climbing batman!

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Re: laughingman tries to count to 90.....  
Posted by laughingman - 13 Aug 2013 00:26

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Lately i have been depressed about my car .....the gear might be broken and repars might be very expensive ....it may take a long time to save up that kind of money.....also a fender i broke i

might have to repay insurance for soon.....all these things make me scared to drive ....and thats partly how i make a living ....among other things .....

I feel like acting out ....but im trying to hold it together ...i dont want to see anything i shouldnt.....

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Re: laughingman tries to count to 90.....

Posted by Machshovo Tova - 13 Aug 2013 01:43

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I am inspired by your commitment to stay clean in spite of your hardships. May Hashem reward you for your efforts and alleviate all your problems.

Hatzlacha,

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