

laughingman tries to count to 90.....

Posted by laughingman - 14 Mar 2013 16:01

as of today all my posts are here as far as my own topics are concerned

i have had 2 falls but i am now a week into a new streak

i have had success in breaking some previously unbreakable habits

not m***** habits ...thoses i have dealt with somewhat but even farther

as a result of the rules that i follow through the 90 days and though i have slips about once in 2-3 days every day foward breaks that tooo down so that it becomes less frequentand eventually non-existent

i recently got the s3 and i have had soo far Thank G-d no desire to sttempt to use it for searching ****

i personnaly dont use software barriers for myself (for my kids i do of course)

i can break them too easy ...the only way out is personal honesty

as all of these things are for now personal actions

and it is working ...hopefully it will continue though im sure the real war is coming

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Re: laughingman tries to count to 90.....

Posted by cordnoy - 08 Sep 2014 17:39

Divine assistance - one can never lose his right to.

[The Rambam does mention some extreme cases where one will not receive Divine help to do teshuvah, but that is not the case here.]

You especially!

The nisyonos you are goin' thru, your faith in hashem, as attested by all your posts, your tefillos, your cryin', your recovery, etc. Sir, if there's anyone who has a 'right' to divine assistance, it surely is you.

May HKB"H be with you in all your endeavors, and may you see His light shinin' on to you and your family.

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Re: laughingman tries to count to 90.....

Posted by laughingman - 08 Sep 2014 23:18

I personally believe that the "undeserved" title is mostly for archtypical peoplelike national leaders who are tyrannical ...most of us "regular" peoplesimply arent the same catagorynot that we arent importantwe all arebut people at the supposed top have more ability at first to choose the right path....when they dontwell thats how egypt got 10 plagues

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Re: laughingman tries to count to 90.....

Posted by laughingman - 12 Sep 2014 11:15

He helps me even while i do t understand.....sometimes if you take a step back and look at life like a message you see alittle of it

This week we realized that our efforts are not totally wasted

And that the world is crazy for everyone else as well....

It doesnt make it easier especially when the ones who usually suffer the most are at least seemingly innocent people

Im still staying cleari feel like im in a never endingsomething

My wifes illness seems soo obvious to us ..the doctors are still catching up to us do to burden of proof.....which is taking litteraly years....but unfortunately it sorta means a loooooong time till intimacy will even be possiblelet alone desirablebut despite that i think we are closer from learning to be mutually understanding and not being selfish.....

I just keep believing that this is all to help me turn lust off and only have loveand peace maybe

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Re: laughingman tries to count to 90.....
Posted by laughingman - 14 Sep 2014 22:58

I am declaring here and now i have slipped and per my taphsic agreement i am giving tzedakaplease pray for shmuel yitzchak ben pelano more slips, falls or wtvri want out of lusti have more games ...distractionslearning files...communicationsthen everif i cant stop then i am not trying

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Re: laughingman tries to count to 90.....

Posted by dd - 15 Sep 2014 00:45

i'm already davening.....

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Re: laughingman tries to count to 90.....

Posted by laughingman - 15 Sep 2014 20:38

I am having a crisisin my mind.....its all sorts a crazy in therethis is the only place i can talk about thismy wife knows but theres not much she can do except be there for methis is all a result of my recent problemsor maybe its another symptom of something that is driving my other problemsi was once 90 days and then monthsnow i freak after a few days

...its like im going backwards.

An aside....to all those trying to chat here in real timemy android is currently unable ...also i simply can keep up on chat...right this minute...

I really want to be lust free....and anxiety less.....free of anxiety is a physical impossibility it seems at the momentsoooooo busy

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Re: laughingman tries to count to 90.....

Posted by cordnoy - 15 Sep 2014 21:18

May god be with you.

Yes, I did try chattin'.

Please let me know if you want more personal; my email is thenewme613@hotmail.com.

b'hatzlachah

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Re: laughingman tries to count to 90.....
Posted by unanumun - 16 Sep 2014 00:52

I heard the song vaafilu behastara today. (It apparently has become very popular) It keeps bringing tears to my eyes.

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I think it has become so popular because so many people can relate to it and get chizzuk from it

If I figure out how to upload it onto this post i will

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Re: laughingman tries to count to 90.....
Posted by cordnoy - 16 Sep 2014 02:25

Ask the Doc; he's the expert at uploadin' songs.

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Re: laughingman tries to count to 90.....
Posted by laughingman - 16 Sep 2014 09:46

Im actually feeling bettermaybe tfillot rabim is at workanyway i actually slept decently
.....no incidentalso i got up super earlyits just i have been dealing with alot of pressure to
get people i have no control over to do the right thing or else worse....i hate confrontation

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Re: laughingman tries to count to 90.....
Posted by laughingman - 19 Sep 2014 14:31

I always have soo much going on in my head....or at least it feels like it ...rosh hashana and all
the issues in my life i try to keep track of ...

It really is almost always uphill

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Re: laughingman tries to count to 90.....
Posted by laughingman - 19 Sep 2014 14:33

Shmirat enayim issues have never been so difficult to maintain ..

Summer/winter ...doesnt matter anymore

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Re: laughingman tries to count to 90.....
Posted by dd - 21 Sep 2014 03:32

[laughingman wrote:](#)

It really is almost always uphill

Ok so if its uphill thats great. In general one of the strong points i learned/learning here on gye. Is focusing at one thing at a time even if you have 100 things to do. You can't do more then one at a time anyway so why stress yourself out. Just try to focus on the thing you need to do now.

I know its not easy at all. But its still easier then caring 100 on your shoulders (in your head).

KOL TUV and KOMT!!!

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Re: laughingman tries to count to 90.....
Posted by laughingman - 21 Sep 2014 12:30

I hope i dont come off all whinny and such

Right now there are tests for my eyesin this roomthe waiting room ...and i am looking down instead of looking to the side.....

I have alot on my mindand its true what dd saysi think so too...

I have given some thought to try meditating on only Hashem....

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