

laughingman tries to count to 90.....

Posted by laughingman - 14 Mar 2013 16:01

as of today all my posts are here as far as my own topics are concerned

i have had 2 falls but i am now a week into a new streak

i have had success in breaking some previously unbreakable habits

not m***** habits ...thoses i have dealt with somewhat but even farther

as a result of the rules that i follow through the 90 days and though i have slips about once in 2-3 days every day foward breaks that tooo down so that it becomes less frequentand eventually non-existent

i recently got the s3 and i have had soo far Thank G-d no desire to sttempt to use it for searching ****

i personnaly dont use software barriers for myself (for my kids i do of course)

i can break them too easy ...the only way out is personal honesty

as all of these things are for now personal actions

and it is working ...hopefully it will continue though im sure the real war is coming

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Re: laughingman tries to count to 90.....

Posted by Dov - 30 Jan 2014 10:15

Hey, laughingman guy, do you know how to PM here on GYE?

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Re: laughingman tries to count to 90.....

Posted by yehoshua - 05 Feb 2014 12:19

Do you mean as in PM=Power management (ability of some devices to reduce energy consumption)!? I thought that only applies to devices?

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Re: laughingman tries to count to 90.....

Posted by Dov - 07 Feb 2014 10:44

PM...personal message.

Oh, you were kidding...

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Re: laughingman tries to count to 90.....

Posted by yehoshua - 07 Feb 2014 14:49

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Re: laughingman tries to count to 90.....
Posted by laughingman - 07 Feb 2014 14:51

Added my contact info to partner/sponser program.....i hope that works out soon....

I recently have been having a more difficult struggle with my yetzer than beforeno falls thoughi am adhearing to tye guidelines i have set for myself

Just i have had more thoughts latelyand i havent really done anything lately but had days and days of routine....coupled with lots of new debtsbuisness is slow of latefor everyone in my field it would seem

Yet i battle onhoping that He will shine mercy on me even though i dont always come through 100% because whether i am or not He is still my Father in heaven who is unlimited....i am writing this more to remind myself of chizuk than other reason.....i just keep going

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Re: laughingman tries to count to 90.....
Posted by Dov - 07 Feb 2014 23:16

Geval, chaver, Hashem will help you and give you hatzlocha rabbah in your parnossah *and* with your feelings about it, too, Amen.

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Re: laughingman tries to count to 90.....
Posted by Dov - 07 Feb 2014 23:17

[yehoshua wrote:](#)

...well...at least *I'm* laughing...and apparently Laughingman needs to laugh, cuz that's his name!

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Re: laughingman tries to count to 90.....

Posted by Gevura Shebyesod - 08 Feb 2014 01:47

Oh, I always thought it stood for Powerlessness Management.

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Re: laughingman tries to count to 90.....

Posted by laughingman - 11 Feb 2014 04:42

Had a massively depressive falling episode

Right at the end of shovavim too

Oh well.....back on the way upi have set up something that will remind me of this resent setback and hopefully prevent future failure

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Re: laughingman tries to count to 90.....

Posted by yehoshua - 11 Feb 2014 12:54

Fell schmell...

No one can take away those sober days that you had. And you are sober now, and no one can take that away. And no one can take away your courage to post on you fall. That is not easy.

That is a good reminder, your courage.

All the best to you.

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Re: laughingman tries to count to 90.....

Posted by Dov - 14 Feb 2014 23:36

Sweet honesty, man. Hope you keep that here, and have a good Shabbos.

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Re: laughingman tries to count to 90.....

Posted by laughingman - 20 Feb 2014 03:10

First of all im happy that im still sober

I think as i look back at my beginning posts and my evolution through this forum from a person battling basic desire overdrive to a person facing a unique situation and battling what could potentially fly out of control to a full on addiction day and nighti start to appreciate where i am and really the phrase "blesed is He who seperated us from the ones who err"

I mean it could have been instead that G-d forbid i had no family and therefore no incentive to try and be a better person at first ..

Well maybe not 0 but the point is i might not have been where i am nowacknowledging i have to deal with this and continue climbing ...i have on record more days good then not and though mybyear could have been better it was successful in showing what progress can be made even when there are problems.....now to translate that into more clean days

Update on my wife.....we so far have been steered toward the understanding that this is an autoimmune illness...but i believe that besides that she has at least 2 other illnesses which are combined currently making physical contact nigh impossible

But at least it doesnt seem to be deadly...but it is ver painful

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Re: laughingman tries to count to 90.....

Posted by Dov - 20 Feb 2014 05:01

Sometimes being sober is the only nechomah an addict can have. But soon may you have many other nechamos, and refuos. You are a good man, (whatever your name is).

- Dov

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Re: laughingman tries to count to 90.....

Posted by laughingman - 21 Feb 2014 15:04

Lately i have been trying to talk to more people here or rather they try to talk to meits sometimes difficult to maintain a conversation chat at the pace people usually expect cuae alot of time i just am doing something else.....

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