

laughingman tries to count to 90.....

Posted by laughingman - 14 Mar 2013 16:01

as of today all my posts are here as far as my own topics are concerned

i have had 2 falls but i am now a week into a new streak

i have had success in breaking some previously unbreakable habits

not m***** habits ...thoses i have dealt with somewhat but even farther

as a result of the rules that i follow through the 90 days and though i have slips about once in 2-3 days every day foward breaks that tooo down so that it becomes less frequentand eventually non-existent

i recently got the s3 and i have had soo far Thank G-d no desire to sttempt to use it for searching ****

i personnaly dont use software barriers for myself (for my kids i do of course)

i can break them too easy ...the only way out is personal honesty

as all of these things are for now personal actions

and it is working ...hopefully it will continue though im sure the real war is coming

=====

Re: laughingman tries to count to 90.....

Posted by Hashem Help Me - 29 Jan 2018 01:47

Sounds like you need a good shoulder to cry on. Hashem should help you find the right help and clear your pain. See my PM

=====

=====

Re: laughingman tries to count to 90.....

Posted by laughingman - 18 Feb 2018 03:09

Today i thoughti have soo much negative from a few moments ...of lapse in judgement

i just want to stop pretending

I no longer have any support

i am seeing a psychiatrist this weeki will ask about psychotherapy directlyits is 5 am

i love my family enough to step away ...i am a danger

=====

=====

Re: laughingman tries to count to 90.....

Posted by laughingman - 23 Mar 2018 06:27

4 yrs latersince i first really started this blog

i am a broken man ...i failed in the worst ways

i havent even begun

I also have started to talk to people but the process is slow ...difficult because of my unique circumstancesi am at once grateful and impatientthe anticipation of what might be is worse then any consequence

i live a day at a time but at the same time i await judgment and i feel that though i am completely repentant of my actions (all of them) in every conceivable wayi will be placed as a korban ...but that is not supposed to be my focus ...my focus must be amends

..

but i constantly feel that i will pay a much higher price then necessary for amends to be effected ...because of political reasonsand im not even involved in politics ..

All my friends here have distanced from me .

..i am like a metzora now screaming "impure! Impure!"

i dont know if i believe in repentance for mei dony have the strength to do the things i need to anymore

i dont know how to go on

=====
=====

Re: laughingman tries to count to 90.....

Posted by Singularity - 23 Mar 2018 08:51

[laughingman wrote on 23 Mar 2018 06:27:](#)

4 yrs latersince i first really started this blog

i am a broken man ...i failed in the worst ways

i havent even begun

I also have started to talk to people but the process is slow ...difficult because of my unique circumstancesi am at once grateful and impatientthe anticipation of what might be is worse then any consequence

i live a day at a time but at the same time i await judgment and i feel that though i am completely repentant of my actions (all of them) in every conceivable wayi will be placed as a korban ...but that is not supposed to be my focus ...my focus must be amends

..

but i constantly feel that i will pay a much higher price then necessary for amends to be effected ...because of political reasonsand im not even involved in politics ..

All my friends here have distanced from me .

..i am like a metzarah now screaming "impure! Impure!"

i dont know if i believe in repentance for mei dony have the strength to do the things i need to anymore

i dont know how to go on

Man that's epic.

In Israel in my first year of marriage, realising we had to return to south africa, with no place to go except my in-laws house, no drive to learn that much, no work experience or any

qualifications, as I massaged my wife's head as she was throwing up 7 times a day from the pregnancy, I asked,

"What's the next step?"

She mumbled, "Well, my shoulders," with conviction.

We both laughed.

Your story sounds so painful. I wish you the resolve to do the next right thing, but only you could know what that is.

=====

Re: laughingman tries to count to 90.....

Posted by Hashem Help Me - 23 Mar 2018 11:18

Sounds like a lot of pain. may i humbly suggest you give Dov a call?

=====

Re: laughingman tries to count to 90.....

Posted by laughingman - 12 Apr 2018 04:22

Nono more callsno more anything

i think i have hit the bottom

i have harmed those who were closest to me with irreparable damage

i am not worthy of anything at allthere is nothing to do

when my children no longer need me soo closely ...i am disappearing i am donei failed

when i started this thread it was 5 years ago

....i still had hope, conviction, now all i am is shame , disappointment sorrow

i cant carry on or try againnor do i want to

i am sorryyou cannot save me

I dont know if even Hashem can help me

they say that He helps those who help themselveswell ...what if i dont want to be saved
....what if i want to suffer....to endwhat if i gave up

what can He do ...but watch me burn

=====

Re: laughingman tries to count to 90.....

Posted by ieeyc - 12 Apr 2018 06:10

hi , do you mind telling me which religion your affiliated with,because youre obviously not talking about Judaism or Hashem Elokei Yisroel,ALL the jewish writings,litvish/ chasidish/sefardish,agree that no yid is too far gone,you sound tired, go to a store ,buy an icecream,with no one around, only you and Hashem,make a loud beracha ,dig in and think how much Hashem loves you,and start AGAIN.with your eyes that have sinned so much, youre still being given healthy by your best friend,all your body parts that you may have sinned with, have they ruptured?no?you can still urinate?who do you think is giving you that ability, the one who loves you most even though we spat in HIS face so many times,incredible!Hashem Still loves us!we are called banim to Hashem , we may act like bad children, but we are His children,and He is our Father ,and He knows what kind of degenerate generation we are surrounded by,the world is FULL of tumah,the AIR is tameil!you make it sound like who knows WHAT you did ,trust

me ,i can only imagine , and unfortunately i have a good imagination,and im still telling you,
DONT GIVE UP, Hashem didnt give up on you! dont you give up on you! sorry, youre a yid
,with a pintile yid, a holy neshama AND THERES NOTHING YOU CAN DO ABOUT IT!so cut it
out, Hashems gonna get from you what He wants from you anyway, so why postpone?

i hope i didnt hurt you in anyway with this post, but i felt alot of pain in your post,and i wanted to
tell you ,stop doing this to yourself,no matter what you did and no matter what you deserve to
get,as long as youre alive theres still hope, i wish you alot of nachas from your children who
you sound like you love so much .

p.s.if what you did involves harming someone else,PLEASE GET PROFESSIONAL HELP
BEFORE SOMEONE GETS HURT, and remember ,YISROEL ,AF AL PI SHECHATA,YISROEL
HU!-A JEW EVENTHOUGH HE HAS SINNED HES STILL CONSIDERED A JEW!

=====
=====

Re: laughingman tries to count to 90.....
Posted by ieeyc - 12 Apr 2018 06:44

[laughingman wrote on 22 Aug 2017 06:02:](#)

how can G-d love a lost child like meeven my own mother did away with me

Dovid Hamelech wrote in tehillim,KI AVI VEIMI AZAVUNI,-MY FATHER AND MOTHER MAY
HAVE ABANDONED ME,VAHASHEM YA`ASFAYNI-AND HASHEM WILL GATHER ME IN.
your mother may have abandoned you, but Hashem will NEVER abandon you!

=====
=====

Re: laughingman tries to count to 90.....
Posted by laughingman - 12 Apr 2018 11:20

The other side of that isin a certain context you all are right ...despite whatevermy family
....all of themstill love me ...have told me many timesand do not actually seek my harm

and even what i have done wrongwasnt as bad as even i make it soundwith decent therapy might even be dealt with altogether

i just fear the witchhunters more then anything else

just because i remain without such help out of feari sort of suffer more and some mornings i just cry out and then i vent here how i feel inside

=====

Re: laughingman tries to count to 90.....
Posted by Hashem Help Me - 12 Apr 2018 11:31

So much pain. May hashem help you find peace of mind and chaverim to support you during this challenging time. Do you have anyone you open up to in real life? A chaver? A rebbi? A therapist? A GYE chaver?

=====

Re: laughingman tries to count to 90.....
Posted by Gettinghelp2 - 12 Apr 2018 16:00

From someone who knows about mistakes, please please work the program till the hilt. It has save the life of. loved one.I was here in 2009 left what a huge mistake.i begged and pleaded to HASHEM for help and here lam again BH ! Its a horrific and painful test, but please but all of your energy into working the steps.I wish I had in 2009!! I BEG YOU TO USE ALL THE HELP HASHEM IS OFFERING YOU !!!!

=====

Re: laughingman tries to count to 90.....
Posted by aryehdovid85 - 12 Apr 2018 19:28

[Gettinghelp2 wrote on 12 Apr 2018 16:00:](#)

From someone who knows about mistakes, please please work the program till the hilt. It has save the life of. loved one.I was here in 2009 left what a huge mistake.i begged and pleaded to HASHEM for help and here Iam again BH ! Its a horrific and painful test, but please but all of your energy into working the steps.I wish I had in 2009!! I BEG YOU TO USE ALL THE HELP HASHEM IS OFFERING YOU !!!!

Agree 100% I see the YAD HASHEM throughout my journey and am exceedingly grateful for HIS protecting me from the full consequences of my destructive behaviors during acting out. I view the gift of this new opportunity to recover,including my gevaldige new sponsor and willingness to accept direction from our stalwart brothers who have successfully navigated this treacherous path before us as true Chasdei HASHEM! May we all continue to be showered with more Rachmei Shamayim and Siyata D'Shmaya and the wisdom to accept this.

=====

Re: laughingman tries to count to 90.....
Posted by laughingman - 30 Apr 2018 09:07

Acceptance of the judgementi have started to feel accepting of the judgement so far

dov taught me a powerful lesson about accepting reality of lifes situations

i made choices ...and i understand alittle whyit doesnt matterbeing different means being differentand improving means doing what is right now despite difficulty

=====

Re: laughingman tries to count to 90.....
Posted by laughingman - 27 Jun 2018 10:01

It has become more clear to methrough unofficial therapy and self searching that I have not been myself for a long timeand that my diagnosis may have been flawed for a long time

I keep trying to come to terms with what my life is nowaccepting what reality is and being grateful to Hashem for all I have and trusting Him as much as I can that He is caring for me even though I am broken and blackened by severe sinI only hope in the grand scheme of things I am not too late

=====

Re: laughingman tries to count to 90.....

Posted by mzl - 27 Jun 2018 10:19

Your older posts from back in April scares the daylights out of me because it sounds like a severely depressed guy about to kill himself.

If you are looking for some out of the box thinking I'd be happy to speak with you more and listen. There's no room in my brain for witch hunts, believe me.

=====