

Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 12 Mar 2013 20:30

I started my 90 day journey last Shabbos and it feels great so far. I know that I will walk into an ambush any time and I daven that with my little hishtadlus in joining this wonderful community of GYE and with the chizuk from my new partner, I will be able to pass my first test.

In the mean time I thank the RBS"O for every day that I am able to stay clean.

What a breath of fresh air.

I am now almost 46 and I so badly want to be mesaken this while I am still in the young years so that my Teshuvah can be complete.

I don't like to talk or even think about what I have done in the past because it is too painful for me to face the horrible things that I did that are so not who I really am. I want this to be the beginning of my new life that is Tocho K'Baro.

I cry every day that my children should be pure and grow in Torah and Yiras Shomayim but how can I expect the RBS"O to give me ehrliche children if I don't fix myself. I just daven to the RBS"O that my children should always be Yirei Shamayim and not be punished for my weaknesses.

=====
=====

Re: Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 12 Apr 2016 19:11

What invite?

=====
=====

Re: Hashem, please open up the road for me!!!

Posted by MemberJ - 12 Apr 2016 20:14

Hi,

I'm new here and this is my first post. Thanks for everyone for the great posts, it's warming my heart (I'm even getting emotional from some posts). I didn't believe that there are so many people going through this struggle with so many similar details.

One of the great things why this site is working so good for me is that if I have to take a break from work or just need to air out, there is so much what to do here to keep me busy for hours.

I just reached 14 days clean/Level 4. I am happy that I was able to stay clean so long, but I feel that not acting out makes me feel down, and I am afraid if I will be able to make it until 90 days.

I hope that taking the courage to write and share will help me stay strong.

Thanks again!

=====

Re: Hashem, please open up the road for me!!!
Posted by markz - 12 Apr 2016 20:26

Welcome J!!

How about create your very own dedicated thread for your 90 day journey, and beH with a small amount of perseverance you'll pass the 90 mile hurdle!!!!

=====

Re: Hashem, please open up the road for me!!!
Posted by cordnoy - 12 Apr 2016 21:07

[pischoshelmachat wrote on 12 Apr 2016 19:11:](#)

What invite?

My comment was for another.

=====

Re: Hashem, please open up the road for me!!!
Posted by stillgoing - 13 Apr 2016 01:35

[cordnoy wrote on 12 Apr 2016 21:07:](#)

[pischoshelmachat wrote on 12 Apr 2016 19:11:](#)

What invite?

My comment was for another.

I never said that i had a dragonfirebreathinglustmainiashotintheheadfallingday today.

=====

Re: Hashem, please open up the road for me!!!
Posted by cordnoy - 13 Apr 2016 04:50

[stillgoing wrote on 13 Apr 2016 01:35:](#)

[cordnoy wrote on 12 Apr 2016 21:07:](#)

[pischoshelmachat wrote on 12 Apr 2016 19:11:](#)

What invite?

My comment was for another.

I never said that i had a dragonfirebreathinglustmainiashotintheheadfallingday today.

T'was insinuated, but ok....good to hear.

=====

Re: Hashem, please open up the road for me!!!

Posted by stillgoing - 27 Jun 2016 18:46

pischo, long time no hear. How have the last two months been?

=====

Re: Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 28 Jun 2016 16:04

B"H going good with the help of the RBS"O.

Thank you for checking in on me.

How are you doing?

=====

Re: Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 11 Aug 2016 16:57

Hello My Dear Friends,

It has been a while since I last posted on here. I just want to share that I feel challenged now in the summer when my family is away in the country and I am all alone in the city with the privacy to indulge in the sweet poison of the past. I feel a draw trying to suck me back in. I will stay connected with my friends and the RBS"O who will protect me if I let.

=====

=====

Re: Hashem, please open up the road for me!!!
Posted by cordnoy - 12 Aug 2016 13:42

[pischoshelmachat wrote on 11 Aug 2016 16:57:](#)

Hello My Dear Friends,

It has been a while since I last posted on here. I just want to share that I feel challenged now in the summer when my family is away in the country and I am all alone in the city with the privacy to indulge in the sweet poison of the past. I feel a draw trying to suck me back in. I will stay connected with my friends and the RBS"O who will protect me if I let.

I have been textin' you; you can text or call when you please. Sometimes I even answer.

=====

Re: Hashem, please open up the road for me!!!
Posted by SIB101854 - 24 Aug 2016 00:53

Try some of the following eitzos:

- 1) Don't take a long shower
- 2) Try to get from work at a decent time but don't batul around the house instead of going to sleep at a normal hour
- 3) If you daven with a minyan, walk there.
- 4) if you have a chavrusa at night try to see if you can learn more often
- 5) Think twice before you open your phone (which if it is not filtered is just as bad as an unfiltered PC) and try to get together with other guys whose wives are in the country

My Eshes Chayil was away for part of last week visiting a cousin and is away this week visiting our aineklach and our daughter and SIL. In the past just being alone for such trips would have sent me right down the twin rabbit holes of porn and Shichvas Zera Lvatalah. GYE has helped me enormously in helping me become and BEzras HaShem stay Tahor.

=====

====

Re: Hashem, please open up the road for me!!!
Posted by serenity - 24 Aug 2016 12:33

We are right here.

=====

====

Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 24 Aug 2016 16:42

Thank you SIB, these are great ideas that I can implement.

=====

====

Re: Hashem, please open up the road for me!!!
Posted by stillgoing - 08 Jan 2017 19:50

[pischoshelmachat wrote on 12 Apr 2016 16:48:](#)

Hello My Dear Friends,

This is just a boring check in post to let you know that although I have my bechirah, I am still being tested by the RBS"O. I still have urges that are growing but are still in the manageable range. I am checking in with my friend and davening to HKB"H to protect me.

"No situation is so bad, that a little lusting won't make it worse", and no post is so boring, that we don't want another one...

=====

====