

Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 12 Mar 2013 20:30

I started my 90 day journey last Shabbos and it feels great so far. I know that I will walk into an ambush any time and I daven that with my little hishtadlus in joining this wonderful community of GYE and with the chizuk from my new partner, I will be able to pass my first test.

In the mean time I thank the RBS"O for every day that I am able to stay clean.

What a breath of fresh air.

I am now almost 46 and I so badly want to be mesaken this while I am still in the young years so that my Teshuvah can be complete.

I don't like to talk or even think about what I have done in the past because it is too painful for me to face the horrible things that I did that are so not who I really am. I want this to be the beginning of my new life that is Tocho K'Baro.

I cry every day that my children should be pure and grow in Torah and Yiras Shomayim but how can I expect the RBS"O to give me ehrliche children if I don't fix myself. I just daven to the RBS"O that my children should always be Yirei Shamayim and not be punished for my weaknesses.

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Re: Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 08 Oct 2015 18:42

Hello My Friends,

I stayed away from the office all yom tov except 1 day which was challenging. Now that I am back at work, it is quite the struggle. The stress of work is pushing me to lust!

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Re: Hashem, please open up the road for me!!!

Posted by markz - 08 Oct 2015 22:18

[pischoshelmachat wrote:](#)

The stress of work is pushing me to lust!

The stress of lust is pushing me to work and be productive and post and post and post on this website

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Re: Hashem, please open up the road for me!!!
Posted by cordnoy - 08 Oct 2015 22:41

[pischoshelmachat wrote:](#)

Hello My Friends,

I stayed away from the office all yom tov except 1 day which was challenging. Now that I am back at work, it is quite the struggle. The stress of work is pushing me to lust!

Here is what I find: stress of work doesn't push me to lust. I naturally wanna lust and that is what I need to work on and commit to. The stress of work gets in the way of this progress.

It is a subtle difference, but imho, a very important one.

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 09 Oct 2015 12:42

[cordnoy wrote:](#)

Here is what I find: stress of work doesn't push me to lust. I naturally wanna lust and that is what I need to work on and commit to. The stress of work gets in the way of this progress.

It is a subtle difference, but imho, a very important one.

I hear you. When I come back in to the office after a long break, the workload is overwhelming. Instead of just tackling it, I am tempted to "escape" it by going to my lust fantasy land, only to be even more behind, overwhelmed, looking for another escape V'choizer Chalila.

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 09 Oct 2015 12:45

So Friends,

Here I am back at the office, determined to have a focused and productive day. Rather than a "little surfing" I came here to get a dose of chizzuk for the day.

I see that all my "mentors" have been posting vigorously the last few days just as MARKZ posted earlier. I guess this connection is healthy and helpful. RBS"O, please give me serenity and focus for today so that I am productive and safe.

A Gut Shabbos to All!

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Re: Hashem, please open up the road for me!!!
Posted by SIB101854 - 09 Oct 2015 16:44

This works for me-and I worked during Chol HaMoed-Work is tough and demanding-especially dealing with colleagues who seem to live on a different planet in many ways-think of what is important-your family , friends and community.Try to find an outlet-like working out, and stay in touch.

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 20 Oct 2015 15:20

Hello my friends,

I started working with a friend/sponsor studying the big book. It feels so different working with someone you know in your personal and professional life for many years who knows all or some of your dark and dirty secrets.

I am afraid of how it will impact my friendship. Every time he calls me for business and I don't respond immediately he might think I am lusting.

I ask the RBS"O to protect me from lust. I am opening up a pisco shel machat so I ask HKB"H to open up a pisco shel ulam for me.

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Re: Hashem, please open up the road for me!!!
Posted by Shlomo24 - 20 Oct 2015 18:44

[pischoshelmachat wrote:](#)

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Why don't you ask hashem to protect you from your diseased thinking? I have enough problem

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Re: Hashem, please open up the road for me!!!

Posted by cordnoy - 20 Oct 2015 18:46

[pischoshelmachat wrote:](#)

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Bravo!

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Re: Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 28 Oct 2015 14:20

I work with this fellow daily because he is an important client. I am very uncomfortable about it. I think this is normal but since I am powerless, I must accept discomfort as required.

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Re: Hashem, please open up the road for me!!!

Posted by unanumun - 02 Nov 2015 14:08

Hello pischoshelmachat.

Hope all is well by you.

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Re: Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 16 Nov 2015 19:26

Hello my friends,

I haven't checked in for a while so I want to say hello. B"H I am working face to face with a new sponsor. We are working through the big book in a fashion called "mucking". With regular face to face meetings and checking in by phone daily, i am feeling much better and staying clean.

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Re: Hashem, please open up the road for me!!!
Posted by cordnoy - 16 Nov 2015 19:56

[pischoshelmachat wrote:](#)

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 24 Nov 2015 00:24

Hello My Friends,

I don't know how it works, but since my one on one meetings with my friend, the urges have really died down.

May HKB"H help me one minute at a time.

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